

INNER NORTH EAST LONDON JOINT HEALTH AND OVERVIEW SCRUTINY COMMITTEE

DAY/DATE/TIME	VENUE:
Tuesday, 23 January 2024 7.00 pm	COUNCIL CHAMBER - WALTHAM FOREST TOWN HALL Fellowship Square Forest Road, E17 4JF
CONTACT:	TEL./E-MAIL:
Democratic Services @wfcouncil	democraticservices@walthamforest.gov.uk

Dear Member,

This is formal notice advising you of the above meeting. The Agenda is set out below. Supplementary Items will be added only if the Chair considers them urgent.

Linzi Roberts-Egan CHIEF EXECUTIVE

MEMBERSHIP:

Chair: Councillor Richard Sweden

Vice-Chair: Councillor Susan Masters

Councillors: Councillor Afzal Akram, Councillor Richard Sweden and

Councillor Jennifer Whilby, Councillor Claudia Turbet-Delof,

Councillor Sharon Patrick, Councillor Ben Hayhurst, Councillor Ahmodur Khan, Councillor Ahmodul Kabir, Councillor Amy Lee, Councillor Rita Chadha, Councillor Danny Keeling and Common Councilman David Sales



Waltham Forest Council and Committee Meetings



Covid-19 Update: Meetings have returned to being held in person. Venues have limited capacity whilst social distancing remains in place, therefore we may be unable to accommodate all people who wish to attend. If you wish to attend a meeting and are concerned about being turned away, please contact the Democratic Services team at the details on the front of this agenda.

All Council/Committee Meetings are held in public unless the business is exempt in accordance with the requirements of the Local Government Act 1972.

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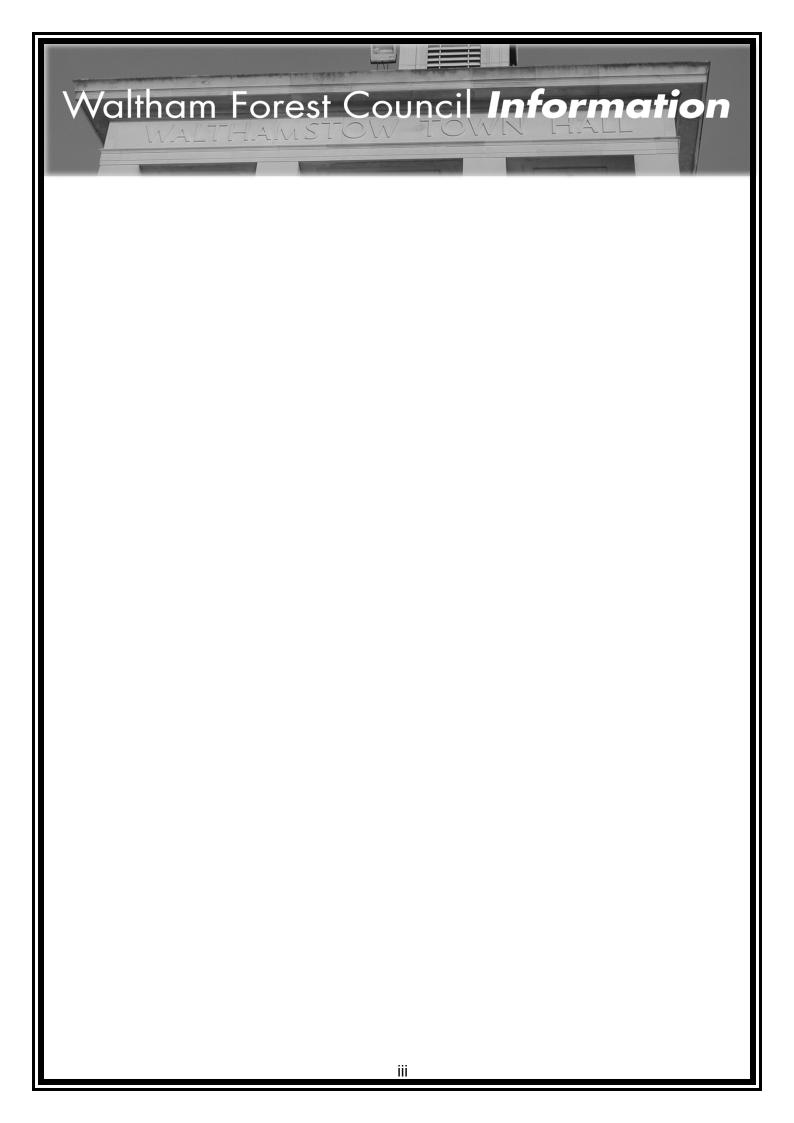
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Contact officers listed on the agenda will be able to provide further information about the meeting and deal with any requests for special facilities.

Contact details for report authors are shown on individual reports. Report authors should be contacted prior to the meeting if further information on specific reports is needed of if background documents are required.



Disclosable Pecuniary Interests (DPI) are prescribed by the <u>Relevant Authorities (Disclosable Pecuniary Interests)</u> Regulations 2012 as follows:

Interest Interest	Description	
Employment, office, trade, profession or vocation	Any employment, office, trade, profession or vocation carried on for profit or gain.	
Sponsorship	Any payment or provision of any other financial benefit (other than from the relevant authority) made or provided within the relevant period in respect of any expenses incurred by a member in carrying out duties as a member, or towards your election expenses. This includes any payment or financial benefit from a trade union within the meaning of the Trade Union and Labour Relations (Consolidation) Act 1992	
Contracts	Any contract which is made between the relevant person (or a body in which the relevant person has a beneficial interest) and the relevant authority— (a) under which goods or services are to be provided or works are to be executed; and (b) which has not been fully discharged.	
Land	Any beneficial interest in land which is within the area of the relevant authority.	
Licences	Any licence (alone or jointly with others) to occupy land in the area of the relevant authority for a month or longer.	
Corporate tenancies	Any tenancy where (to the member's knowledge)— (a) the landlord is the relevant authority; and (b) the tenant is a body in which the relevant person has a beneficial interest.	
Securities	Any beneficial interest in securities of a body where— (a) that body (to the member's knowledge) has a place of business or land in the area of the relevant authority; and (b) either— (i) the total nominal value of the securities exceeds £25,000 or one hundredth of the total issued share capital of that body; or (ii) if the share capital of that body is of more than one class, the total nominal value of the shares of any one class in which the relevant person has a beneficial interest exceeds one hundredth of the total issued share capital of that class.	

A Member must disclose at meetings as a **non-pecuniary interest**:

- Appointments made by the authority to any outside bodies (excluding joint committees with other local authorities);
- Membership of charities;
- Membership of trade unions recognised by the authority;
- Membership of lobbying or campaign groups;
- Governorships at any educational institution in the borough;
- Membership of voluntary organisations operating in the borough.

General Dispensation

In accordance with s33(2) of the Localism Act, 2011, the Monitoring Officer has granted dispensations to all Councillors until the Annual General Meeting of Council in 2018.

The grounds for the dispensations are that:

- Granting the dispensation is in the interests of persons living in the authority's area(s33(2)(c)) of the Localism Act 2011) by allowing their elected representatives to participate and vote on the Council's budget and council tax setting: and
- It is otherwise appropriate to grant a dispensation (s33(2)(e))

in that the dispensation will allow members to fully represent their constituents in respect of these important matters.

Monitoring Officer's guidance on bias and pre-determination

The Council often has to make controversial decisions that affect people adversely and this can place individual councillors in a difficult position. They are expected to represent the interests of their constituents and political party and have strong views but it is also a well-established legal principle that councillors who make these decisions must not be biased nor must they have predetermined the outcome of the decision. This is especially so in "quasi-judicial" decisions in planning and licensing committees.

This Note seeks to provide guidance on what is legally permissible and when members may participate in decisions. It should be read alongside the Code of Conduct.

Predisposition

Predisposition is lawful. The law is very clear that members may have strong views on a proposed decision, and indeed may have expressed those views in public, and still participate in a decision. This will include political views and manifesto commitments. The key issue is that the member ensures that their predisposition does not prevent them from consideration of all the other factors that are relevant to a decision, such as committee reports, supporting documents and the views of objectors. In other words, the member retains an "open mind".

Section 25 of the Localism Act 2011 confirms this position by providing that a decision will not be unlawful because of an allegation of bias or pre-determination "just because" a member has done anything that would indicate what view they may take in relation to a matter relevant to a decision. However, if a member has done something more than indicate a view on a decision, this may be unlawful bias or predetermination so it is important that advice is sought where this may be the case.

Pre-determination / Bias

Pre-determination and bias are unlawful and can make a decision unlawful. Pre-determination means having a "closed mind". In other words, a member has made his/her mind up on a decision before considering or hearing all the relevant evidence.

Bias can also arise from a member's relationships or interests, as well as their state of mind. The Code of Conduct's requirement to declare interests and withdraw from meetings prevents most obvious forms of bias, e.g. not deciding your own planning application. However, members may also consider that a "non-pecuniary interest" under the Code also gives rise to a risk of what is called apparent bias. The legal test is: "whether the fair-minded and informed observer, having considered the facts, would conclude that there was a real possibility that the tribunal was biased'.

A fair minded observer takes an objective and balanced view of the situation but Members who think that they have a relationship or interest that may raise a possibility of bias, should seek legal advice.

This is a complex area and this note should be read as general guidance only. Members who need advice on individual decisions, should contact the Monitoring Officer and / or the legal advisor for their committee.

AGENDA

1. Apologies for absence and substitute members

2. Declarations of interest

Members are required to declare any pecuniary or non-pecuniary interest they or their spouse/partner may have in any matter that is to be considered at this meeting. Interests are defined in the front cover of this agenda.

3. Minutes of the previous meeting

(Pages 9 - 20)

To approve the minutes of the meeting held on 01 November 2023.

4. Public participation

Members of the public are welcome to participate in scrutiny meetings. You may speak for three minutes on a topic related to the Committee's work, and fifteen minutes in total is allowed for public speaking, at the discretion of the Chair. If you would like to speak, please contact Democratic Services (details above) by 12 noon on the day before the meeting.

5.	London Ambulance Service update	(Pages 21 - 70)
6.	NEL Health Update	(Pages 71 - 96)
7.	Joint Forward Plan 2024/25	(Pages 97 - 162)
8.	Barts Health/BHRUT closer collaboration	(Pages 163 - 172)
9.	Committee Action Tracker and Forward Plan	(Pages 173 - 178)

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LONDON BOROUGH OF WALTHAM FOREST MINUTES OF THE INNER NORTH EAST LONDON JOINT HEALTH AND OVERVIEW SCRUTINY COMMITTEE

01 November 2023 at 7.06 pm

PRESENT:

Chair: Councillor Richard Sweden, LB of Waltham Forest

Vice-Chair: Councillor Susan Masters, LB of Newham

Committee Members: Councillors Afzal Akram and Jennifer Whilby, LB of Waltham

Forest

Common Councilman Michael Hudson, City of London

Councillor Danny Keeling, LB of Newham

Councillors Ahmodur Khan and Ahmodul Kabir, LB of Tower

Hamlets

Councillor Ben Hayhurst, LB of Hackney

Others in Attendance:

Charlotte Pomery, Chief Participation and Place Officer, NHS North East

London

Henry Black Chief Finance and Performance Officer, NHS North East

Londor

Shane Degaris Barts Health Group Chief Executive

Breeda McManus Chief Nurse and Director of Clinical Governance, Homerton William Cunningham-Davis Director of Primary Care Delivery, NHS North East London Deputy Director of Primary Care, NHS North East London

Don Neame Senior Communications Consultant, NHS North East

London

Officers in Attendance:

Ruth Mitchell Scrutiny Officer

Jenny Richards Democratic Services Officer

12. APOLOGIES FOR ABSENCE AND SUBSTITUTE MEMBERS

Apologies for absence were received from Common Councilman Sales. Common Councilman Hudson attended as substitute.

Apologies for absence were received from Councillor Amy Lee, Councillor Claudia Tubert-Delof, and Councillor Sharon Patrick.

13. DECLARATIONS OF INTEREST

No declarations of interest were made.

14. MINUTES OF THE PREVIOUS MEETING

The minutes of the meeting held on 12 July 2023 were approved as an accurate record.

15. PUBLIC PARTICIPATION

None.

16. HEALTH UPDATE

Barts Health

Shane Degaris, Barts Health Group Chief Executive, addressed the Committee in relation to the Barts Health updates detailed in the agenda pack. The Committee were apprised of the Trust's progress in reducing the number patients experiencing long waits for elective treatment as outlined on page 36 of the agenda pack. The continuing impacts of industrial action on waiting times, elective activity, staff morale, and the Trust's financial position were noted. The Committee heard that an in-house, non-emergency patient transport service had been extended to the Barking, Havering and Redbridge University Hospitals, Queen's and King George. The government had approved the outline business case for phase two of the enabling works for the redevelopment of Whipps Cross Hospital. £2.6 million of extra funding had been allocated to support same day emergency care over winter across Barts Health hospitals.

The Committee were advised that Barts Health Trust and Barking, Havering and Redbridge University Hospitals Trust (BHRUT) were in the process of considering options for further collaboration with a view to moving towards a one-group, two-Trust, seven-hospital system.

Committee members noted that there was no key by which to interpret the colour coding on the Incomplete Pathways Trajectory Recovery graphs on page 36 of the agenda pack. The Chief Executive advised that the blue line showed actual performance.

Barts Health: Whipps Cross Hospital redevelopment

The Committee requested an update on the timescales for business case submission and capital allocation for the Whipps Cross Hospital redevelopment.

The Chief Executive echoed the concerns of Committee members about the timeline for the Whipps Cross redevelopment but advised that the scheme was understood to be highly placed in the queue for National Hospital Programme funding. Continued lobbying from local stakeholders to encourage timely release of the capital envelope was welcomed.

Barts Health: Joint working

The Committee asked whether the closer working relationship between the two Trusts would change executive appointments at individual hospitals within Barts Health Trust and enquired as to how this would impact the local services attached to these hospitals.

The Chief Executive advised that the Trusts would be exploring opportunities to optimise the efficiency of back-office, corporate functions such as Finance, HR, and Payroll but that patient-facing services would not be affected. Over the next 18 months, the Trusts would look to bring together some executive roles to sit at the group level, for example a Joint Chief Finance Officer working across the two Trusts. Individual hospitals would retain their own executive teams, benefitting from local support and collaboration with place-based partnerships. The Committee requested they be kept apprised of updates at the local level moving forwards.

The Committee asked for more detail on the pros and cons of moving towards a one group system, raising concerns about the size of the hospital groups this would encompass and possible disruption to hospitals that were currently performing well. The Committee made reference to the Department of Health guidance that suggested that an ICS footprint should be comprised of hospitals under one provider only.

The Chief Executive responded that a one-group arrangement was consistent with the national direction of travel whereby larger hospital groups which had previously competed now collaborated and shared resources. Barts was no longer the biggest group in the country and there were examples of larger groups following a similar trajectory in terms of collaboration, both nationally and in London. The Chief Executive emphasised that the proposal was not to formally merge the two Trusts but to move towards a joint operating model. In addition to saving taxpayers money via efficiencies, the closer collaboration between the Trusts resulted in more choice for patients; they could now receive treatment more quickly at a hospital further afield if they preferred.

The Committee raised concerns about the downgrading of services at King George and Queen's hospitals and enquired about the impact of the Right Care Right Place initiative on the provision of mental health care for local residents.

The Chief Executive reiterated that both Trusts would remain statutory organisations with individual annual general meetings and committees. The Committee were assured that there was no prospect of downgrading the services at King George or Queen's hospitals. The Chief Executive added that pressure on mental health services was not unique to North East London and advised that the issue of mental health provision was an area of focus across the Integrated Care Board.

The Committee welcomed the in-sourcing of the combined patient transport services but raised concerns about the capacity within the fleet to cover such a large footprint.

The Chief Executive responded that the fleet size had been accounted for and contingency plans developed to ensure there was adequate coverage across the footprint. Capacity would be monitored on an ongoing basis.

The Committee asked whether the Chief Executive foresaw any cultural challenges in bringing the Trusts together.

The Chief Executive responded that there were cultural similarities between the two Trusts, for instance, staff surveys highlighted common issues around the experiences of staff, particularly those from a BME background.

The Committee noted that there would be a significant combined debt between the two Trusts and asked whether, in addition to savings on executive positions and backroom services, there were financial benefits to combined working.

The Chief Executive explained that another advantage of combined working was the broader scope for career progression under a single employer, especially for clinical staff who might otherwise be forced to leave a smaller trust in pursuit of promotion or broader clinical experience.

The Chief Executive acknowledged that the combined Trusts would, by definition, have a large debt and advised that, in addition to back-office efficiencies and clinical collaboration, opportunities for optimising the long-term financial models for both Trusts were being explored.

Barts Health: Industrial action

The Committee asked whether there was capacity within Barts Health Trust to withstand further industrial action should this occur during winter when staff absences were naturally higher due to illness.

The Chief Executive responded that the Trust was now well-practiced at responding to industrial action with established procedures for redeployment of staff and robust contingency plans. The Chief Executive expressed confidence that the hospitals could withstand the pressure of further industrial action but acknowledged that its impact would be most felt by the outpatients requiring elective and routine treatments over whom urgent patients would have to take priority.

The Committee enquired about the way treatment delays were calculated for individual patients, seeking confirmation that waiting lists took into account each person's cumulative total waiting time.

The Chief Executive confirmed that cancellations resulting from industrial action would defer treatment only; they would not result in patients being discharged or returning to the bottom of the waiting list. The total length of time patients waited was taken into account when prioritising treatment.

Mental Health

Lorraine Sunduza, Interim Chief Executive Officer, ELFT, provided a mental health update, advising that the 'Right Care, Right Person' programme, as detailed on page 32 of the agenda pack, had now launched. In preparation for the programme's launch, services had been working closely with the Met Police and Borough Commander. They would continue to engage with the police and monitor the impact of the programme throughout its implementation.

The Interim Chief Executive Officer noted that there had been an increase in mental health related presentations in A&E departments after the Covid-19 pandemic. A mental health crisis and UEC (Urgent and Emergency Care) improvement network had been created with the intention of strengthening the mental health pathway including preventative measures, primary care provision, community mental health services and models of care. Service users were being engaged with as part of this work to ensure the approach was responsive to patient needs.

Mental Health: Right Care Right Person

The Committee asked whether data was being monitored on a daily basis to establish which alternative services patients were diverted to via the 'Right Care Right Person programme' and sought reassurance that patients would not fall through the net as a result of this system.

The Interim Chief Executive Officer responded that daily tracking that would monitor and flag up any unintended consequences of the new way of working.

The Committee asked whether services had sought learnings from the mental health service providers in Humberside which had been the first to experience this change in police attendance policy.

The Interim Chief Executive Officer advised that services in Humberside had been consulted but noted that their populations and services were different from those within the local health system. For this reason, there would be close monitoring of the data in a local context.

The Committee asked how many incidents per month would be expected to fall under the category of those no longer responded to by police.

The Interim Chief Executive Officer was unable to provide exact figures but advised that there was variation across different units.

The Committee were interested to know what would be considered a timely handover of a patient by police to mental health services and were advised that the police target was to do this within an hour.

Mental Health: Capacity

The Committee noted that Crisis Cafes would be functioning as a preventive tool for walk-ins and asked how many there would be across INEL.

The Interim Chief Executive Officer was unable to provide this information at the meeting.

The Committee asked whether opening only 12 mental health beds over the course of the year was sufficient.

The Interim Chief Executive Officer responded that increasing to 12 beds was considered sufficient in light of the preventative work being done to keep patients out of hospital.

The Committee noted that these 12 beds were in Goodmayes Hospital and asked whether those in inner London boroughs would have access to them.

The Interim Chief Executive Officer confirmed that NELFT and ELFT were working together to support a bed base that catered to residents within both footprints.

The Committee was under the impression that there were capacity challenges especially in terms of provisions for male mental health patients within Newham and so contended that more beds were needed within the INEL area.

The Interim Chief Executive Officer responded that creating beds in NELFT would ease pressure across the system and that preventative measures to keep people well would in time also offset the need for more bed space.

The Chair commented on the importance of building capacity into the system before the pressure on inpatient facilities could be relieved and expressed interest in hearing more in future about the capacity within INEL for community-based mental health support. The Committee were of the view that patients should be treated as close to home as possible.

Homerton Healthcare NHS FT

Bridget McManus, Chief Nurse at Homerton, provided an update on the Trust's operational performance and corporate activity as detailed on page 30 of the agenda pack. The impact of industrial action on Elective Recovery Fund (ERF) performance and the Patient Tracking List (PTL) position was noted. The Committee's attention was drawn to the number of pathways that were transferred to Homerton from other NEL trusts and the number of patients waiting over 52 weeks for treatment. The Committee were assured that the patients with the greatest clinical need were prioritised when elective procedures were re-booked. In relation to cancer standards, both metrics demonstrated a strong position. The trust had performed highly in relation to the four-hour emergency care target in August, demonstrating improvement and good ambulance handover times despite high levels of demand. A CQC inspection had rated maternity services as good and recommended a number of actions. The Chief Nurse spoke to the corporate activity detailed on page 30 of the agenda pack.

NHS North East London

Henry Black, Chief Finance and Performance Officer, NHS North East London, spoke to the NHS North East London updates detailed on page 20 of the agenda pack. On behalf of the healthcare system in North East London, The Chief Finance and Performance Officer expressed shock and distress at the events surrounding the Lucy Letby murders and attempted murders and extended condolences to those affected. In light of this, the Chief Finance and Performance Officer sought to provide assurance that the Trust and the NHS as a whole were taking further steps to ensure that staff were given opportunities to speak up; freedom to speak up (FTSU) processes had been reviewed and enhanced in October 2023. The Chief Finance and Performance Officer provided an update on the Operose and Centene situation as detailed on page 22 of the agenda pack, noting that Operose's ownership of several practises in North East London was under review.

In relation to the month 5 system financial position, the Chief Finance and Performance Officer acknowledged the extreme financial challenges with which North East London and the NHS as a whole was contending following the Covid-19 pandemic and industrial action.

NHS North East London: Financial recovery plan

In response to a question about the month 5 year-to-date ICS position against the plan, the Chief Finance and Performance Officer explained that, despite the deficit of £74 million, the forecast outrun was reported as breaking even because there were strict rules set by NHS England about the circumstances in which the reported forecast outrun could be changed. The break-even operating plan was a statutory requirement, submitted with NHS England's understanding that it contained severe risks. Regardless of the year-to-date position, until NHS England agreed that the forecast outrun and plan could be changed, the ICS had to continue to report that its target was that submitted in the plan.

The financial recovery plan measures on page 24 of the agenda pack were outlined. The Committee heard that, if these measures were successful, projected recovery

plan trajectory would see a £55million deficit at the end of the year. This had not yet been signed off by NHS England but was due to be reviewed in coming months.

Committee members expressed concerns about revising the budget in response to overrun and questioned why the measures detailed in the financial recovery plan were not implemented earlier.

The Chief Finance and Performance Officer advised that the financial recovery plan was established at the end of quarter one at which stage there were signs of financial challenges following two months' worth of industrial action. The industrial action had impacted the ICS's elective recovery fund allocation as well as its ability to deliver cost improvement programmes. The enhanced control measure of the double lock approval process for expenditure over £50k that had now been implemented was not common practice previously because this placed high demand on management time and resource. The Chief Finance and Performance Officer clarified that it was the forecast expenditure, not the budget, that would be updated in light of the financial pressures the ICS faced.

The Committee asked how much of an outlier this ICS was in terms of the financial recovery measures it was implementing.

The Chief Finance and Performance Officer responded that it in terms of the absolute deficit relative to the size of the system, this ICS was not an outlier. Several other systems were also recruiting a financial recovery director and employing the double lock process. It was however hard to say how systems of a similar size compared in terms of their financial positions.

The Committee were interested to know how pressures such as industrial action and high levels of demand had impacted providers. The Committee also questioned the high level of overspend on the integrated care board given that its operations should have been predictable.

The Committee were advised that primary care, community prescribing and continuing healthcare all fell within the ICB's direct costs. Continuing healthcare was a particularly volatile cost pressure. The population the system covered was relatively young however demographics were starting to change bringing continuing healthcare packages under extreme pressure; prices charged by CHC providers had increased and the complexity of care packages required was becoming more acute. There were also extreme national fluctuations and pressures in the prices of drugs which contributed to overspend.

NHS North East London: FTSU

Committee members welcomed the emphasis on supporting staff to speak up, acknowledging that the long-term damage to a reputation of a Trust was worse when issues were not dealt with in a timely manner.

NHS North East London: Operose

The Committee asked whether Operose would be selling practices as a group or whether they would be prepared to sell them individually. The Committee was interested to know whether local practices might be suitable to take them over, preserving the place-based knowledge within their leadership.

William Davis, Director of Primary Care Delivery at Place, advised that Operose would not be able to sell their NHS contracts without involving the NHS as

commissioners. As such, efforts would be made to hold local procurements when facilitating new contracts. Further updates would be provided between meetings.

NHS North East London: Joint Forward Plan

Charlotte Pomery, Chief Participation and Place Officer, NHS North East London, provided an overview of the Joint Forward Plan requirement as detailed on pages 25-26 of the agenda pack.

The Chair proposed that, in the interest of time, the Committee receive an informal briefing on the Joint Forward Plan outside of the meeting as this was such a large subject.

Actions

- Officers to provide an updated slide on the Incomplete Pathways Trajectory Recovery graphs which includes a key.
- Officers to bring a quarterly item on Right Care Right Person to monitor progress, including a demographic comparison of London and Humberside, commencing January 2024.
- Officers to provide the ICB staff structure to inform members about the workforce.
- Officers to bring an update on Centene position at the next meeting.
- Officers to provide a cost sheet which outlines the financial journey to the £16 million ICB overspend.
- Officers to bring a future update demonstrating the financial outcomes of Trusts of a comparative size, age, and demographic.

Decision

The Committee resolved to note the report.

17. SYSTEM RECOVERY, RESILIENCE AND WINTER PLANNING

Charlotte Pomery, Chief Participation and Place Officer, NHS North East London, spoke to the papers in the agenda pack. The Committee heard that three national recovery plans were in place, covering elective work, urgent emergency care, and primary care access.

The Chief Participation and Place Officer spoke to the importance of embedding a winter planning approach that was timely, sustainable, and included preventive measures such as immunisations and vaccinations. As such, system resilience and winter planning work had commenced in the Spring of 2023. A number of collaborative workshops and focus groups had influenced the plan, as detailed on page 49 of the agenda pack. The importance of strong partnership working at the place level and strong community engagement was noted.

The Committee noted that many of the measures the papers described relied upon more funding and staff retention and questioned whether alternative contingency plans should be developed to account for this.

The Chief Participation and Place Officer advised that a number of services had already been funded, for example virtual wards. Urgent community response services had been enhanced across North East London and additional funding around rehabilitation, reablement and discharge had been provided. Though the

system as a whole was under financial pressure, it was felt that these services along with effective collaboration across the local healthcare system, would mitigate the additional pressures of the winter season.

The Committee enquired about the hospital flow issues that had led to ambulance queues outside A&Es in the Winter of 2022 and asked whether these had been resolved.

The Chief Participation and Place Officer responded that a number of procedures had since changed; the Ambulance Service now aimed to handover patients within 45 minutes, virtual wards were facilitating earlier discharge and helping to avoid unnecessary admissions, and government funding had enhanced discharge and same day emergency care services. The Chief Participation and Place Officer cautioned that the 2022 ambulance waiting times had been the result of a perfect storm of events including high levels of flu and Covid, industrial action and other pressures within the system. Whilst there was no guarantee that the same issues would not recur, there was now more resilience within the system.

The Committee asked about steps being taken to address low immunisation rates.

The Chief Participation and Place Officer emphasised the importance of promoting Covid booster and flu vaccinations across local community pharmacies and primary care. The Chief Participation and Place Officer welcomed any assistance Committee members could provide in engaging with local communities to encourage uptake.

The Committee sought assurance that residents who were digitally excluded would still receive communications about vaccines for which they were eligible.

The Chief Participation and Place Officer responded that the robust community outreach programmes that were in place did not rely exclusively on digital means of communication such as smartphones.

William Cunningham-Davis, Director of Primary Care Delivery at Place, confirmed that community pharmacies offering Covid and flu vaccinations were doing so via the national booking system which residents could access using a smartphone. This did not preclude them from booking their vaccinations over the phone or in person at a primary care practice. The Director of Primary Care Delivery confirmed that vaccinations administered outside of primary care practices, for instance via pharmacies, would still show on patients' GP records. Committee members felt that patients should receive vaccination reminder phone calls or letters in addition to text messages.

Decision

The Committee resolved to note the report.

18. RECOVERING ACCESS TO PRIMARY CARE

William Cunningham-Davis, Director of Primary Care Delivery at Place, introduced the item. The Committee heard that a delivery plan for Recovering Access in Primary Care had been launched in May 2023 by NHS England. This set out measures to reduce the bureaucracy within, and improve access to, primary care, and empower patients to manage their healthcare. The Director of Primary Care spoke to the papers provided at page 57 in the agenda pack.

Alison Goodlad, Deputy Director of Primary Care, provided insights on the implementation of the delivery plan in North East London. Feedback had indicated that residents found accessing primary care services problematic. The following solutions were outlined:

- Moving to modern, cloud-based telephone systems in GP practices would enable better queuing systems and call handling.
- Providing alternative, digital routes for access would free up phone lines for those who were digitally excluded.
- Broader skillsets within primary care teams would enable patients to be directed to certain specialties such as audiology without requiring referrals.
- A new range of services would be provided via community pharmacies, freeing up capacity at GP practices.

The Committee heard that in North East London the rollout of Community Pharmacy Consultations had been successful, with the services well-placed to take on enhanced roles in primary care. Over the summer, community engagement work on the use of digital tools such as the NHS App had been undertaken.

Accessibility

The Committee were concerned that online consultation forms would prove inaccessible for the digitally excluded and those for whom English was not a first language.

The Deputy Director of Primary Care responded that online consultation tools worked well for some patients and acknowledged the importance of providing multiple routes of Primary Care access that catered to different demographics. Digital routes would free up capacity for those who were limited to more traditional routes such as phone calls and service-user feedback would be used to enhance the accessibility of GP websites.

The Committee sought more information on the way modern phone systems, online consultations, and community pharmacy consultation services would improve access to primary care services.

The Director of Primary Care Delivery responded that patients could be signposted to trained community pharmacists for some services relating to minor conditions that were previously provided exclusively by GPs. This enabled patients to be seen more quickly and freed up GP appointment capacity for those with more complex clinical needs. The Committee were advised that the modern phone system provided real time data and analysis on the number of phone calls practices received, helping them to better fulfil staffing needs at different times. They also employed a more sophisticated queuing system, allowing patients to self-select where their query was directed, for example to the practice nurse rather than the GP.

The Committee welcomed the improved pathways by which GP practices were now expected to receive and triage patients but raised concerns about the ambition of some proposals, for example, the target to provide non-urgent appointments within two-weeks, considering the capacity issues that existed within the system.

The Director of Primary Care Delivery responded that this was an aspiration which was incentivised in the contractual arrangements for general practice but acknowledged that many practices had a long way to go to achieve this.

The Committee were concerned that self-referrals would not be appropriate for all patients and conditions.

The Director of Primary Care Delivery confirmed that there would be sufficient controls in place by which inappropriate self-referrals could be refused.

The Committee asked for more information about the communication strategy around these changes, for example, improved call-handling systems.

The Director of Primary Care Delivery agreed that targeted communication and engagement would be crucial to making a success of improved primary care access measures.

Community Pharmacies

The Committee asked which prescriptions Community Pharmacists could provide and were advised that this information could be found in the Recovering Access in Primary Care delivery plan; the prescriptions were for seven common conditions that took up a significant amount of GP time.

The Committee raised concerns about the use of Community Pharmacies to reduce the burden on GP practices in light of recent large-scale closures of pharmacy branches and raised that pharmacies were not designed to facilitate patient consultations.

The Director of Primary Care Delivery responded that the impact of pharmacy closures was not believed to be acute in North East London. Local Authority Pharmaceutical Needs Assessments had not indicated that there were significant gaps in Community Pharmacy Provision across the NEL footprint.

The Committee pointed out that patients requiring prescription charges would still have to rely on their GPs to issue prescriptions.

The Committee were advised that NHS North East London was looking into ways of preserving prescription costs for patients who used Community Pharmacies.

Recruitment and retention

The Committee asked to what degree services believed the unaffordability of accommodation within the North East London footprint affected recruitment.

Waltham Forest Health and Care Partnership Clinical Lead, Dr Ken Aswani, agreed that affordable accommodation would enhance recruiting potential and advised that there was ongoing discussion about prioritising key worker accommodation for clinicians following the Whipps Cross redevelopment.

Actions

 Officers to bring an update on the role of Community Pharmacist Services in primary care to a future meeting. Officers to bring a case study to a future meeting which demonstrates how a
practice could reduce its waiting time for non-urgent appointments to two
weeks.

Recommendation

 NHS to report on performance monitoring data for those practices that have implemented new telephony systems.

Decision

The Committee resolved to note the report.

19. COMMITTEE FORWARD PLAN AND ACTION TRACKER

Consideration was given to a report of the Scrutiny Officer who outlined the items that remained to be scheduled on the forward plan.

Committee members were keen that the disputes resolution procedure come back to the committee along with any other related changes.

In the interest of time, the Committee agreed to liaise further on items for the January meeting and the forward plan informally.

Senior Communications Consultant, Don Neame, advised that, at the meeting of 12 July, the papers on CHC policies included a sentence "NHS North East London has discussed the suitability of a public consultation with local Healthwatch and Directors of Adult Social Services" but that Directors of Adult Social Services asked that it be noted that there was no discussion with them directly on this issue.

Actions

 Officers to hold forward plan meetings outside of the Committee to jointly work on establishing future agenda items.

Decision

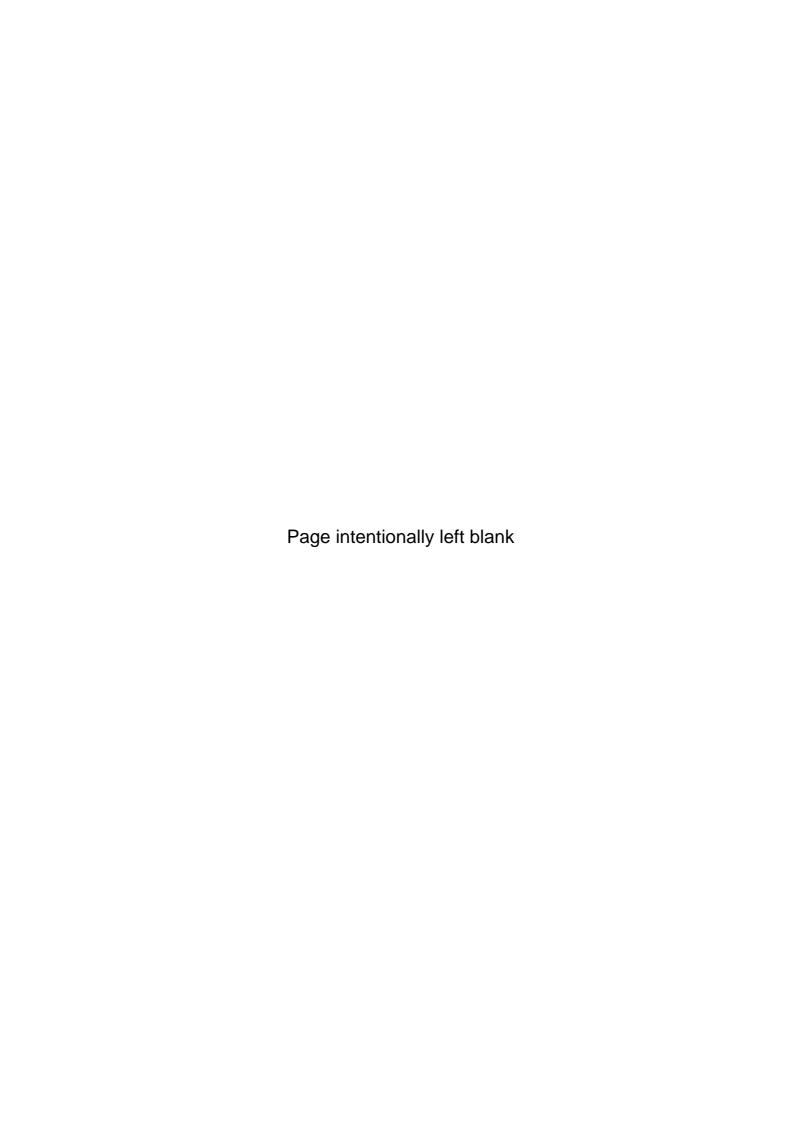
The Committee resolved to note the report.

Chair's Signature	
Date	

The meeting closed at 9.23 pm

London Borough of Waltham Forest

Report Title	London Ambulance Service update
Meeting / Date	INEL JHOSC Scrutiny Committee 23 January 2024
Report author/ Contact details	Jai Patel Head of Stakeholder Engagement London Ambulance Service NHS Trust jai.patel8@nhs.net
Public access	Open
Appendices	None
Implications	None
Background information	None







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Inner North East London Joint Health Overview and Scrutiny Committee

23 January 2024







About London Ambulance Service



A day in the life of LAS

- We treat **3,000 patients** on scene or over the phone.
- We answer 5,700 calls in 999 and 6,000 calls in 111.

Our clinicians typically go to:

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240
fallers

230
patients with breathing problems

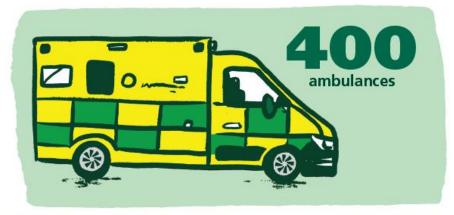
200
patients reporting chest pain

28
confirmed cardiac arrests

42
suspected strokes

33
suspected heart attacks

On the road each day, we have approximately:

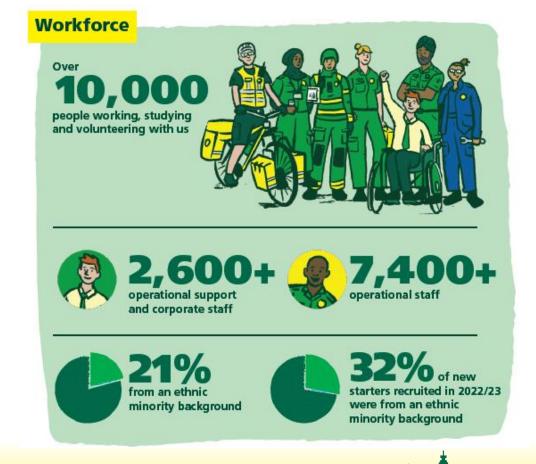






We aim to deliver outstanding emergency and urgent care whenever and wherever needed for everyone in London, 24/7, 365 days a year.

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Patient-facing staff



1,300

Emergency medical technicians, assistant ambulance practitioners and Non-Emergency Transport Service (NETS) crews

paramedics, including 100 advanced paramedic practitioners

nursing and medical staff

Support staff





cleaning staff



repair workshop staff



Teaching and apprentices

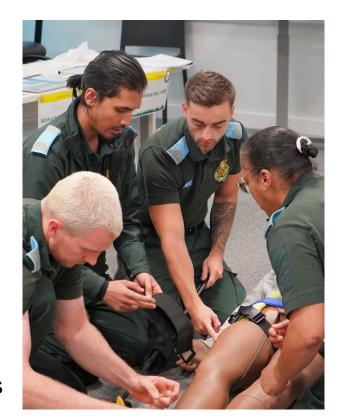
1,130

apprentices



Our People

- 2022/23 saw our biggest ever recruitment drive with 1,600 new starters, including over 900 frontline ambulance staff and almost 400 call handling staff.
- Teams Based Working is empowering ambulance groups to shape their way of working.
 - > Staff satisfaction has risen from 30% to 80%.
 - Surveys show staff are happier, feel more part of a team and have more opportunities.
- March 2023, LAS became an accredited London Living Wage employer after we decided to make our cleaning and Make Ready teams NHS staff. Two of our Make Ready colleagues based in North East London were featured by the Living Wage Foundation in Living Wage Week celebrations in November.
- As of December 2023, the number of staff hours on the road in emergency vehicles and caring for patients has increased by 10% compared to this time last year. We are also supporting our clinicians on scene and maximising the number of solo responders we have available.



Conveyances

- We are helping more patients over the phone, treating more people on scene and getting more people to the right local services for them when appropriate.
- In 2018, we set an ambitious target to reduce hospital conveyance from 60% to 54% by March 2023. We exceeded this, conveying 50% of patients to hospitals in 2022/23.
- This has been achieved by upskilling our workforce, introducing services such as our specialist mental health cars and using new technology.



Winter plans

- We have had to manage a real surge in demand for our service this winter. A typical busy day in the capital would see about 5,500 calls to 999 but in the past few weeks, we have seen that number rise to nearly 7,000
- We have implemented a number of actions to mitigate this, including:
 - Additional ambulances, response vehicles, control room staff and clinicians who are able to speak to patients who have called 999.
 - Increased our fleet capacity by 10% on last year, with 50 new Ford ambulances and 40 new cars.
 - Use of specialist resources such as mental health cars and community response cars.
 - A flu immunisation programme for staff.
 - Working with our NHS partners to ensure the handover of patient care at emergency departments within 45-minutes when safe and appropriate.
- We are also urging Londoners to use our 999 service wisely: only calling us when it is a serious medical emergency so we can prioritise responding to our most seriously ill and injured patients.
- Our London Ambulance Charity has launched a new festive fundraising campaign to help us best support our colleague during periods of high pressure.



London Ambulance Service NHS Trust



Strategy 2023-2028: our commitments to London



Roger Davison, Chief Strategy and Transformation Officer

Summary

- London Ambulance Service published our five-year strategy in September 2023.
- We are the capital's emergency and urgent care responders. We aim to deliver outstanding emergency and urgent care whenever and wherever needed for everyone in London, 24/7, 365 days a year. Together, we put the values of caring, respect and teamwork at the heart of all we do for Londoners.
- In this strategy we have given ourselves three missions focused on:
 - Our care delivering outstanding emergency and urgent care whenever and wherever needed.
 - Our organisation being an increasingly inclusive, well-led and highly skilled organisation people are proud to work for.
 - Our London using our unique pan-London position to contribute to improving the health of the capital.

We have steadily moved beyond what might be thought of as the traditional ambulance service that just takes sick people to hospital. We are an increasingly highly skilled workforce able to deliver a huge range of emergency and urgent care assessments and treatments both on scene and on the phone.

- Reducing inequalities, and working together as a system leader and partners across the five London ICSs underpins everything that we will do.
- To achieve our three missions we have set ourselves 50 commitments to deliver over the next five years, organised under 10 priority areas.
- You can read the full strategy at the following link: www.londonambulance.nhs.uk/about-us/our-plans-for-the-future/

Developing our strategy based on insight and reflective of the changing external environment

We analysed population trends and horizon scanned the future for developments in prehospital care. Some key considerations included:













We are treating more patients over the phone or on scene and taking fewer to hospital

Our clinical workforce is growing and becoming more highly skilled As health inequalities grow, we are seeing higher demand in deprived areas

Demand for urgent care through 111 has grown with people calling all day London's growing and aging population

Our care is inextricably linked to availability of other services

Developing our strategy - engagement

In developing our strategy, we engaged extensively both inside our organisation, with our partners and with our patients on how they would like to see us develop.

Engagement included:

- ✓ Heard via local Healthwatch organisations from representatives of patients and the public in 26 London boroughs, together involving more than 2,100 people.
 - ✓ This included Healthwatch Tower Hamlets, Hackney, Newham, City of London, Havering, Redbridge, Barking & Dagenham, and Waltham Forest
- ✓ Engaged externally with <u>300 leaders in 60 health and care partner organisations</u>, including ICBs, borough councils and the Greater London Authority. We also reviewed each ICS strategy to ensure our ambitions aligned.
- ✓ Conducted over <u>500 face-to-face interviews with LAS staff</u>, reaching all parts of our organisation, in particular those working on the frontline.
- ✓ Debated priorities with <u>360 LAS leaders</u> in dedicated leadership sessions across the organisation.
- ✓ Gathered ideas for change from an online crowdsourcing project in which <u>500 people</u> from across our organisation took part.

Further reading



Reports on these important pieces of work are available on our website.

www.londonambulance.nh s.uk/about-us/our-plansfor-the-future/



Interim North East London Integrated Care Strategy

January 2023

LAS covers the whole of the city, the only pan-London NHS trust. We are part of London's five integrated care systems, and know that we need to work as a system leader and partner in order to deliver our ambitions.

We analysed each ICS strategy to ensure our ambitions aligned with our system partners and that we developed three missions which reflect the changing needs of our populations.



North East London

Population: 2 million

- Experiences the longest hospital handover delays of all London ICS geographies
- Highest share of residents aged under 35 (52%)
- Just over half (54%) of the population are from ethnic minority backgrounds, with the highest share in Newham (69%)
- Nearly a quarter of residents live in one of the most deprived 20% of areas in England
- By 2041, the population is projected to grow by nearly 364k (17%) - this is equivalent to adding another place the size of Newham

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Our three missions 2023-28



Our care

Delivering outstanding emergency and urgent care whenever and wherever needed.

- · Rapid and seamless care
- Individualised clinical responses
- Outstanding care and leadership of major incidents and events
- A learning and teaching organisation

Our three missions 2023-28

Our organisation

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Being an increasingly inclusive, well-led and highly skilled organisation people are proud to work for.

- Inclusive and open culture
- Well-led across the organisation
- Improved infrastructure



Our three missions 2023-28



Our London

Using our unique pan-London position to contribute to improving the health of the capital.

- A system leader and partner
- Proactive on making London healthier
- · Green and sustainable for the future

Implementation plans



LAUNCH EVENT



ENGAGEMENT



IMPLEMENTATION

n event

Strategy launched 26 Sept we saw nearly 300 members of staff and external stakeholders attend our launch event in

Westminster.

- Influential speakers at our launch event - LAS Executive Team presented, alongside:
- 1) Deputy Mayor Baroness Fiona Twycross
- 2) NHS London Medical Director and CCIO Dr Chris Streather
- 3) Chair of NWL ICB Dr Penny Dash.



- Published in accessible formats, including an Easy Read version, a fully accessible PDF version, a short summary video, and offer alternative formats on our webpage.
- We will build upon the extensive engagement we conducted in the development stage of the strategy.
- We will engage extensively with staff to promote our strategy, and garner feedback and support for implementing the ambitions.

nplementation

- •The key means of accountability will be through the **business plans for each** year of the strategy implementation they will include clear measurable outcomes to show progress against the strategy.
- •We have **created a Transformation Board** who will enable the delivery of the strategy, and ensure that the feedback from patients and the public is integral to the way we approach transformation.





Implementation – case study

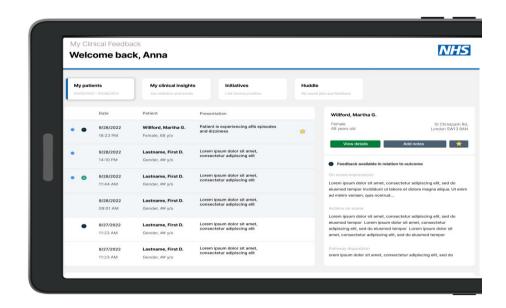
Strategic commitment: Be a leading UK ambulance service in providing our clinical staff with outcome data for all patients they treat, linking ambulance and hospital data for a joined-up integrated care system.

My Clinical Feedback

Progress update:

During our engagement with staff in the development phase of the strategy, we heard that they would benefit from outcome data from the patients they see.

- My Clinical Feedback application enables ambulance clinicians to follow up on patients that they have attended, reflecting on the outcomes of these patients and learning about the implications of their on-scene and pathway choices.
- Paramedics and frontline ambulance clinicians are the only clinicians in the UK who
 receive no routine feedback on the decisions they take for their patients. My Clinical
 Feedback intends to change this.
- The pilot has started in North West London, and we are hoping to make this available to all ambulance crews in the London Ambulance Service.
- The application has been designed for and with LAS clinicians, working closely with over 30 colleagues during design and development.



We need to switch to a meaningful, feedback positive culture where we can learn from experience and be happier.

-- Clinical Team Manager

Implementation – case study

Strategic commitment: Train 100,000 Londoners collaboratively in basic live-saving skills (CPR) including a generation of secondary school children, as well as reaching all secondary schools with targeted public education initiatives (eg. knife crime) and educating patients and other public services on when to use 999 and 111 and what to expect if they call, running information campaigns to address this.

Progress update:

Page

- The LAS London Lifesavers (LLS) project is dedicated to improving out of hospital cardiac arrest survival rates across the capital, to make London a safer place to live, work and enjoy. We know that the biggest factor in improving survival rates is increasing bystander CPR.
- We want to address health inequalities in the incidence of cardiac arrest, bystander CPR and distribution of PADs.
- LLS delivers basic life-saving CPR skills and how to use a defibrillator to:
 - Secondary schools across the Capital (in a waved roll-out plan)
 - Pop-up events (at train stations, shopping centres, sporting venues etc)
 - Businesses and not for profit organisations.
- In October, we launched our schools campaign as part of re-start a heart day at City Hall, with 5 schools attending and multiple media publicity (inc BBC London evening News, BBC news press, Evening Standard, socials, local press).
- · We launched a joint CPR video with Transport for London and the Mayor of London.
- We have run a series of training pop ups, including at train stations, park runs, Houses of Parliament and London Fire Brigade Open days. We estimate that approximately over 1,000 members attended pop-ups.
- Building our work with businesses, we have had discussions held with 4 Major Banks to run London LifeSavers training.
 1st training session held at Barclays Canary Wharf.



Questions









Outer North East London Joint Health Overview and Scrutiny Committee 9 January 2024



LAS Performance Report North East London



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Ben Evans, Associate Director of Operations for North East London

LAS in North East London

- North East London ICB covers Barking
 & Dagenham, City of London,
 Hackney, Havering, Newham,
 Redbridge, Tower Hamlets and
 Waltham Forest.
- Five ambulance groups: Homerton,
 Newham, Romford, Whipps Cross and
 Ilford

We are the only pan-London NHS
Trust





Ilford Ambulance Station
North East Sector HQ



178,784 face-to-face responses across the sector in 2023 so far (Jan-Nov)



853 LAS team members working in North East London



A range of ambulance crew members from clinicians to support staff



7 mins 47 secs
Average response time to our
most seriously unwell patients
(Cat 1 calls) across the sector
(Jan-Nov 2023)



North East London – our estate

- North East London is a home to a number of hugely important LAS sites:
 - We have 10 operational ambulance stations across the sector.
 - Our Hazardous Area Response Team has its East Base in Newham.
 - Building1000 Dockside in Newham is home to both our Dockside Education Centre and state-of-art Emergency
 Operations Centre, which handles half of the 999 calls that come into the Service.
 - NHS 111/ Integrated Urgent Care Barking handles half of the 111 calls across the capital, providing urgent care and



GP out-of-hours services.

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North East London – our patients

- North East London experiences the longest hospital handover delays of all London ICS geographies.
- North East London has the highest proportion of residents aged under 35 of any sector (52%).
- Just over half (54%) of the population are from **ethnic minority backgrounds**, with the highest share in Newham (69%).

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- Nearly a quarter of residents live in one of the most deprived areas in England.
- By 2041, the population is **projected to grow by nearly 364,000** (17%), equivalent to the borough of Newham.



North East London – hospital handovers

 We continue to work with our NHS partners in North East London to reduce delays and safely release ambulance crews from hospitals and this is making a big difference for our medics and patients, freeing up our clinicians to attend to those who need the most urgent care.



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Our performance across London in November

Category of call	LAS mean response time	NEL mean response time	National mean	National target
CAT 1	00:07:35	00:07:40	00:08:32	7 minutes
CAT 2	00:41:19	00:43:07	00:38:30	18 minutes
CAT 3	01:24:26	01:25:54	02:16:47	2 hours
CAT 4	02:24:58	02:31:34	02:36:40	3 hours

Source: NHS England data on performance - November 2023

Support our work: London Lifesavers

- London Ambulance Service is aiming to make London a city of lifesavers, by organising life-saving CPR and defibrillator training for communities, organisations and schools.
- The London Lifesavers schools programme launched in September

 2023 will see our paramedics teach life-saving skills to Year 8 children in
 every borough over the course of the campaign.
- Support the campaign:
 - ➤ Encourage local community groups, businesses and not-for-profit organisations to **sign up for training with our experts**.
 - Promote London Lifesavers to your local secondary schools, encouraging them to express an interest on our website.



London Lifesavers in North East London

- We are using cardiac arrest and demographic indicators to prioritise London boroughs for CPR and defibrillator training over five waves.
- Boroughs with higher cardiac arrest incidence, lower rates of bystander CPR, lower survival rates, fewer defibrillators, greater deprivation and larger shares of ethnic minority residents are being prioritised.
- All secondary schools in wave one and two have been offered training to their Year 8 pupils.
- 23 schools in North East London have expressed an interest in receiving training for pupils and 15 have training dates arranged.

NE London borough	Wave number	Training dates	Number of schools who have expressed an interest in training	Total number of schools*
Barking & Dagenham	Wave 1	Nov 23' – Jan 24'	4	20
Newham	Wave 1		6	30
Redbridge	Wave 1		6	32
Waltham Forest	Wave 2	Feb 24' – Apr 24'	3	26
Tower Hamlets	Wave 2		1	32
Havering	Wave 2		3	26
Hackney	Wave 2		0	48
City of London	Wave 5		0	3

^{*} Includes state, independent and special educational needs schools.

Questions



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London Ambulance Service NHS Trust



Integrated Urgent Care (IUC)



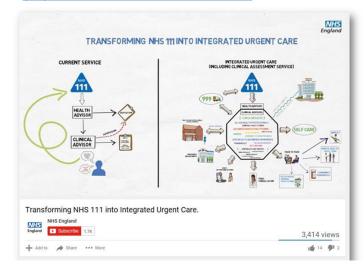
Jacqui Niner, Director of Integrated Urgent & Emergency Care

What is Integrated Urgent Care (IUC)?

- **2011** Transition from NHS Direct (Signposting) to 111 (facilitates referral)
- 2017 IUC Launched across UK Transition of telephone triage in GP Out Of Hours (GP OOH) to 111 (Clinical Assessment Service)
- Provision of integrated 24/7 urgent care access, clinical advice and treatment
 - Incorporates NHS-111 call-handling
 - Clinical Assessment Service (UCAS) (formerly GP OOH triage)
 - Face to face assessment (downstream provider)
- IUC has since developed, particularly the CAS to provide:
 - 111 Cat 3&4 ambulance outcome validation
 - 111 ED outcome validation
 - Access to clinical support for ambulance crews (*5), care homes (*6) and community HCPs (*7)



(55) Think NHS 111 first - YouTube



https://www.youtube.com/watch?v=FIZZ u4R6yEU&t=3s

London IUC Landscape

Five London Integrated Care Boards

23/24 forecast

- c2.6m 111 calls
- c541k CAS calls

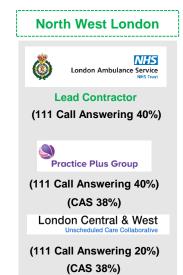
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NHS London Ambulance Service

(111 *5 Answering and clinical assessment)

Cat 3&4 validation



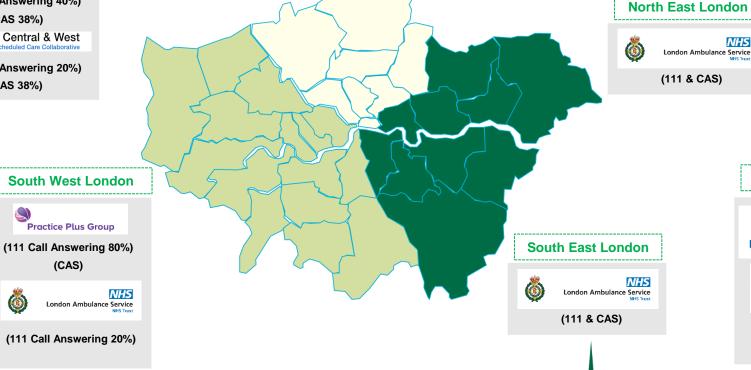
(CAS)



North Central London

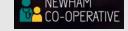


LAS 111 Call Answering is delivered from **Croydon & Barking sites** via a combined call answering model





Network Partners



Clinical Assessment Service (CAS)

- Responsible for protecting the system.
- Ensuring ONLY where there is clinical need are patients referred for a face-to-face (F2F) consultation.
- Ensure any referral is made to the appropriate service, utilising all alternative and agreed care pathways.
- Confirm on Directory of Services (DoS) type of referral (F2F or Telephone).
- Wider system options i.e. Same day emergency care (SDEC).

Face to Face - Attendance/ Centre

Pharmacy/ General Practice/ Extended Access Hubs

Walk-in Centre/ Urgent Treatment Centre/ Emergency Department

Face to Face – Visiting

Community Nursing/ GP Visiting/ Rapid Response/
Ambulance

IUC operational team roles

- Service Advisors Call answering
- Health Advisors Call answering
- Clinical Advisors Clinical assessment
- Advanced Nurse Practitioners / GPs / Pharmacists Clinical assessment
 - Clinical Navigators Clinical queue management



https://youtu.be/8puU_cKp3xM?si=DFsH10b4XHjsmOEj







IUC operational team roles

Service Advisor – Non-Clinician

- Trained on Pathways Lite
- Mainly manage asymptomatic patients
- Provide Service Location information
- Administer the star line Health Care Professional HCP (*5, 6, 7, 8)
- Repeat Prescription Administration referral to Community Pharmacist Consultation Service (CPCS)
- Shortened Dental Pathway referral to smile dental pan London commissioned dental nurse triage ervice); they also administer transfer of calls from 999-111

Health Advisor - Non-Clinician

- Manage symptomatic patients using NHS Pathways
- Highly trained and very good at telephone triage and picking up cues

Clinical Advisor – Clinician (Nurse/Paramedic)

- Use NHS Pathways to further assess patients and validate health advisor assessment
- Will deal with a specific criteria of patients

Advanced Practitioners

- Autonomous Clinician using own clinical skills or cleric to support decision making.
- Range of specialities (nurse, paramedic, pharmacist)

General Practitioner

 Autonomous Clinician, using knowledge and experience to support whole team in the safe management of patient care.

Clinical Navigator

 Will maintain oversight of clinical queue and responsibility for safe management of the clinical workload. Will move calls between skillsets if required and provide a floor-walking function and immediate access to clinical advice 24/7

Duty Supervisor

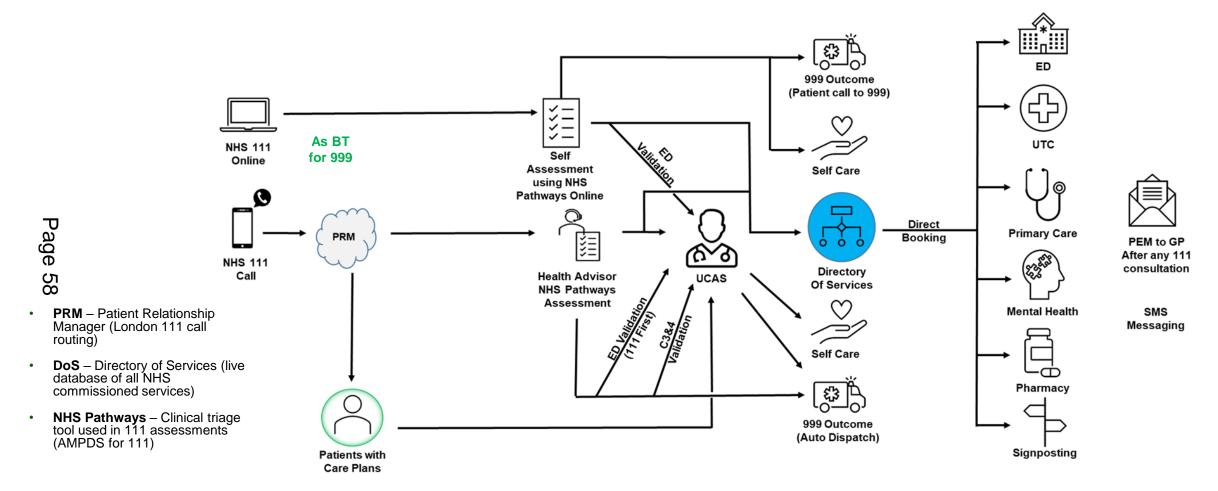
Responsible manager for overall service delivery and workforce.

Deputy General Managers (DGMs)

Senior on site management team.



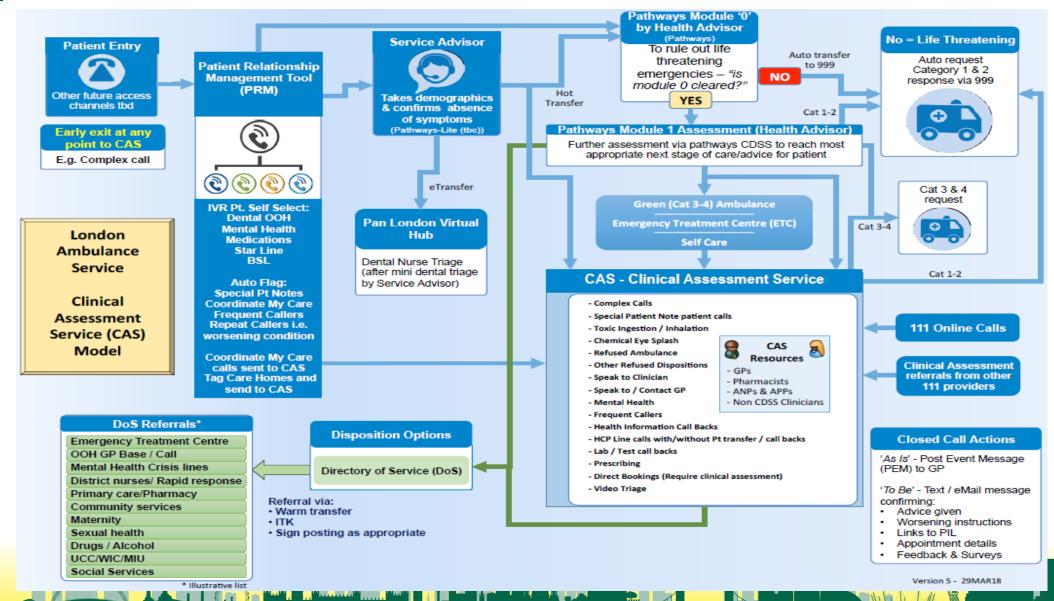
Patient journey through IUC



Further information on IUC / 111:

https://www.england.nhs.uk/urgent-emergency-care/nhs-111/

IUC patient flow



National Directory of Services (DoS)

 Each has different referral methods, which are detailed within the information that is returned.

- Once triage is complete, the DoS populates appropriate referral pathways based on:
 - Patient's location
 - Presenting Complaint (symptom group)
 - Disposition
 - Clinical need/capabilities of service
 - Inclusion/Exclusion Criteria

Dispositions

- Internal
- Speak to a clinician from our Service Immediately (P1)
- Speak to a clinician from our Service within 30 minutes (P2)
- Speak to a clinician from our service within 1 hour (P3)
- Speak to a clinician from our service for Health Information/Medication Enquiry (P4)
- ETC validation 4 hours (P5)
- Speak to a clinician from our service for home management advice (P6)

Priority & KPI

P1 - 20 minutes

P2 - 40 Minutes

P3 - 60 minutes

P4 - 90 minutes

P5 – 180 minutes

P6 - 240 minutes

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IUC Key Performance Indicators (KPIs)

	KPI Title	Standard		RAG Thresholds	
			Red	Amber	Green
1	Proportion of calls abandoned	≤ 3%	x > 5	3 < x <= 5	x ≤ 3
2	Average speed to answer calls	≤ 20 seconds	x > 30	20 < x <= 30	x ≤ 20
3	95th centile call answer time	≤ 120 seconds	x > 180	120 < x <= 180	x ≤ 120
4	Proportion of calls assessed by a clinician or Clinical Advisor	≥ 50%	x < 45	45 <= x < 50	x ≥ 50
5a &b	Proportion of call backs assessed by a clinician in agreed timeframe	≥ 90%	x < 80	80 <= x < 90	x ≥ 90
6	Proportion of callers recommended self-care at the end of clinical input	≥ 15%	x < 10	10 <= x < 15	x ≥ 15
7	Proportion of calls initially given a category 3 or 4 ambulance disposition that receive remote clinical intervention	≥ 75%	x < 70	70 <= x < 75	x ≥ 75
8	Proportion of calls initially given an ETC disposition that receive remote clinical intervention	≥ 50%	x < 45	45 <= x < 50	x ≥ 50
	Proportion of callers allocated the first service type offered by pirectory of Services	≥ 80%	x < 75	75 <= x < 80	x ≥ 80
	Proportion of calls where the caller was booked into a GP practice or GP access hub	≥ 75%	x < 70	70 <= x < 75	x ≥ 75
11_	Proportion of calls where the caller was booked into an IUC preatment Service or home residence	≥ 70%	x < 65	65 <= x < 70	x ≥ 70
12	roportion of calls where the caller was booked into a UTC	≥ 70%	x < 65	65 <= x < 70	x ≥ 70
13	Proportion of calls where caller given a booked time slot with a Type 1 or 2 Emergency Department	≥ 70%	x < 65	65 <= x < 70	x ≥ 70
L4	Proportion of calls where the caller was booked into a Same Day Emergency Care (SDEC) service	N/A	N/A	N/A	N/A

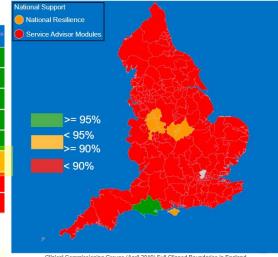
Current (Jul-23) LAS Performance

- Abandoned 8%
- ASA c40 seconds

Performance challenges:

- Increased volume against contract
- Demand profile of calls, i.e. am rush when GPs are busiest
- · Staff sickness
- Staff downtime

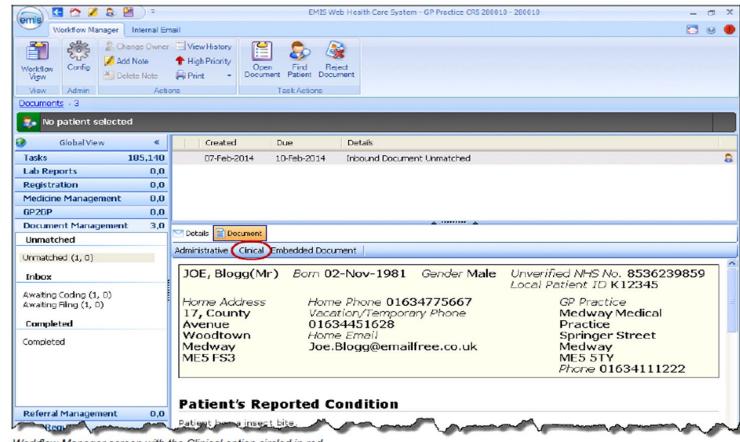
Region Name	♦ Off ♦	Ans ♦	Abn (%) 🔺
National Support	799	721	0.63
North East and Yorkshire	1229	947	1.06
Midlands	2954	2875	1.86
South West	1447	1334	2
East of England	1946	1689	2.16
London	1708	1505	6.97
North West	1989	1299	15.23
South East	2617	2028	15.67



Clinical Commissioning Groups (April 2019) Full Clipped Boundaries in England

NHS 111 Post Event Message (PEM)

- Real time report of patient's interaction with 111 sent into Own GP clinical system
- Provides information about the whole case.
- This is your communication with Own GP & is what goes on the patients medical record.



Workflow Manager screen with the Clinical option circled in red

Ambulance Response Programme

Working to ensure all patients get the most appropriate response irrelevant of what number they call.

Providing a Pan London validation service across all 111 contracts and supporting crews on scene to support hospital avoidance.

Category	Types of calls	Response standard	Likely % of workload	Response details
Category 1 (Life- threatening event)	Previous Red 1 calls and some Red 2s, including: Cardiac arrests Choking? Unconscious Continuous fitting Not alert after a fall or trauma Allergic reaction with breathing problems	7 minutes mean response time 15 minutes 90 th centile response time	Approx. 250 incidents a day (8% of total workload)	Response time measured with arrival of first emergency responder Will be attended by single responders and ambulance crews The only category that rest breaks will be interrupted to attend
Category 2 (Emergency – potentially serious incident)	Previous Red 2 calls and some previous C1s, including: Stroke patients Fainting – not alert Chest pain RTCs Major burns Sepsis	18 minutes mean response time 40 minutes 90 th centile response time	48%	Response time measured with arrival of transporting vehicle (or first emergency responder if patient does not need to be conveyed) Some Category 2 calls will be attended by single responder if an ambulance is not available for dispatch within eight minutes of call being received
Category 3 (Urgent problem)	Falls Fainting – now alert Diabetic problems Isolated limb fractures Abdominal pain	Maximum of 120 minutes (120 minutes 90th centile response time)	34%	Response time measured with arrival of transporting vehicle
Category 4 (Less urgent problem)	Diarrhoea Vomiting Non-traumatic back pain HCP admission	Maximum of 180 minutes (180 minutes 90 th centile response time)	10%	Maybe managed through hear and treat Response time measured with arrival of transporting vehicle



Partnership Working



System Wide Engagement - breaking barriers to allow improved patient journey



Local provider partnerships – improved resilience and shared workforce



General Practice Support Service – integrating Urgent & Primary care to deliver Fuller



Future Procurement – working with commissioners to innovate future service model

Questions



Resources and useful contacts

- Monthly newsletters to stakeholders Get the latest news from LAS each month.
 Contact londamb.StakeholderEngagement@nhs.net to receive these updates.
- London Lifesavers campaign Sign up for training with our experts and promote the campaign to your community and secondary schools. Contact londamb.londonlifesaver@nhs.net or visit our website for more information.
- Read our new LAS Strategy 2023-28 on our website and share with communities.
- Hear more from our teams in your local stations and sector. Contact londamb.StakeholderEngagement@nhs.net.
- Work, volunteer or study with us. Contact londamb.graduaterecruitment@nhs.net to contact our recruitment department.

London Ambulance Charity



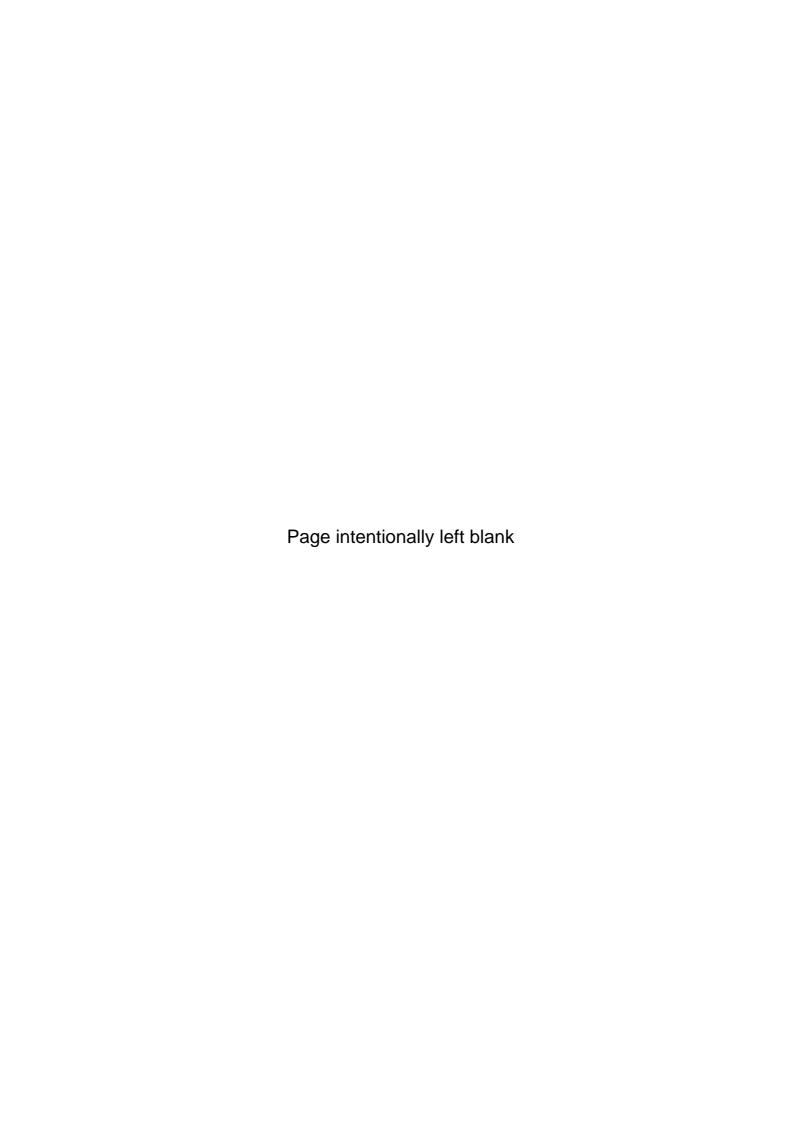
- The London Ambulance Charity is the official NHS charity of LAS.
- We advance the services provided by London Ambulance Service through the following:
 - Enhancing staff and volunteers' physical and mental wellbeing
 - Increasing community resilience through CPR training and community access defibrillators
 - Promote innovation, transformation and efficient new ways of working
 - Donations to the London Ambulance Charity have been used to fund things like Wellbeing Support Vehicles, outdoor gardens and rest areas at ambulance stations, and a staff hardship fund
- Your compassionate support funds these important initiatives. You can give online (https://www.justgiving.com/londonambulanceservice) or text GIVEFIVE to 70460 to donate £5.

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London Borough of Waltham Forest

Report Title	Health update, January 2024
Meeting / Date	INEL JHOSC Scrutiny Committee 23 January 2024
Report author/ Contact details	Zina Etheridge, Chief Executive, NHS North East London zina.etheridge1@nhs.net
Public access	Open
	None
Appendices	None
Implications	None
Background information	None







Health update

INEL JHOSC

23 January 2024

NHS North East London: Update

System resilience over winter

- We are bringing key system stakeholders and leaders together, including Place Partnerships and Collaboratives, to build our resilience and plan for periods of increased demand through winter and beyond. We're doing this through a new clinically led System Coordination Centre that involves everyone, including hospitals, GPs, LAS, community care and more, to discuss what we already have in place, how we can learn from each other and where we need to strengthen our collaborative efforts.
- Our '<u>Finding the Right NHS Help'</u> campaign is running for the next 12 months helping people to access the right NHS services at the right time all year round, and to build understanding of all the ways primary care is changing and improving. The campaign includes digital advertising targeting 18-40s, parents of under 9s, and people in close proximity to A&E departments; outdoor billboards; advertising in our hospitals and GP practices; social media and press. A campaign toolkit has been shared with 700+ ICS colleagues and is being widely used by all partners.
- For the first time we have worked in partnership with our local authorities and local people to co-produce <u>Winter Wellness</u> <u>guides</u> providing residents with holistic information on how to stay well including winter vaccinations, cost of living advice, health and care services and information on support roles in communities based on their input. Printed copies have been distributed directly to targeted vulnerable households in areas of higher deprivation, as well as made available in GP practices, hospitals, warm hubs, libraries and other community venues.
- Welcome committee members support to promote our efforts.

Vaccinations

- As of 19 December 2023, we have given 169,235 seasonal **Covid-19** vaccines. Uptake is 75% in care home residents, 58% in 75+ and 50% in those aged 70-75. Uptake is 30.3% overall, but that is largely due to lower uptake in those who are 18 and over with health conditions.
- We have given 375,000 seasonal flu vaccines. Uptake in our eligible population is 31.6%.-This is broadly in line with London. We are vaccinating for Covid and flu across NEL until 31 Jan. The National Booking Service closed on 15 December 2023.

NHS North East London: Update

Celebrating success

- Two north east London projects won prestigious <u>HSJ Awards</u> in November:
 Innovation and Improvement in Reducing Healthcare Inequalities Award Tree Of Life In Schools project for African and Caribbean heritage young people project (City and Hackney)
 - Medicines, Pharmacy and Prescribing Initiative of the Year Specialist pharmacy-led cardiovascular risk factor management in primary care campaign
- The team at Richmond Road medical centre in Hackney won the Reception Team of the Year award at the National General Practice Awards in December.

Ending sexual violence against women and girls

- Held a system workshop in December as part of an ongoing conversation happening at a London and local level, and a commitment to addressing sexual violence against residents and staff as a whole north east London system.
- We have signed up to the Mayor of London's six pledges to tackle misogyny, sexual harassment and violence against women and girls (VAWG). We, and other health and care organisations discussed the pledges, which we have since signed up to, and how we can collectively take a public health approach to tackling and preventing. We have adopted NHS England's sexual safety in healthcare organisational charter as part of our commitment to protecting our staff from sexual violence in the workplace. The aspiration is that all partners across our system will adopt the charter.

NCL 'Start Well' consultation and potential impact on north east London

- North Central London (NCL) Integrated Care Board have a long term transformation programme looking at children, young people's, maternity and neonatal services in NCL.
- Their consultation on this, 'Start Well' runs from 11 December 2023 to 11.59pm on 17
 March 2024. <u>Start Well: Proposed changes to maternity, neonatal, and children's surgical services North Central London Integrated Care System (nclhealthandcare.org.uk)</u>
- As some of the changes NCL is proposing around maternity and neonatal services specifically may impact residents of north east London, we want to provide reassurance that we have worked within the north east London system to consider NCL's proposals. We will continue to work closely with NCL as these proposals are consulted on and ensure any potential impact on north east London are considered and mitigated where possible.
- NCL is happy to provide briefing on the proposals and consider any feedback as part of the process.

AT Medics/Operose: Update

We have been notified of a potential change of control of AT Medics Ltd. AT Medics Ltd is part of the Operose Health Group which holds a number of other contracts in London and elsewhere in England. AT Medics Ltd holds seven Alternative Provider Medical Services (APMS) contracts in north east London. The practices are:

The Loxford Practice – Redbridge	Lucas Avenue Practice – Newham
Carpenters Practice – Newham	E16 Health – Newham
Trowbridge Surgery– City & Hackney	Goodman's Field Centre – Tower Hamlets
Victoria Medical Centre – Barking & Dagenham (short-term caretaking contract until March 2024)	

Operose Health Ltd also has operational management control of John Smith Medical Centre, Barking and Dagenham – Chilvers & McCrae Ltd (PMS practice) Under the terms of the PMS/GMS contract, the contract holder does not have to seek our consent to undergo a change **of control**. However, the change of control and standing of the proposed new owner will nonetheless be scrutinised as part the due diligence, assurance and consent process that applies to the APMS contracts, set out above.

AT Medics Ltd was set up by GPs in 2004 and is a large provider of general practice services. It was acquired by Operose Health Ltd in 2021 who are ultimately owned by Centene Corporation. AT Medics Ltd recently wrote to us to seek the ICB's consent to a change of control.

AT Medics Ltd have informed us that the change of control arises as a result of a proposed change in ownership of Operose Health Ltd, which owns AT Medics Ltd through a holding company. It is intended that the ownership of Operose Health Ltd will transfer from the current owner, MH Services International (UK) Ltd, to "T20 Osprey Midco Limited ("HCRG Care Group")".

AT Medics/Operose: Update (2)

What it means for patients

- All GP practices work under contract to the NHS and whether owned by GPs or other organisations they must be able to meet strict standards and regulations that apply
 to all NHS providers.
- As previously, the contract will continue to be held by AT Medics Ltd and they will continue to be responsible for providing the primary care services. As part of our assurance process, we will be seeking assurance that patients will be able to continue to access the same services from the same locations as they do now.
- If there is a change of control, please be assured that there will be no change to:
- the legal entity holding the APMS contracts (AT Medics Ltd);
- the APMS contracts themselves;
- the services AT Medics Ltd are required to provide, including locations, opening hours and service standards (including in respect of access and staffing).

Our responsibilities as an ICB

- As a commissioner of health services, it is NHS North East London's role to ensure the provision of high quality, safe services for local people. In addition, all health service providers are regulated and inspected by the **Care Quality Commission** to ensure they meet fundamental standards of quality and safety.
- Under the terms of the APMS contract, before undergoing a change of control the contract holder must first obtain our consent.
- NHS North East London will now carry out a due diligence process to check that the proposed new owner of Operose Health Ltd is of good standing. We will also seek assurance that the change of control would not affect service provision and that patients would not see any difference in their GP practice, so that patients will still access care in the same way and continue to see the same practice teams.
- When considering whether to consent to the change of control, we will assess the proposal carefully and consider whether it is necessary to seek any additional assurances.
- That decision will be made at a meeting of the NEL Primary Care Contracts Sub Group which will meet in public to take the decision. This means members of the public will be able to attend and observe proceedings. We will publicise when the meeting occurs and interested members of the public will be able to submit comments and questions in advance of the meeting.

Next steps

• Following the formal request for a change of control we will take steps to let AT Medics Ltd practice patients know about the change of control and answer the questions that they have. This will include a north east London-wide webinar scheduled for Wednesday 24 January at 7pm. Details here: Potential change of control of AT Medics

Month 8 System Financial Position

Month 8 ICS Position - YTD £52.5m deficit variance against plan.

The month 8 year to date deficit is £58.2m, with an adverse variance to plan of £52.5m.

This is an improved position as allocations were received and factored into the year-to-date position for industrial action and elective recovery.

The main spend drivers are inflation, efficiency slippage, staffing, and other run rate pressures.

Month 8 I&E - YTD - ICS

Variance Surplus / (Deficit)	£m	(52.5)	0.0
Actual	£m	(58.2)	0.0
Target	£m	(5.7)	0.0
		YTD	Forecast

Financial Risks to the ICS Forecast outturn.

Gross risks across the system of £184m.

Main drivers – inflation, efficiency risk, run rate risks and income risks to providers.

The net risk is £54.9m. This assumes £129.1m of potential risk will be mitigated.

The level of risk further reviewed and assessed at month 9 in light of the revised forecast outturn agreed with NHSE.

ICS Risk

Total	£m	(184.0)	(54.9)
Non Recurrent mitigations	£m	0.0	0.0
Operational improvements and recurrent mitigations	£m	0.0	0.0
System wide risks	£m	Gross Risk (184.0)	Post Mitigations (54.9)

NEL ICB – YTD deficit variance of £15.1m against plan.

The ICB planned year-to-date surplus of £10.2m. The year-to-date reported position is a deficit of £4.8m which gives an adverse variance to plan of £15.1m. At month 8 the ICB has hit the financial recovery plan (FRP) trajectory.

The ICB run rate pressures, largely relate to prescribing and mental health and under delivery of efficiencies.

Month 8 I&E NEL ICB

Variance Surplus / (Deficit)	£m	(15.1)	0.0
Actual	£m	(4.8)	15.4
Target	£m	10.2	15.4
		YTD	Forecast

ICS Delivery of Efficiencies

Year-to-date efficiency plan across the system of £171.5m. Actual delivery of £146.7m, resulting in under delivery of £24.8m.

Efficiencies have been recategorized in the ICB to include those that are cash releasing. Non cash releasing efficiencies are included in the FRP stretch.

Under delivery is expected to continue year end with forecast slippage of £32.5m.

ICS Efficiencies

Variance	£m	(24.8)	(32.5)
Actual	£m	146.7	245.4
Target	£m	171.5	277.8
		YTD	Forecast

Provider YTD summary and Financial Recovery Plan update

Organisations	Year to date		
	Plan £m	Actual £m	Variance £m
BHRUT	(3.4)	(21.9)	(18.5)
Barts Health	(18.4)	(28.9)	(10.5)
East London NHSFT	1.5	(2.2)	(3.7)
Homerton	0.1	(4.6)	(4.7)
NELFT	4.2	4.2	0.0
Total NEL Providers	(16.0)	(53.4)	(37.4)
NEL ICB	10.2	(4.8)	(15.1)
NEL System Total	(5.7)	(58.2)	(52.5)

- The year-to-date ICS position against the plan is a deficit of £52.5m.
 This is made up of a provider deficit of £27.4m and ICB deficit of £15.1m.
- In line with the operating plan and the national reporting protocol the forecast position at month 8 is **reported as a breakeven position**. This assumes that providers will deliver a planned deficit of £15.3m and the ICB will deliver an offsetting surplus.
- However, as reported in previous month the year-to-date position suggests there is a **risk of a year-end deficit**. This has resulted in a formal Financial Recovery Plan (FRP).
- The FRP shows potential system gap at year-end of £54.9m.
- Between month 7 and month 8 reporting the ICS submitted an updated forecast position to NHSE as part of the H2 submission. This included the impact of additional funding for industrial action, the revised ERF target and further run rate improvements across the system. It is expected that the ICS will report a month 12 forecast deficit of £25m in month 9.

Provider updates

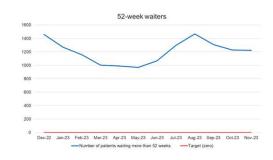
BHRUT update

Urgent and emergency care

- Our Type 1 performance has improved by 20.5% over six months and we are out of the bottom 20% nationally.
- For November, our performance Trust-wide was just over 50%. For King George Hospital (KGH), it was 52.24% and Queen's was 48.73%.
- Our Urgent Treatment Centres (UTC) where the less seriously ill Type 3 patients are seen, was 86.76%.
- For all types, it was 68%. A recovery target expected to be met by March 2024 of 76% has been set.
- Our Same Day Emergency Care (SDEC) departments continue to play a big role in helping us reduce admissions. SDEC at both sites are seeing an average of 128 patients a day. In the new year, work will start on our new SDEC at KGH which will increase capacity.
- We've reduced the time it takes for the handover of patients arriving by ambulance and nearly eradicated delays of more than an hour.
- We have also moved the location of our UTC at Queen's which is run by PELC. Patients now wait in an area that's more comfortable and much better suited to their needs, rather than in the atrium.
 - In November, we had 318 patients with mental health needs attend our A&Es across both sites. The average length of stay in our A&Es for these patients is now more than a day.

Reducing our waiting lists

- In November, 1,223 patients were waiting for more than a year.
- While this has continued to reduce over recent months, progress will be impacted by the upcoming strikes as we'll have to reschedule some non-urgent appointments and surgeries.



Our finances

- Progress made in the first six months of this financial year means we're on track to exit financial special measures next year.
- Work in reducing agency staff and using more permanent workers has been key. We received an award for this work that has seen our temporary staffing costs cut by around £10m a year.



BHRUT update (2)

Cancer

- We are seeing an improvement in our cancer performance, though we are not yet compliant on the key standards that we are measured against.
- Our state-of-the-art radiotherapy unit at Queen's is the first in the UK to receive an upgrade on a machines detailed images can be taken in six seconds compared to 43 seconds in the past.
- Diagnostic waiting times will be improved further when we open our Community Diagnostic Centre at Barking Community Hospital in March 2024.
- We'll soon be benefiting from the latest artificial intelligence (AI) tools to analyse x-rays and CT scans, helping us to speed up the diagnosis and treatment of our lung cancer patients.



Ongoing improvement works

- At Queen's, we are planning a major redesign of the A&E department to provide a better experience for patients and staff alike.
- We plan to open our Surgical Assessment Unit space for eleven patients who come to A&E needing surgery.
- Our new bedded discharge lounge at Queen's is freeing up hospital beds and is a more comfortable space for patients waiting to be discharged.
- Our new Infusion Suite means patients can receive their treatment as an outpatient, rather than needing to stay in hospital overnight.
- Work is also progressing well on our £14m theatre expansion at KGH which will allow us to undertake an additional 100 operations each week due to open in spring 2024.
- At KGH, we are refurbishing and upgrading our Medical Assessment Unit.
- In September, we launched our virtual ward for frail and elderly patients in our community. We have already seen an improvement in the out of hospital care we can offer this group of patients.





Barts Health update

Urgent and Emergency Care

- In October 67% of our A&E patients were seen within four hours. This puts us 11th out of 18 Trusts in London, despite us having the highest number of attendances in London at 42,300 up 1.6% on September
- We have opened our Same Day Emergency Care (SDEC) unit at Whipps Cross. This gives us capacity for 112 patients in SDEC across the group, meaning that these patients can return home the same day rather than requiring admission, thereby freeing up beds.
- We now have 76 "virtual beds" for frail patients so they can be monitored remotely, in addition to our existing virtual monitoring for cardiology patients at St Barts
- Both of these initiatives are a key part of our winter plans, as well as a focus on reducing length of stay and working with partners to ensure prompt discharge and continuing to manage patients with mental health needs who are presenting in A&E

Cancer

· We have met the national 2 week wait and faster diagnosis cancer standards for the third consecutive month

Workforce & Wellbeing

- We've been successful in reducing our agency usage, thanks to an increase in our substantive fill rate. This will continue to be a priority in the new year
- We recently received support from Barts Charity to continue the psychological support teams we introduced during Covid. This is a key part of our wellbeing organized to support our workforce.
- Dunior Doctors Strikes have been announced in the lead up to Christmas and in early January. We have robust plans to manage during this period to prioritise patient safety, however there will likely be an impact on our elective programmes

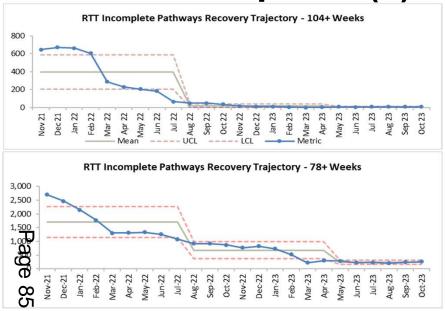
Staff National Awards

- Six Barts Health nurses were recognised in the national Chief Nursing Officer awards, with 2 gold and 4 silver awards.
- Our CFO, Hardev Virdee, won the Finance Director of the Year in the Health Finance Management Association awards in recognition of his work promoting training and developing finance staff, and particularly creating opportunities for young people in our local communities
- Tom Powles, the Director of the Barts Cancer Centre features in Nature's 10 recognising the people who have had the most impact in shaping scientific understanding for his leadership of a clinical trial for the treatment of sever bladder cancer

2024/25 Planning

- National Planning guidance is expected to be received at the end of December and we will then commence the planning process for 2024/25
- Our financial position continues to be challenging, partly driven by the costs of industrial action and the high level of patient acuity that we are seeing, which is requiring enhanced levels of care
- We are working with NEL partners to tackle these underlying issues, including how we maximise our productivity and further reduce our reliance on temporary staff, and we are strengthening our governance to focus on these areas

Barts Health update (2):







At the end of October we had only 10 patients waiting 104 weeks for treatment, where they have particularly complex procedures or have chosen to delay treatment.

We have reduced 78 week waiters down to 264 and continue to prioritise this group for treatment

The next target cohort is 65 week waiters. The graph shows the progress we have made in reducing this cohort down to around 9,000 at the end of November

Our forecasts show that we expect to reduce this to less than 4,000 by March, and we are working with acute partners in NEL to seek mutual aid from BHRUT and Homerton to reduce this further

We are working with national programmes to continue our improvements in productivity. This includes maximising use of our theatres, and reducing the number of patients who do not attend appointments, which is currently 12%.



Homerton Healthcare NHS FT update

Operational performance

- ERF Performance achieving 103.2 % against plan for first 5 months (Apr'23 Aug'23). The source of the data is ERF achievement published by NHS I. Some of the deletions have not been applied and once applied the position will improve. If *Industrial action impact is considered*, the potential ERF position for first 5 months is 107.6%.
- Elective care performance Trust's Oct 23 PTL position is 31,416. 223 patients waiting over 52 week at end of Oct 23. The number of pathways transferred from other NEL trusts c. 8,220 pathways to-date.
- Cancer Sep'23 62-day treatment performance was below target (83.3 % in Sep 23); 2ww referral performance is below target (87.9 % for Oct 23). 2ww wait performance is impacted by industrial action as the strike days fell on days of the week with highest job planned for 2 ww capacity.
- 4-hour emergency care target in Oct 23 is 83.4 % compared to 79.1 % in Sep 23.
- Community services: IAPT position for Oct 23 is 100% seen within 18 weeks with performance of 52.6 % against the recovery rate (Target 50%). Waiting times for community physical therapies vary across services but remain below the 5-week waiting time target and below the pre-pandemic performance.
- Winter resilience plan being implemented across trust and local place.

Corporate activity

- Construction of our new Elective Centre and the second part of the refurbishment our Critical Care Unit are both underway on our acute site.
- The Trust has reduced its vacancy rate by 1.38% compared to Oct 23 and its time to hire for Nov 23 is 62.9 days a decrease of 1.4 days compared to Oct 23.

Homerton Healthcare NHS FT update (2)

Operational performance

- ERF Performance achieving 103.2 % against plan for first 5 months (Apr'23 Aug'23). The source of the data is ERF achievement published by NHS I. Some of the deletions have not been applied and once applied the position will improve. If *Industrial action impact is considered*, the potential ERF position for first 5 months is 107.6%.
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- Winter resilience plan being implemented across trust and local place.

Corporate activity

• Construction of our new elective centre and the second part of the refurbishment our Critical Care Unit are both underway on our acute site.

NELFT and **ELFT** update

Mental Health and Community Health

Patient Safety Incident Response Framework (PSIRF)

Replaced the previous Serious Incident Framework (2015), and has four main aims:

- Compassionate engagement and involvement of those impacted by patient safety incidents.
- Application of a range of system-based approaches to learning from patient safety incidents.
- · Considered and proportionate responses to patient safety incidents.
- Supportive oversight focused on strengthening response system functioning and improvement.

Patent and Carer Race Equality Framework (PCREF)

- Improve interaction with racialised, ethnically and culturally diverse communities.
 - Raise awareness of organisations' own cultural and racial bias and provide a framework to reduce them.
 - Improve governance, accountability, and leadership.
 - ELFT & NELFT have:
 - Engaged with stakeholders, including regional PCREF steering group, local authority, police, community sector, and service users.
 - Explored how to embed new assessment framework by aligning existing work across Performance, People Participation, Carers Strategy Group, People and Culture.
 - Gathered/triangulated evidence through existing programmes, such as Quality improvement, Pursuing Equity, Making Equality Work.

NELFT and ELFT update (2)

North London Forensic Provider Collaborative (NLFC)

Learning disability and autism population and services strategy has been developed and co-produced with staff and patients over the last 12 months:

- Includes 'We Will' recommendations that NLFC and system partners will implement (Long Term Plan).
- Final draft strategy for approval prior to publication.
- A Voluntary Sector Social enterprise partnership has been commissioned to further develop a co-production model to support the implementation and create peer workers.

Neth Central East London CAMHS Provider Collaborative

Cresis mental health support for children and young people strengthened following additional funding, to enable a 7-days-a-week extended hours crisis service for adolescents in ONEL.

- Gradually extending the current service as staffing resource is secured with the aim to fully deliver this model by December 2023.
- Reduction in out-of-area placements by 95%, out-of-area Eating Disorder Bed Usage by 50% and use of Low Secure Beds by 71%.
- Expanding clinical competence and expertise within the units, including enhancing knowledge and skills, a clinical leadership development programme, autism training, approach to meal supervision, quality improvement and management of aggression and eating disorders.

NELFT and ELFT update (3)

Mental Health, Learning Disability, Autism Collaborative

Right Care Right Person

- Joint working arrangements with the Metropolitan Police went live across London on 1 November resulting in changes to the way emergency services respond to mental health calls.
- A single aligned response for all mental health providers in London covering Absence Without Leave patients, welfare checks, and missing.
- No major concerns, few areas raised in NEL linked to differences in police decision-making thresholds.
- \mathfrak{G} Police deployments to linked calls have reduced from approximately 40% to 26% in the first month.
- o• Increase in demand in 111 calls for mental health (including members of the public calling about other members of the public), and reduction in the use of S136.
 - S136 Hub implemented in London at the same time and receives all 0300 number calls (seeking Mental Health advise) from the police. Some indication of increases in 'out of area' presentations - KGH and CNWL.
 - · We are yet to see any increase in activity on crisis lines.

Crisis cafés in NEL

- Following on from the last JHOSC, we have had confirmation that each borough across ELFT has one crisis café, which will remain the figure for the time being.
- NELFT operates a Crisis Café at the Jane Atkinson Centre in Waltham Forest.
 - We are currently undertaking a listening exercise to agree models in ONEL to go live April 2024.

NELFT and ELFT update (4)

Joint working with acute partners

NEL has been identified by NHS England as a 'Tier 1' system for Urgent and Emergency care (significant challenges).

- We continue to experience high demand with increased pressure on mental health services, which results in some delays for patients.
- Our acute inpatient beds run routinely at 100%+ capacity and therefore require access to additional inpatient capacity from the private sector.

Several actions are in train to try to relieve these pressures and improve flow:

- We are opening additional capacity at Goodmayes to create 12 new male acute mental health beds.
- An additional S136 all-age unit has been created on the Goodmayes site.
- The psychiatric liaison service review has been completed and additional funding of c£140k has been allocated to the King George Hospital team and (INEL service) to ensure consistency of offer.
- Work continues to introduce the new 111 direct line for people experiencing mental health crisis, going live by April 2024.
- Intensive recruitment work continues in NELFT to address staffing challenges: we have welcomed 158 internationally recruited nurses and 9 occupational therapists. An additional 30 nurses are currently arriving as well as 1 clinical psychologist.
- We are continuing to work with the Partnership of East London Co-operatives (PELC) on short and medium-term plans to improve the 'front door' response for patients presenting to our local urgent and emergency care services.
- Private beds are being used to help manage flow and timely access for service users.

NELFT and ELFT update (5)

Learning Disabilities Pathway

A new Intensive Support Team (IST) that will support people with learning disabilities and autistic people, working in collaboration with the community learning disability teams to provide home/community-based care for people with acute needs is going live.

The Quality Improvement team is also continuing its work to support services with individual projects which have included:

- Improving the completeness of at least 80% of integrated annual health checks (AHCs) for people with learning disabilities (LD) by focusing on medication reviews by December 2023 across all NELFT boroughs.
- The completeness of structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains completed at the structured medication reviews per patient per annual health check rose from an average of 1/8 domains check rose from a structured medication reviews per patient per annual health check rose from an average of 1/8 domains check rose from a structured medication reviews per patient per annual health check rose from an average of 1/8 domains check rose from a structured medication reviews per patient per annual health check rose from an average of 1/8 domains check rose from a structured medication reviews per patient per annual health check rose from an average of 1/8 domains check rose from a structured medication reviews per patient per annual health rose from a structured medication reviews per patient per annual health rose from a structured medication review per annual health rose from a structured medication reviews p

NEL Community Health Services (CHS) Collaborative

- Senior leaders agreed a forward strategy of priorities: leading planning for community across the system and developing improvement networks for babies, children and young people, falls and community nursing, and an additional focus on long Covid for 2024/25.
- Community health services also continue to experience high demand for planned care and our services are focusing particularly on areas of high demand and long waiting lists and agreeing priorities for action now, key areas to note are:
 - Improving access to children's speech and language therapy, dietetics children and adults, occupational therapy OT for children.
 - · Musculoskeletal (MSK) services.
 - District nursing teams. We have also funded a new senior Trust-wide role to lead further skill mix reviews in light of increasingly complex caseloads in our neighbourhood teams.

Testicular Cancer



Testicular cancer is relatively rare and, although incidence has risen, outcomes have improved and mortality rates decreased. Prevalence is higher in White men and younger men, generally under the age of 49 and is also seen in adolescent boys. It is more common in the least deprived population, however, men in the most deprived quintile are more likely to be diagnosed following an emergency presentation than those in the least deprived.

Data availability

- We do not easily have access to local or timely data for testicular cancer and ethnicity.
- Most of following data is extracted from the National Cancer Registration and Analysis Service (NCRAS)
 and relates to the time period up to 2020 (unless otherwise stated). Staging data for testicular was not
 available from NCRAS.
- Demographic data, i.e. ethnicity and deprivation was only available at a national level.

Overview of testicular cancer (CRUK data)¹

- Testicular cancer is rare accounts for <1% new cancer diagnoses each year.
- Most common amongst white men.
- Peak age at diagnosis is 30-34 incidence rises from ages 10-14 and then declines rapidly after 34.
- In the UK incidence is 16% lower in the most deprived quintile than the least deprived (2013-17).
- Incidence has increased since 1990s, but mortality rates have decreased since the 1970s by 82% (2017-19) and then stabilised.

National data sets (NCRAS)²

- Routes to diagnosis April 2022 May 2023:
 - Urgent Suspected Cancer referral most common 1002 referrals (52% of all referrals)
 - Diagnosis following emergency presentation 232 (12.9% of all referrals)
 - 12.3% in most deprived quintile, 7% least deprived

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Testicular Cancer – ethnicity and data



 New testicular cancer diagnosis by ethnicity - Oct 22 - Sept 23 (Rapid Cancer Registration and Treatment dashboard)

Ethnicity	# new diagnosis	Proportion
White	1407	56.9%
Asian	149	5.8%
Black	34	0.7%

NEL level data (NCRAS)

- Oct 2022 Sept 2023:
 - 61 new testicular cancers diagnosed.
 - 76.5% men diagnosed aged 0-49.

Living with and beyond cancer (NCRAS)

- Data from 2020:
 - 955 men living with testicular cancer in NEL.
 - 40, 757 living with testicular cancer in the UK.
 - Over 7000 living 20-25 years since first diagnosis.

Data sources:

CRUK, <u>Testicular cancer statistics | Cancer Research UK</u>
National Cancer Registry and Analysis Service, <u>CancerData</u>

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Testicular health outreach in schools



Project is led by Prof James Green at Barts Health and is delivered by a former teacher, targeting year 7. The project aims to ensure testicular health and cancer awareness is included in PHSE teaching in NEL schools and helps inform wider work on cancer awareness in schools.

Project aims:

- To improve the testicular health outcomes for boys and young adults in NEL.
- To reduce health inequalities by ensuring all boys are able to access the lesson in a way that addresses
 the local population needs about testicular health, and so preserve fertility.
- To normalise long-term self-checking of testes into adulthood.
- It is anticipated that the project will have a positive impact on health inequalities. It will be available to boys in all secondary schools in NEL. Information for parents will be appropriate and available in a range of languages.

Outcomes to date

All NEL secondary schools have now been emailed information directing to relevant resources on website

>90% recall of correct course of action in response to symptoms

In inner north east London, activity includes:

Online presentation to Tower Hamlets Secondary Heads to promote use of resources. Engagement/training delivered to Waltham Forest school nurses.

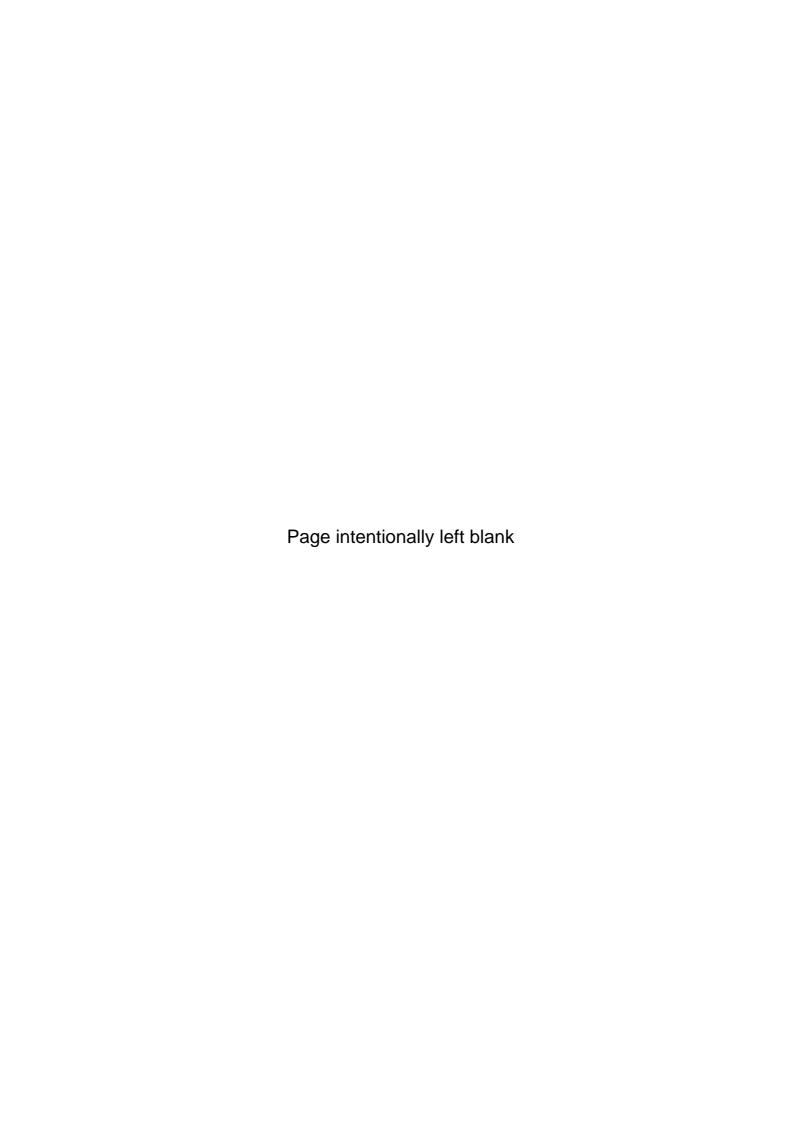
Next Steps

- Connect with more school nurse teams in other boroughs to deliver similar training
- Engage with more community links and school nurses to encourage uptake of resources
- Explore the use of social media for further targeting of this age group.

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London Borough of Waltham Forest

Report Title	Joint Forward Plan 24/25
Meeting / Date	INEL JHOSC Scrutiny Committee
	23 January 2024
Report author/ Contact details	Anna Carratt, Deputy Director of Strategic Development, NHS North East London
	a.carratt@nhs.net
Public access	Open
	None
Appendices	Joint Forward Plan 24/25 Draft version 4.2 – shared for information – please note content is subject to change.
Implications	None
Background information	None







Joint Forward Plan 2024-25

Update for JHOSCs

January 2024

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Background

- We (NEL ICS) published our interim <u>Integrated Care Strategy</u> in January 2023. The strategy sets out how we will improve quality
 and outcomes and address inequalities; and defines the key areas we need to secure as foundations for integrated working as a
 system.
- This was followed by the <u>Joint Forward Plan 2023/24</u>, our first five-year plan. We are required to refresh the Joint Forward Plan (JFP) yearly, to reflect what we set out to deliver in the coming years.
- The JFP describe how the ICB and its partner trusts intend to arrange and/or provide NHS services to meet their population's physical and mental health needs. This includes the delivery of universal NHS commitments, addressing ICSs' four core purposes and how legal requirements will be met.
 - We heard from our partners last year that they would like us to engage with them earlier in the process. These slides outline how we have structured our system planning process for 2024/25 and where the JFP fits in, the steps we are taking to refresh the JFP and the main changes from the previous year.
- We are engaging with Place-based Partnerships, HWBBs and other stakeholders through this process.
- Our Places-based Partnerships have been developing their plans for 2024/25, of which an overview is included in the JFP 2024/25.
- An unedited **first draft** of the JFP is available as an appendix, to indicate the direction of travel. This will be updated, with further drafts at the end of January 2024, with a final draft by end of February. The ICB Board will be asked to approve the JFP in March 2024.

Members are asked to:

- 1. note the approach being followed in order to deliver a refreshed north east London JFP 2024/25 by March 2024
- 2. note the amended content proposed

Where there are specific comments on the content of the draft JFP, please channel these through the relevant place director.

Overview of system planning approach

Our planning cycle has been divided into three steps:

- 1. integrated care strategy
- 2. delivery plan
- 3. operational planning

These are outlined below with related deliverables included below each step. These are not comprehensive but indicate some of the key activities underpinning each stage.

Integrated Care Strategy: Sets the strategic direction for the ICS

Annual review of our strategic context including national policy and local JSNAs potentially leading to changes

Development of a strategic outcomes framework measuring impact of the ICS strategy

Creation of a Future Forum for horizon scanning and looking forward - clear to

Resident / clinical / care professional engagement approach

Population modelling and scenario planning

Process review to inform future ways of planning

Delivery Plan: Sets out our plans to deliver on our strategic priorities and NHS requirements

Annual refresh of Joint Forward Plan

Review of transformation programmes to ensure strategic alignment and impact

- clear programmes
- agreed milestones
- agreed impact metrics that delivers the NEL ICS strategy and national standards, aims and ambitions*
- costed and funding source proposed

Evaluation plans

Operational planning: Describes how we use collective resources to deliver the plan

Prioritised pipeline for how & where resources will be allocated – NEL, places, provider collaboratives, providers

Funding matched and agreed against pipeline and operating plan

System driven Operating Plan (updated yearly – 2 year plan) with a narrative related to national priorities, with triangulated activity, workforce, and finance numbers Improving outcomes, experience and access for our local people and addressing inequalities

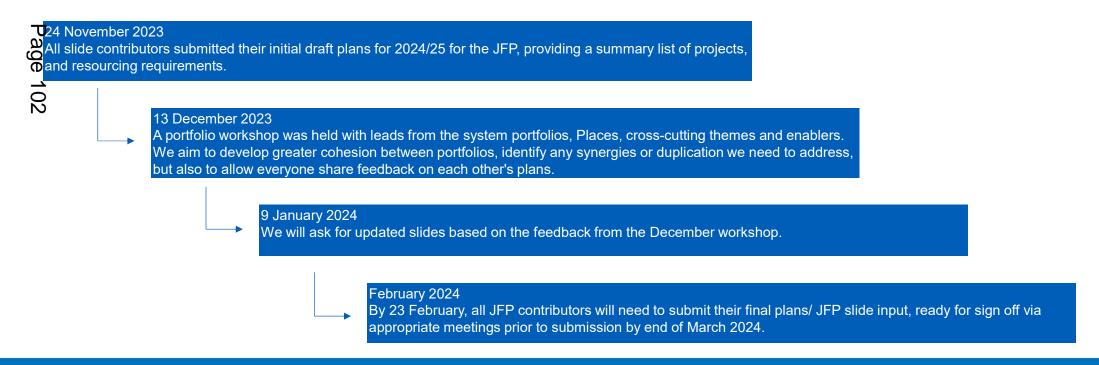
Sustainability of our system

^{*}reflect the NHS planning guidance and other NHSE guidance

Joint Forward Plan (JFP) Refresh for 24/25 - next steps

- Based on feedback and lessons learnt from this year's JFP development, we are now engaging with NEL stakeholders earlier within the system planning cycle in order to ensure improved awareness and input to the 24/25 JFP.
- The JFP will be refreshed annually so the document remains current. This JFP refresh continues to describe the challenges that we face as a system in meeting the health and care needs of our local people, but also the assets we hold within our partnership.

High-level timeline



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Main changes from the previous JFP

We published our first JFP on 30 June 2023 and we propose to keep the 2023/24 structure of the JFP, with some minor adjustments, as outlined below. Where references are made to figures, these will be updated to reflect the latest position.

Main additions:

- New slides to ensure we cover:
 - all our strategic system improvement portfolios in addition to our four strategic system priorities
 - our Place plans
 - our six cross-cutting themes and
 - our enablers

We have also included new slides outlining:

- what is important to our residents and how it impacts our plans
- our successes to date
- how we are developing a strategic outcomes framework to help us assess if we are having an impact.

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North East London (NEL) Joint Forward Plan - Refresh

January 2024



ALL SLIDES WITHIN THIS PACK ARE DRAFT VERSIONS

1. Introduction

Introduction

- This Joint Forward Plan is north east London's second five-year plan since the establishment of NHS NEL. In this plan, we build upon the first, refreshing and updating the
 challenges that we face as a system in meeting the health and care needs of our local people, but also the assets we hold within our partnership.
- We know that the current model of health and care provision in north east London needs to adapt and improve to meet the needs of our growing and changing population and in this plan we describe the substantial portfolio of transformation programmes that are seeking to do just that. We have now also included new slides our cross cutting themes and each of our seven Place based partnerships.
- The plan sets out the range of actions we are taking as a system to address the urgent pressures currently facing our services, the work we are undertaking collaboratively to improve the health and care of our population and reduce inequalities, and how we are developing key enablers such as our estate and digital infrastructure as well as financial sustainability.
- Our Joint Forward Plan will be refreshed yearly to reflect that, as a partnership, we have continual work to do to develop a cohesive and complete action plan for meeting all the challenges we face together. We will work with local people, partners and stakeholders to update and improve the plan yearly as we develop our partnership, to ensure it stays relevant and useful to partners across the system.

dighlighting the distinct challenges we face as we seek to create a sustainable health and care system serving the people of north east London

In submitting our Joint Forward Plan, we are asking for greater recognition of three key strategic challenges that are beyond our direct control. The impact of these challenges is increasingly affecting our ability to improve population health and inequalities, and to sustain core services and our system over the coming years.

- Poverty and deprivation which is more severe and widely spread compared with other parts of London and England, and further exacerbated by the pandemic
 and cost of living which have disproportionately impacted communities in north east London
- Population growth significantly greater compared with London and England as well as being concentrated in some of our most deprived and 'underserved' areas
- · Inadequate investment available for the growth needed in both clinical and care capacity and capital development to meet the needs of our growing population

In January 2023, our integrated care partnership published our first strategy, setting the overall direction for our Joint Forward Plan

Partners in NEL have agreed a **collective ambition** underpinned by a set of **design principles** for improving health, wellbeing and equity.

To achieve our ambition, partners are clear that a <u>radical new approach to how we work</u> <u>as a system</u> is needed. Through broad engagement, including with our health and wellbeing boards, place based partnerships and provider collaboratives we have identified <u>six cross-cutting themes</u> which will be key to <u>developing innovative and sustainable</u> <u>services</u> with a greater focus upstream on <u>population health and tackling inequalities</u>.

We know that <u>our people are key to delivering these new ways of working and the success of all aspects of this strategy</u>. This is why supporting, developing and retaining our work torce, as well as increasing local employment opportunities, is one of our four system prior the identified for this strategy.

Stakeholders across the partnership have agreed to focus together on **four priorities as a system**. There are, of course, a range of other areas that we will continue to collaborate on, we will ensure there is a particular focus on our system priorities. We have been working with partners to consider how all parts of our system can support improvements in quality and outcomes and reduce health inequalities in these areas.

We recognise that a **well-functioning system** that is able to meet the challenges of today and of future years is built on **sound foundations**. Our strategy therefore also includes an outline of our plans for how we will <u>transform our enabling infrastructure</u> to support better outcomes and a more sustainable system. This includes some of the elements of our new financial strategy which will be fundamental to the delivery of greater value as well as a shift in focus 'upstream'.

Critically we are committed to a <u>relentless focus on equity</u> as a system, embedding it in all that we do.

Both the strategy and this Joint Forward Plan build upon the principles that we have agreed as London ICBs with the Mayor of London

Our integrated care partnership's ambition is to "Work with and for all the people of north east London to create meaningful improvements in health, wellbeing and equity."

Improve quality and outcomes

Deepen collaboration

Create value

Secure greater equity

6 Crosscutting Themes underpinning our new ICS approach

- Tackling **Health Inequalities**
- Greater focus on <u>Prevention</u>
- Holistic and **Personalised** Care
- <u>Co-production</u> with local people
- Creating a <u>High Trust Environment</u> that supports integration and collaboration
- Operating as a <u>Learning System</u> driven by research and innovation

4 System Priorities for improving quality and outcomes, and tackling health inequalities

- Babies, Children & Young People
- Long Term Conditions
- Mental Health
- Local employment and workforce

Securing the foundations of our system

Improving our <u>physical</u> and <u>digital infrastructure</u>

Maximising <u>value</u> through collective financial stewardship, investing in prevention and innovation, and improving sustainability

Embedding <u>equity</u>

The delivery of our Integrated Care Strategy and Joint Forward Plan is the responsibility of a partnership of health and care organisations working collaboratively to serve the people of north east London

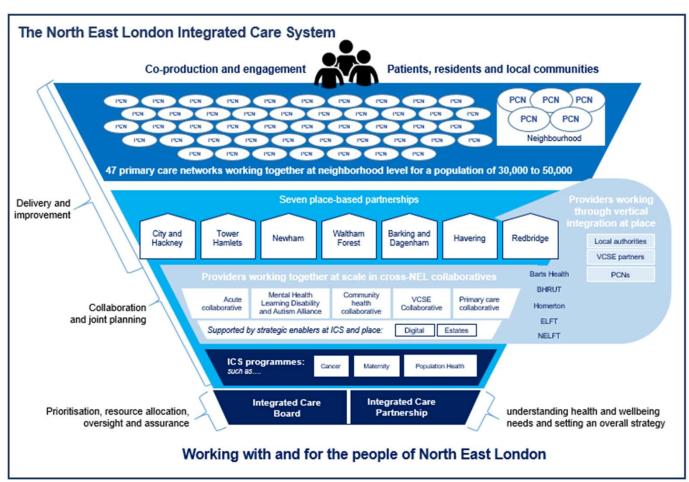
We are a broad partnership, brought together by a single purpose: to improve health and wellbeing outcomes for the people of north east London.

Each of our partners have positive impacts on the people of north east London – some providing care, others involved in planning services, and others impacting on wider determinants of health and care, such as housing and education. As we build upon and increase our collaboration and integrated ways of working the opportunity for greater impact will increase.

r partnership between local people and communities, the NHS, local authorities and the voluntary and community sector, is uniquely positioned to improve all assects of health and care including the wider determinants.

With hundreds of health and care organisations serving more than two million local people, we have to make sure that we are utilising each to the fullest and ensure that work is done, and decisions are made, at the most appropriate level.

Groups of partners coming together within partnerships are crucial building blocks for how we will deliver. Together they play critical roles in driving the improvement of health, wellbeing, and equality for all people living in north east London.



2. Our unique population

Understanding our unique population is key to addressing our challenges and capitalising on opportunities

NEL is a diverse, vibrant and thriving part of London with a rapidly growing population of over two million people, living across seven boroughs and the City of London. It is rich in history, culture and deep-rooted connections with huge community assets, resilience and strengths. Despite this, local people experience significant health inequalities. An understanding of our population is a key part of addressing this.



Rich diversity

NEL is made up of many different communities and cultures. Just over half (53%) of our population are from global majority backgrounds.

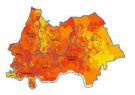
Our diversity means a 'one size fits all' approach will not work for local people and communities, but there is a huge opportunity to draw on a diverse range of community assets and strengths.



Young, densely populated and growing rapidly

There are currently just over two million residents in NEL and an additional 206,226 will be living here by 2041 (ONS).

We currently have a large working age population, with high rates of unemployment and self-employment. A third of our population has a long term condition. Growth projections suggest our population is changing, with large increases in older people over the coming decades.



Poverty, deprivation and the wider determinants of health

Nearly a quarter of NEL people live in one of the most deprived 20% of areas in England. Many children in NEL are growing up in low income households (up to a quarter in several of our places).

Poverty and deprivation are key determinants of health and the current cost of living pressures are increasing the urgency of the challenge.



Stark health inequalities

There are significant inequalities within and between our communities in NEL. Our population has worse health outcomes than the rest of the country across many key indicators. Health inequalities are linked to wider social and economic inequalities, including poverty and ethnicity.

Our population has been disproportionately impacted by the pandemic and recent cost of living increase.

Engaging our residents across NEL about their health, care and wellbeing

We are committed to our 'Working with people and communities' strategy, working with local people and those who use our services to identify priorities and the criteria against which we will monitor and evaluate our impact.



Over summer 2023 we engaged with around 2000 people via the 'Big Conversation' campaign that included an online survey, face to face community events and targeted focus groups including with Turkish mothers in Hackney, South Asian men in Newham and Tower Hamlets, Black African and Caribbean men in Hackney, older people in the City of London, patients with Long Covid in Hackney, men in Barking and Dagenham, Deaf BSL users in Redbridge, young people in Barking and Dagenham and Pakistani women in Waltham Forest.

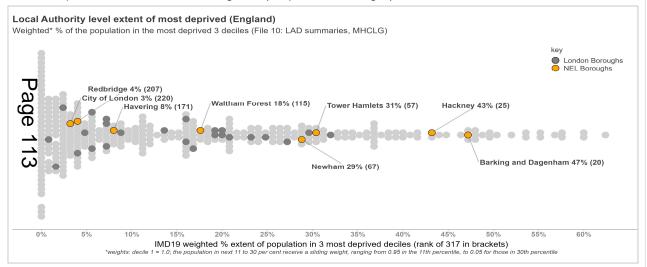
What we've heard people would like to see more of and what they believe makes a difference can be summarised as: **Good care.**

We will use these pillars to help us to understand whether we are making a difference to health and wellbeing outcomes.

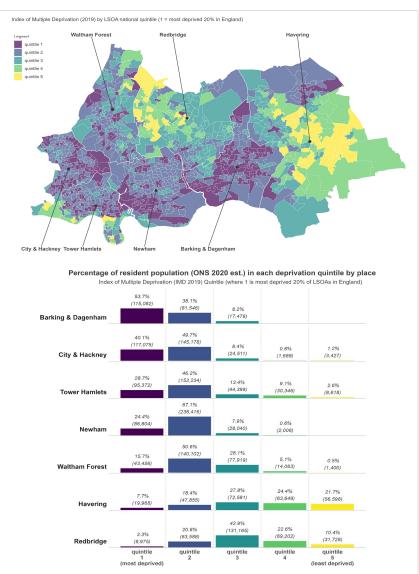
Key factors affecting the health of our population and driving inequalities - poverty, deprivation and ethnicity

Large proportions of our population live in some of the most deprived areas nationally. NEL has four of the top six most deprived Borough populations in London, and some of the highest in the country, with Hackney and Baking and Dagenham in the top twenty-five of 377 local authorities (chart below).

By deprivation quintile, Barking and Dagenham (54%), City and Hackney (40%), Newham (25%) and Tower Hamlets (29%), have between a quarter and more than half of their population living in the most deprived 20% of areas in England (map and chart right).



People living in deprived neighbourhoods, and from certain ethnic backgrounds, are more likely to have a long term condition and to suffer more severe symptoms. For example, the poorest people in our communities have a 60% higher prevalence of long term conditions than the wealthiest along with 30% higher severity of disease. People of South Asian ethnic origin are at greater risk of developing Type 2 Diabetes and cardiovascular disease, and people with an African or Caribbean family background are at greater risk of sickle cell disease.



To meet the needs of our population we need a much greater focus on prevention, addressing unmet need and tackling health inequalities



Child Obesity

Nearly 10% of year 6 children in Barking and Dagenham are severely obese. Nearly are third of children are obese (the highest prevalence rate in London).

NEL also has a higher proportion of adults who are physically inactive compared to London and England.



Mental Health

It is estimated that nearly a quarter of actults in NEL suffer with depression or article, yet QOF diagnosed prevalence is around 9%. Whilst the number of MH related attendances has decreased in 22/23, the number of A&E attendances with MH presentation waiting over 12 hours shows an increasing trend, increasing pressure on UEC services.



Tobacco

One in 20 pregnant women smokes at time of delivery. Smoking prevalence, as identified by the GP survey, is higher than the England average in most NEL places. In the same survey, NEL has the lowest 'quit smoking' levels in England.



Premature CVD mortality

In NEL there is a very clear association between premature mortality from CVD and levels of deprivation. The most deprived areas have more than twice the rate of premature deaths compared to the least deprived areas. 2021/22 figures showed for every 1 unit increase in deprivation, the premature mortality rate increases by approximately 11 deaths per 100,000 population.



Vulnerable housing

NEL has higher numbers of vulnerably housed and homeless people, including refugee and asylum seekers, compared to both London and England. At the end of September 2022, 11,741 households in NEL were in council arranged temporary accommodation. This is a rate of 23 households per thousand compared to 16 per thousand in London and 4 per thousand in England as a whole.



Homelessness

Shelter estimates in 2022 there were 42,399 homeless individuals in NEL inc. those in temp accommodation, hostels, rough sleeping and in social services accommodation. That's 1 in 47 people, compared to 1 in 208 people across England and 1 in 58 in London. People experiencing homeless have worse health outcomes & face extremely elevated disease and mortality risks which are eight to twelve times higher than the general population.



Childhood Poverty

Five NEL boroughs have the highest proportion of children living in low income families in London. In 2020/21, 98,332 of NEL young people were living in low-income families, equating to 32% of London's young people living in low-income families. Since 2014 the proportion of children living in low income families is increasing faster in NEL than the England average.



Childhood Vaccinations

The NEL average rate of uptake for ALL infant and early years vaccinations is lower than both the London and the England rates

There are particular challenges in some communities/parts within Hackney, Redbridge, Newham and B&D, where rates are very low with some small areas where coverage is less than 20% of the eligible population.

There is clear indication of unmet need across our communities in NEL

- For many conditions there are low recorded prevalence rates, while at the same time most NEL places have a higher Standardised Mortality Ratio for those under 75 (SMR<75) a measure of premature deaths in a population compared to the England average. Whilst some of this may be due to the age profile of our population, there may be significant unmet health and care need in our communities that is not being identified, or effectively met, by our current service offers.
- Analysis of DNAs (people not attending a booked health appointment) in NEL has shown these are more common among particular groups. For example, at Whipps Cross Hospital, DNAs are highest among people living
 in deprived areas and among young black men. Further work is now happening to understand how we can better support these groups and understand the barriers to people attending appointments across the system.

Population growth in NEL is set to continue which will increase the demand for local health and care services

North east London had the fasted growing population in the country over the last 20 years (2001 – 2021), this rapid population growth for NEL is forecast to continue driven by population demographics and London's housing plans.

The ONS forecast on which NHS allocations are based indicates continued high growth in NEL, however, the Greater London Authority (GLA) population projections which also take account of local housing plans point to growth being significantly higher than the ONS forecast. This is true even of the GLA's most conservative planning scenario. The implications of this are a significant lag in funding for NEL to match the rate of growth.

The ONS forecasts a growth in NEL population of **206,226** between 2021 and 2041.

GLA has produced planning scenarios indicating significantly increased growth in NEL:

Pest Delivery Scenario:

Housing growth at historic delivery rates
Projecting a population increase of **308,576** by 2041

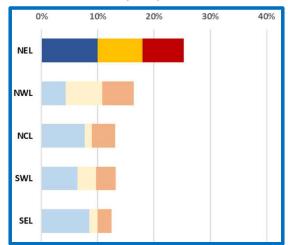
Identified Capacity Scenario

Housing growth in line with identified development sites Projecting a population increase of **331,432** by 2041

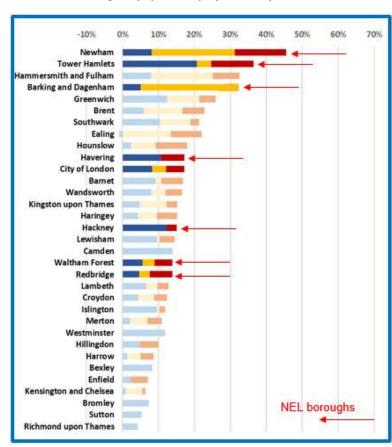
Housing Targets Scenario:

Housing growth in line with government housing targets Projecting a population increase of **379,757** by 2041

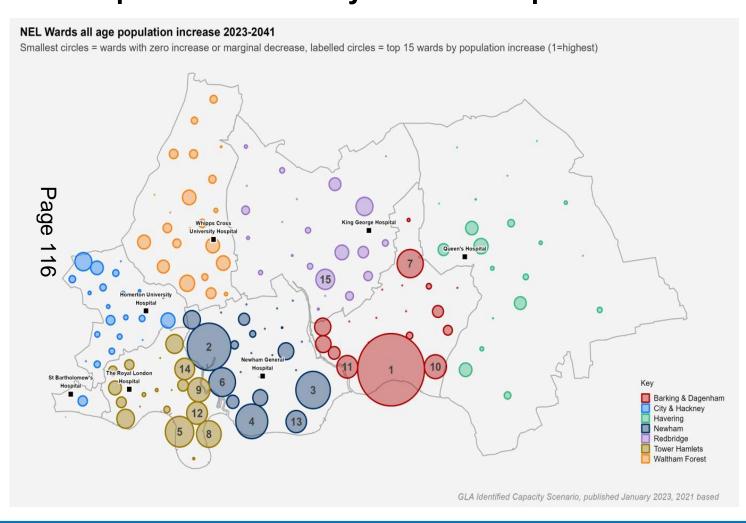
GLA housing-led population projections by ICS 2021-2041



GLA housing-led population projections by LA 2021-2041



Forecasted growth will be unevenly distributed across NEL particularly across our most deprived and currently underserved places



Our **rapidly growing** population experiences some of the worst **poverty and deprivation** in the country, with **poorer outcomes** across many indicators and evidence of **significant unmet need.**

Furthermore, our **hotspots of population growth** in NEL are focused in some of the most deprived parts of our geography including LB Barking & Dagenham where over half of the current population (54%) live in the most deprived quintile nationally and LB Newham where a quarter of the population live in the most deprived areas nationally (24%).

The place with highest projected growth in north east London (LB Barking & Dagenham) currently lacks the essential infrastructure for health and care. There is insufficient primary care capacity for existing growth in Barking and Dagenham and no acute provision whatsoever within the borough. This will mean service provision will likely need to adapt to new demands as uneven dispersed growth occurs.

Trends in growth across NEL have typically been in young people and adults – whereas future growth will be across adults and older people contributing to a forecast 72% increase in outpatient and inpatient activity over the next 19 years

3. Our assets

We have significant assets to draw on

North east London (NEL) has a growing population of over two million people and is a vibrant, diverse and distinctive area of London, steeped in history and culture. The 2012 Olympics were a catalyst for regeneration across Stratford and the surrounding area, bringing a new lease of life and enhancing the reputation of this exciting part of London. This has brought with it an increase in new housing developments and improved transport infrastructure and amenities. Additionally, the area is benefiting from investment in health and care facilities with a world class life sciences centre in development at Whitechapel. There are also plans for the Whipps Cross Hospital redevelopment and for a new health and wellbeing hub on the site of St George's Hospital in Havering, making it an exciting time to live and work in north east London.

Our assets

- The people of north east London bring vibrancy and diversity, form the bedrock of our partnership, participating in our decisions and co-producing our work. They are also our workforce, provide billions of hours of care and support to each other and know best how to deliver services in ways which work for them.
- Research and innovation continuously improving, learning from international best practice and undertaking from our own research and pilots, and our work with higher education and academia partners, to evidence what works for our diverse communities/groups. We want to build on this work, strengthen what we have learnt, to provide world-class services that will enhance our communities for the future.
- Leadership our system benefits from a diverse and talented group of clinical and professional leaders who ensure we learn from, and implement, the best examples of how to do things, and innovate, using data and evidence in order to continually improve. Strong clinical leadership is essential to lead communities, to support us in considering the difficult decisions we need to make about how we use our limited resources, and help set priorities that everyone in NEL is aligned to. Overall our ICS will benefit from integrated leadership, spanning senior leaders to front line staff, who know how to make things happen, the CVS who bring invaluable perspectives from ground level, and local people who know best how to do things in a way which will have real impact on people.
- Financial resources we spend nearly £4bn on health services in NEL. Across our public sector partners in north east London, including local authorities, schools and the police, there is around £3bn more. By thinking about how we use these resources together, in ways which most effectively support the objectives we want to achieve at all levels of the system, we can ensure they are spent more effectively, and in particular, in ways which improve outcomes and reduce inequality in a sustainable way.
- **Primary care** is the bedrock of our health system and we will support primary care leaders to ensure we have a multi-disciplinary workforce, which is responsive and proactive to local population needs and focused on increasing quality, as well as supported by our partners to improve outcomes for local people.

Our health and care workforce is our greatest asset

Our health and care workforce is the linchpin of our system and central to every aspect of our new Integrated Care Strategy and Joint Forward Plan. We want staff to work more closely across organisations, collaborating and learning from each other, so that all of our practice can meet the standards of the best. By working in multidisciplinary teams, the needs of local people, not the way organisations work, will be key. Where necessary, our workforce will step outside organisational boundaries to deliver services closer to communities.

Our staff will be able to serve the population of NEL most effectively if they are treated fairly, and are representative of our local communities at all levels in our organisations. Many of our staff come from our places already and we want to increase this further.

Our workforce is critical to transforming and delivering the new models of care we will need to meet rising demand from a population that is growing rapidly, with ever more complex health and care needs. We must absure that our workforce has access to the right support to develop the skills needed to deliver the health and are services of the future, and to adapt to new ways of working, and, potentially, new roles. All and digitalisation will play a major role in determining our workforce needs over the next ten years.

ICS People and Culture Strategy will ensure there is a system wide plan to underpin the delivery of our new Integrated Care Strategy and Joint Forward Plan, through adopting a joined up 'One Workforce for NEL Health and Social Care' across the system that will work in new ways, across organisational boundaries and be seamlessly deployed for the delivery of health and care priorities. The strategy will focus on increasing support for our current and potential workforce through the implementation of inclusive retention and health and well-being strategies, and creating innovative, flexible and redesigned heath and care careers.

It will ensure right enablers at System, Place, Neighbourhood and in our provider collaboratives, to strengthen the behaviours and values that support greater integration, and collaboration across teams, organisations and sectors. It will contribute to the social and economic development of our local population through upskilling and employing under-represented groups from our local people, through creating innovative new roles, values-based recruitment and locally-tailored, inclusive supply and attraction strategies in collaboration with education providers.



There are almost one hundred thousand people working in health and care in NEL, and our employed workforce is growing every year.

Our workforce includes:

- Over 5,600 people working in general practice (Aug 23)
- 47,638 people working in our Trusts (Aug 23)
- 46,000 people working in adult social care including the independent sector (22/23)
- These are supported by a voluntary sector workforce roughly estimated at over 30,000

There are opportunities to realise from closer working between health, social care and the voluntary and community sector

Voluntary, Community, and Social Enterprise (VCSE) organisations are essential to the planning of care and to supporting a greater shift towards prevention and self-care. They work closely with local communities and are key system transformation, innovation and integration partners.

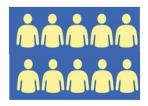
In NEL we are supporting the development of a VCSE Collaborative to create the enabling infrastructure and support sustainability of our rich and diverse VCSE in NEL, also ensuring that the contribution of the VCSE is valued equally.

Social care plays a crucial role in improving the overall health and well-being of local people including those who are service users and patients in north east London. Social care promotes people's wellbeing and supports them to live to dependently, staying well and safe, and it includes the provision of support and assistance to individuals who have difficulty carrying out their day-to-day activities due to physical, mental, or social limitations. It can therefore help to dependent hospital admissions and reduce the length of hospital stays. This is particularly important for elderly patients and those with chronic conditions, who may require long-term social care support to maintain their independence and quality life.

In north east London 75% of elective patients discharged to a care home have a length of stay that is over 20 days (this compares to 33% for the median London ICS).

The work of local authorities more broadly, including their public health teams, as well as education, housing and economic development, work to address the wider determinants of health such as poverty, social isolation and poor housing conditions. As described above, these are significant challenges in north east London, critical to addressing health and wellbeing outcomes and inequalities.

In our strategy engagement we heard of the desire to accelerate integration across all parts of our system to support better access, experience and outcomes for local people. We heard about the opportunities to support greater multidisciplinary working and training, the practical arrangements that need to be in place to support greater integration, including access to shared data, and the importance of creating a high trust and value-based environment which encourages and supports collaboration and integration.



There are more than 1,300 charities operating across north east London, many either directly involved in health and care or in areas we know have a significant impact on the health and wellbeing of our local people, such as reducing social isolation and loneliness, which is particularly important for people who are vulnerable and/or elderly.

Thousands of informal carers play a pivotal role in our communities across NEL, supporting family and friends in their care, including enabling them to live independently.

4. Our challenges and opportunities

The key challenges facing our health and care services

Partners in NEL are clear that we need a **radical new approach to how we work as an integrated care system** to tackle the challenges we face today as well as securing our sustainability for the future. Our Integrated Care Strategy highlights that a shift in focus upstream will be critical for improving the health of our population and tackling inequalities. The health of our population is at risk of worsening over time without more effective **prevention** and **closer working with partners** who directly or indirectly have a significant impact on healthcare and the health and wellbeing of local people, such as local authority partners and VCSE organisations.

Two of the most pressing and visible challenges our system faces today, which we must continue to focus on, are the long waits for accessing **same day urgent care**; and a large backlog of patients waiting for **planned care**. Provision of urgent care in NEL is more resource intensive and expensive than it needs to be and the backlog for planned care, which grew substantially during Covid, is not yet coming down, as productivity levels are only just returning to pre-pandemic levels. Both areas reflect pressures in other parts of the system, and have knock-on impacts.

The wider determinants of health are also key challenges that contribute to challenges. Most of our places we have seen unemployment rise during the pandemic, atthough this number is dropping, and we still have populations who remain unemployed or inactive.

e currently have a **blend of health and care provision for our population that is unaffordable**, with a significant underlying deficit across health and care providers (in excess of £100m going into 23/24). If we simply do more of the same, as our population grows, our financial position will worsen further and we will not be able to invest in the prevention we need to support sustainability of our system.

To address these challenges and enable a greater focus upstream, it is necessary to focus on **improving primary and community care services**, as these are the first points of contact for patients and can help to prevent hospital admissions and reduce the burden on acute care services. This means investing in resources and infrastructure to support primary care providers, including better technology, training and development for healthcare professionals, and better integration of primary care with community services. In addition, there is a need for better management and **support for those with long-term conditions** (almost a third of our population in NEL). People with LTCs are often high users of healthcare services and may require complex and ongoing care. This can include initiatives such as care coordination, case management, and self-management support, which can help to improve the quality of care, prevent acute exacerbation of a condition and reduce costs.

Achieving this will require our workforce to grow. This is a key challenge, with high numbers of vacancies across NEL, staff turnover of around 23% and staff reporting burnout, particularly since the COVID-19 pandemic.

The following slides describe these core challenges and potential opportunities in more detail. Where possible we have taken a population health approach, considering how our population uses the many different parts of our health and care system and why. More work is required to build this fuller picture (including through a linked dataset) and this forms part of our development work as a system.

Urgent and emergency Care including Transformation - is a system priority following the publication of the National UEC Recovery Plan

Key challenges

Detail

Nationally demand for urgent and emergency care continues to grow post Covid-19. Across NEL we have planned for a 2% growth in UEC demand

• Patients are presenting with more complex conditions.

Since the pandemic the increase in complexity and acuity is having knock-on impacts across
the urgent and emergency care pathway, this includes ambulance call-outs, ambulance
handovers, A&E 4 hour performance and length of stays

Conger term trends point to an increasing need for health and care

- Outside of the immediate challenges presented post pandemic we are facing a growth in demand due to:
- 1) population growth,
- 2) an ageing population, and;
- 3) greater numbers of people living with long term conditions.

Occupancy levels for our general and acute hospitals continues to be a challenge – especially during the winter

- High bed occupancy is a key driver for increased pressure across urgent and emergency care services. In NEL our bed occupancy has seen an increasing trend in the last 8 weeks. When our hospitals are full it is harder to find free beds for patients that need to be admitted.
- Higher occupancy coupled with longer lengths of stay also results in challenges in discharging
 patients back into their own homes or their communities. Across NEL an average of 10.79% of
 our G&A hospital beds are occupied by patients that are medically fit for discharge

Increasing demand and length of stay on emergency mental health services

 Long waits for people with mental health needs in A&E are increasing. 36.8% of A&E mental health attendances were waiting over 12 hours. This is an uptrend in the last QR across NEL

We have a large backlog of people waiting for planned care

Key messages

Demand for elective care is growing, adding to a large existing backlog

Activity levels vary week on week for many reasons and we haven't yet seen consistent week on week improvements in the total waiting list size

There are financial implications from over/under performance on elective care

Tackling the elective backlog is a long-term goal and will require continuous improvements to be made

There may be opportunities for improvements in elective care, particularly around LOS

Detail

- Demand for planned care is expected to grow by 19.7% between 2022/23 and 2027/28, or by around 4% per year.
- There are currently around 174,000 people waiting for elective care As of December 2022, 18 people had been waiting longer than 104 weeks, 843 longer than 78 weeks and 8,646 longer than 52 weeks.
- The 'breakeven' point for NEL's waiting list (neither increasing nor decreasing) requires an
 activity level of 4,281 per week*. This breakeven point is expected to increase by around 4% per
 year due to projected increases in demand.
- Activity levels vary throughout the year. For instance, in Sept-Dec 2022 trusts in NEL were
 reducing the overall number of waiters by 391 per week, whereas since then the overall number
 waiting has increased.
- We have an opportunity to earn more income (from NHSE) by outperforming activity targets, thereby bringing more money into north east London. If the additional cost of performing that extra activity is below NHSPS unit prices then this also supports our overall financial position.
- A reasonably crude analysis of our elective activity suggests that delivering elective care at the rate
 of our peak system performance for last year (Sept-Dec 2022) would lead to no one waiting over 18
 weeks by September 2027. This timescale would require an uplift in care delivery each year
 equivalent to expected demand increases (4% per year).
- An analysis of NEL against other London ICSs indicates that moving to the median LOS for elective admissions would reduce bed days by 13% and moving to the England median would reduce bed days by 31% (comparison excludes day cases).

We need to expand and improve primary care, including improving the way care is coordinated

- North-east London currently has fewer GP appointments per 100,000 weighted population than other ICSs in England.
 The national median is around 8% greater than in NEL, suggesting part of the cause of pressure on other parts of the
 system, including greater than expected non-elective admissions at the acute providers, may be due to insufficient
 primary care capacity.
- Over the year to September 2023, booked general practice appointments across NEL increased by about a third to over 11 million appointments (two thirds face to face and 77% within a week). NEL is on track to meet the operating plan trajectory of 1 million appointments by March 2024, this is a 3% increase of appointments on the previous year, taking population growth into account
- 47% of appointments were delivered by other professionals such as nurses and 44% of all appointments were seen on the same day as they were booked*. This figure includes both planned and reactive care. 57% of appointments were patient-initiated contacts, booked and seen on the same day.***
- There is wide variation in the number of delivered appointments or average clinical care encounters per week in NEL. For 2022/23 this ranges from 93.56 per 1000 (weighted registered) patients in Tower Hamlets, to 68.01 per 1000 (weighted registered) patients in Havering. The NEL average is 77.78 per 1000 (weighted registered) patients.**
- We are developing processes and technology to streamline patient access to the most appropriate type of appointment and advice, with clear signposting, for health care professionals and local people to ensure they are directed to the full range of services available at Practice and Place, in and out of general practice hours.
- Without substantial increases in primary care staffing the GP to patient ratio will worsen as demand for primary
 care increases in line with projected population growth. There are pockets of workforce shortages with significant
 variation in approaches to training, education and recruitment. We are focusing upon initiatives to keep our staff such
 as mentoring and portfolio careers having developed SPIN (specialised Portfolio innovation) which is the basis for the
 national fellowship programme which we are offering to GPs and other professional groups.
- There are opportunities to build on our best practice to further develop integrated neighbourhood teams, based on MDTs, social prescribing and use of community pharmacy consultation services, which will strengthen both our continuity of care of long term conditions and our ability to work preventatively.

Primary Care Networks (PCNs)

- Primary networks bring together GPs and other primary care professionals in small local areas to work together. They will work with new Integrated Neighbourhood Teams (INTs) to deliver joined up care based on individual and local needs.
- PCNs will be used to improves access, focus on preventative interventions, support personalised care, health education and harness wider community services through collaboration and navigation
- PCNs will involve practices and federations, social care, community health services, mental health survives, pharmacy, care homes links to hospitals and voluntary/community organisations.

Develop and build upon our community care resources

- Community care in north east London is currently fragmented, with four core provider trusts and over 65 other providers offering an array of community services. More work is required to understand the impact this has on patient outcomes and variability across NEL's places, but we know that for pulmonary rehab, for example, there is variation in service inclusion criteria and the staffing models used, and that waiting times vary between 35 and 172 days, with completion rates between 36% and 72% across our places and services.
- There are significant opportunities and synergies to improve community pathways given the co dependencies with neighborhood teams, long term conditions, planned care, primary care and UEC. Community services are key to optimizing admission avoidance and discharge but a resource shift is required to enhance preventative and community pathways

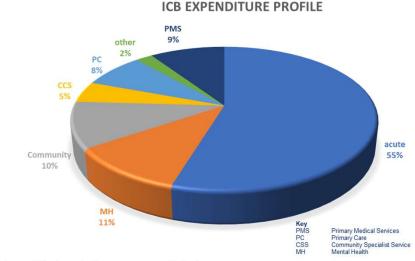
More children and young people are on community waiting lists in NEL than any other ICS (NEL is about average, across England, for the number of people on adult community waiting lists). Particular challenges are SALT, community pediatrics and neurodiversity pathways

Our adult waiting lists are very pressured, particularly regarding MSK pathways, SALT, podiatry and dietetics

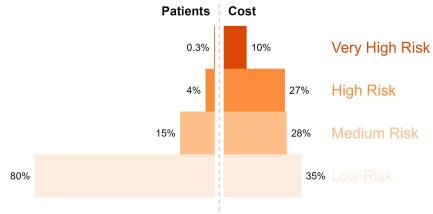
- Identifying and understanding the areas of greatest population and community need will provide a basis for community health care leads to support a joint planning approach. Allowing for agreement on priority areas under the context of service pressures. Approaching community health care in a targeted way and focusing on those areas of greatest need will also support reducing variance in services across the NEL system
- There is a need for a clear and current overview of community health services across the system and places. Linked to also being able to monitor the outcomes for residents of those services and the resources utilized, this will ensure that the NEL system is able to make the most efficient use of those community health services for the population.
- Improvement networks give us an opportunity to bring together best practice, jointly work on solutions that are led by clinicians and subject matter experts, in partnership with our users and carers. This approach will ensure equitable and consistent pathways, that are delivered locally and tailored to meet local population needs.

We need to move away from the current blend of care provision which is unaffordable

- The system has a significant underlying financial deficit, held within the Trusts and the ICB. Going into 2023/24 this is estimated to be in excess of £100m. This is due to a number of issues, including unfunded cost pressures.
- The system has therefore developed a financial recovery plan, which if delivered would result in a £31m deficit in 23/24.
- Current plans to improve the financial position, such as productivity/cost improvement
 programmes within the Trusts, are expected to close some of this financial gap and we
 know there are opportunities for reducing unnecessary costs, such as agency spend.
 The system is also looking at a range of further measures designed to improve the
 underlying run rate.
- n addition to a financial gap for the system overall, there are discrepancies between how much is spent (taking into account a needs-weighted population) across our places, in oparticular with regard to the proportion spent on out of hospital care.
- The system receives a very limited capital budget in 23/24 of £95m, significantly less than other London ICSs (which receive between £130m-£233m) and comparable to systems with populations half the size of NEL*. This puts significant pressure on the system and its ability to transform services, as well as maintain quality estate. In 24/25 the estimated budget is £86m.
- There is huge variation in the public health grant received by each of NEL's local authorities from central government. The variation is at odds with the government's intended formula (which is based on SMR<75) and is the result of grants largely being based on historical public health spend. This impacts on our ability to invest upstream in preventative services.
- As a system the majority of our spend is on more acute care and we know that this is driven by particular populations (0.3% of the population account for 10% of costs associated with emergency admissions; just under 20% account for 65%).



Risk stratified cost of emergency admissions



Percentage of emergency admission cost and patients attributable to risk hands for expected risk of admission for patients registered with a NEL GP in February 2023. Combined Predictive Model or up on NEL SUS data estimates risk of admission, Cost of all emergency admissions to patients in each risk band in Y2023 to January 2023 extracted from SUS. Patients with no risk score have been excluded from the analysis but follow a similar pattern to the low risk group. Data from NEL risk average to the result of the results of the

We are making progress – Our successes

Examples of transformation we have driven within existing resources

Cardiovascular Disease:

NEL ICS is the top ranking 1st in England in key Cardiovascular disease outcomes including management of hypertension, atrial fibrillation, chronic kidney disease, heart disease and stroke, and people at high CVD risk.

ELFT Community Health Services:

Pharmacy input into district nursing teams (HSJ Award category finalist) improved outcomes for both medicines management and medicines optimisation. Delivered via system innovation and new ways of working

Long Term Conditions:

The Non-Invasive Ventilation (NIV) Service, which went live in April 22, has been put in place for the management of chronic hypercapnic respiratory failure (CHRF). Previously the service was only available through Tertiary institutions however will now be delivered locally by BHRUT to patients at home.

First Contact Physiotherapy:

An integrated PCN wide physiotherapy clinic that required the set-up of a cross organisational booking system. Resulting in beneficial patient experience.

Children's LTCs:

City and Hackney practices have led the development of Long term conditions (LTC) integrated management with 80% of eligible children receiving an annual review with personalised care plan, 65% of children with diabetes, sickle cell and epilepsy receiving an annual care contact from their practice.

Elective Services:

We have an established planned care recovery and transformation programme. An integrated system programme initially set up in October 2021 to recover the elective backlog and improve equity of access for our population, led by the Acute Provider Collaborative.

Young Peoples Outpatient Services:

Tower Hamlets has established a young people's GP clinic called 'Health Spot' aligned with youth provision rights in order to provide a trusted approachable environment where young people are able to see a doctor, specialist nurse or mental health worker. Supporting them with integrated holistic healthcare, health literacy and empowerment.

Transforming Outpatient Services:

Our GPs can now receive advice directly from a number of specialist consultants, reducing hospital attendance and giving speedy care. In 2022/23 we achieved against the 16% national ask for advice and guidance requests across 2022/23, and for approximately 29% of all outpatient appointments in January.

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5. How we are transforming the way we work

Across the system we are transforming how we work, enhancing productivity and shifting to a greater focus on prevention and earlier intervention

- The previous section set out the challenges that the north east London health and care system needs to address to succeed in its mission to create meaningful improvements in health and wellbeing for all local people
- North east London's portfolio of transformation programmes has evolved organically over many years: rooted in the legacy CCGs and sub-systems, then across the
 system through the North East London Commissioning Alliance and the single CCG, and now supplemented by programmes being led by our place partnerships,
 provider collaboratives, and NHS NEL.
- It has never previously been shaped or managed as a single portfolio, aligned to a single system integrated care strategy.

As part of moving to this position, this section of the plan baselines the system portfolio with programmes set out according to common descriptors – providing a single view never previously available across the system, with the scale of the investment of money and staff time in transformation clearer than ever before.

This section sets out how partners across north east London are responding to the challenges described in the previous section. It describes how they are contributing to our system priorities by considering five categories of improvement

- 1. Our core objectives of high-quality care and a sustainable system
- 2. Our NEL strategic priorities
- 3. Our supporting infrastructure
- 4. Place based Partnerships priorities x7
- 5. Our cross-cutting programmes

Urgent and emergency care

Portfolio vision, mission and key drivers:

The aim of our portfolio is to improve access to urgent and emergency care for local people that meets their needs and is aligned with the UEC national plan. The portfolio is structured around five strategic system goals: **Prevention** of conditions, **Management** of existing conditions and needs, **Timely intervention** for escalation of needs or new needs and conditions, **Timely and effective return** to community setting following escalation, underpinned by **data**, **governance**, **effective pathways and enablers**. The national and local drivers focus on **increasing capacity**, **growing the workforce**, **speeding up discharge** from hospitals, **expanding new services in the community** and helping people access the **right care first time**.

Key stakeholders:

Place, PCNs, practices, pharmacy, Acute, Community and mental health collaboratives and Urgent and emergency care services. Healthwatch and patient groups.

Key programmes of work that will deliver the vision and mission

The work within the portfolio is mapped against our strategy goals and four outcomes. 1) strengthening provision and access to alternative pathways, 2) optimising flow through hospitals, 3) using population health management to keep people well in the community and 4) setting up governance and pathways to form system wide sustainable plans.

There are a range of projects to deliver on these outcomes that have been divided into directly managed by UEC portfolio and those sitting in other portfolios.

UE directly managed – 111 procurement and development, hospital flow, ambulance flow, system co-ordination centre, urgent treatment centres, virtual wards and winter planning.

Other delivery areas such as same day access, urgent community response, mental health pathways and planned care sit in other portfolios but will be monitored and reported to the UEC Board.

Additionally establishing the NEL UEC PMO and governance will provide infrastructure to deliver a measurable impact.

Details of engagement with places, collaboratives and other ICB portfolios

One to ones throughout the summer to understand local strategies and plans to build up the NEL UEC portfolio. Work underway to propose new ways of working and governance structures. Collaboration will be at the heart of the portfolio.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

April 2025:

• System co-ordination centre set up in line with specification

Reduction in delayed discharges and improvements to A&E performance

• Elimination of ambulance handover waits over 45 minutes

• 111 provider working to a new specification following procurement process

• Expansion and coordination of virtual wards beds

April 2026:

April 2027:

Engagement with the public:

Engagement activities have taken plan at Place and Trust level which has informed plans and communications – to date there have been NEL UEC patient engagement activities

Community Health Services

Portfolio vision, mission and key drivers:

- Develop a consistent community services offer across NEL
- Improving population health and outcomes, working closely with residents
- · Supporting neighbourhoods and PLACEs to enable people to stay well and independent, for as long as possible, wherever they call home
- Creating wider system value by unlocking system productivity gains
- Using evidence to understand the totality of services, outcomes and resources across NEL, identifying opportunities for improved outcomes
- Create and facilitate collaborative partnerships with local authorities, primary care, health providers, and the independent voluntary and charitable sector
- Supporting wider system pressures by maximising CHS opportunities (i.e LAS call outs, UEC attendances, unplanned care, LA residential care pressures)

Key stakeholders:

- 7 PLACEs
- ELFT
- NELFT
- Homerton
- Barts
- 65 plus bespoke providers

Key programmes of work that will deliver the vision and mission

- Leading joint approach to Planning for the first time across NEL
- Coordinating finance discussions across NEL re pressures, risks and priorities
- Developing and evolving Improvement Networks, bringing together subject matter experts and creating a conducive environment to design best practice wathways and consistent offers across NEL
- CYP Improvement network 15th November
- Rapid Response and Falls Network TBC January '24
- R and Falls likely to lead to Improvement Network re Community Nursing/integration opportunities across health and social care workforce
- Kiscussions re MSK pathway in train with Planned Care colleagues
- Aligning with Digital work, Proactive Care, Universal Care Plan, Fuller
- Maximising opportunities for CHS blueprint/integration via Whipps X (WF and RB), St Georges HWB Hub (Havering) and Porters Ave (LBBD)
- Comprehensive CHS Diagnostic planned (to procure Dec '23) giving a bottom up approach from a PLACE perspective, to gain NEL wide understanding of resource, quality outcomes, user and carer experience, cost, workforce across health, local authorities, primary care, VCS

Details of engagement undertaken with places, collaboratives and other ICB portfolios

- Joint planning sessions 1st Nov and 11th Dec (45+ people across PLACEs and providers)
- 121 discussions with Place Directors, core provider leads
- Engagement across collaboratives and programmes (UEC, LTC, BCYP, Planned Care)
- Joint meeting with Primary Care Collab Dec '23

Co dependencies on other programmes

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Developing Consistent pathways and models for CHS, minimising variances in outcomes and experience
- · Maximising opportunities to integrate and avoid duplication

Engagement with the public:

- Patient engagement at an early stage but conversations with Patient experience leads Nov '23 to utilise existing forums
- Well established carer and user infrastructure in BCYP

Primary Care

Portfolio vision, mission and key drivers:

Our vision is for north east London to be a place where you can access consistent high-quality primary care, from a dedicated, motivated and multi-skilled workforce enabling local people to live their healthiest lives

The aim of our portfolio is to deliver on ambitious plans to transform primary care, offering patients with diverse needs a wider choice of personalised, digital-first health services through collaboration with partners across the health and social care and communities. National and local plans place a focus on improving access, prevention, personalisation, tackling inequalities and building trusting environments.

Our local challenges include population growth, deprivation, exacerbating poor physical and mental health and workforce retention and development and a financial challenge urging cost effectiveness and efficiency

Key stakeholders:

Place, PCNs, practices, pharmacy, Acute, Community and mental health collaboratives and Urgent and emergency care services. Healthwatch and patient groups.

Key programmes of work that will deliver the vision and mission

There are a range of programme that make up the primary care portfolio to ensure the delivery of our goals.

Empowering patients - supporting patients to manage own health, stay healthy and access services. Improving access - providing a range of services and assistance to respond to patient needs in a timely manner. Modernising primary care - developing new and digital tools to support highly responsive quality care. Building the workforce - staff recruitment, retainment and develop plans in place to improve job satisfaction and flexibility. Working smarter - reduced workload across primary/secondary services and improvements to sustainable and efficient ways of working. Optimising enablers - estate, workforce and communication plans to support the implementation of our goals.

Integrated Neighbourhood Teams (INT) are pivotal to transforming Primary Care and will be delivered through work responding to the Fuller recommendations. A framework will offer a streamlined approach for the delivery by integrating Primary Care, including Pharmacy, Optometry and Dentistry, alongside wider health care, social care and voluntary sector organisations. INTs will facilitate care, through 'teams of teams' approach enabling continuity of care. These teams will also be instrumental in broadsning the availability of care, providing extended in and out-of-hours services, including urgent care. A single point of contact through advanced cloud-based telephony systems will streamline access to care, while improved signage and navigation will guide patients to the right services.

The Fuller initiatives are accompanied by other enabling programmes. **People**, will bolster the **capacity of the ARRS roles**, **establish training and development opportunities**, and **determine the ideal workforce** for INTs. Infrastructure, including, Estates and Data will align current plans to INT requirements, as well as **Digital First** which aims to improve digital access (including remote consultation). NHS App usage, improving practice efficiency and increasing competence to use digital tools.

Wider programmes which are fully or partly delivered through primary care providers, include, **Pharmacy**, enhancing the role of the community pharmacy to improve access and patient self-management, **Long Term Conditions (LTCs)**, including a range of interventions such as case-finding, annual or post-exacerbation reviews for targeted patients, as well as programmes that sit in other collaboratives such as **Personalisation** and **Vaccinations**. Other transformational projects to improve dental and optometry services will be developed in the future as their provider groups mature.

Details of engagement undertaken with places, collaboratives and other ICB portfolios

A number on workshops with collaboratives, places and the UEC/ LTC / digital / workforce programmes.

The portfolio is overseen by a lead for UEC portfolio to strengthen interplay. Working in conjunction with other portfolios is a key improvement area following the deep dive in October Webinars held for PCNs to promote digital tools

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

April 2025:

- Same day handling of all calls to practices
- All practices transferred to cloud based telephony
- Improvements to NHS app and practices websites and e-Hubs
- All practices offering core and enhanced care for people with LTCs
- Additional services from community pharmacies
- All Places have INTs established for at least one patient cohort

April 2026:

 All practices will be CQC rated as GOOD or have action plans to achieve this further equalisation of enhanced services (IN DEVELOPMENT)

April 2028:

 Streamlined access to a universal same-day care offer, with the right intervention in the right setting and a responsive first point of contact Engagement with the public: Enhanced access engagement exercise with practices in 2022. London wide digital tools engagement involved NEL residents. Fuller programme plans to engage on the SDA vision

Planned Care

Portfolio vision, mission and key drivers:

- The aim of the programme is to reduce waiting times for elective care in line with the national recovery plan so that no one is waiting more than 52 weeks by March 2025
- This will be delivered through an integrated system approach to improving equity of access to planned care for the people of North East London by focusing on 3 primary drivers managing demand, optimising capacity & creating new capacity.
- The portfolio of planned care recovery & transformation work spans the elective care pathway from pre-referral to treatment encompassing out of hospital services, outpatients, diagnostics and surgery.
- The planned care portfolio consists of three significant programmes of work outpatient & out of hospital transformation; diagnostic recovery & transformation and surgical optimisation. The activities and interventions undertaken with these programmes are designed to improve the management of demand, optimise existing capacity and support and enable the creation of new capacity

Key stakeholders:

- Trusts
- APC
- ICB
- Place Based Partnerships
- Primary Care Collaborative including PCNs
- Community Care Collaborative
- Independent Sector Providers acute and community
- Clinical and operational teams across all acute Trusts

Key plogrammes of work that will deliver the vision and mission

The patrolio of planned care recovery & transformation work spans the elective care pathway from pre-referral to treatment encompassing;

- Oppatients and out of hospital services The aim of this programme is to optimise the use of our existing outpatient capacity whilst transforming how we work together across primary, community and secondary care to manage demand for services and create a sustainable outpatient & out of hospital system. Achieving this requires transformation across the whole pathway, as well as the way in which outpatient clinics are organised and delivered
- **Diagnostics** The recovery and transformation of diagnostics includes a broad portfolio of work encompassing imaging, endoscopy, pathology and physiological measurement. The aim of the programme is to create resilient diagnostic services to support elective, including cancer, pathways
- Surgical Optimisation The focus of this programme is to ensure we are using our available elective surgical capacity to increase volumes of activity and reduce waiting times. This includes Trusts improving the utilisation of their elective theatre capacity and optimising the use of NHS and ISP capacity to reduce waiting times. NEL has secured @ £33m investment from the target investment fund to open new theatres in Hackney, Newham and Redbridge, which are expected to operate as system assets.

Details of engagement undertaken with places, collaboratives and other ICB portfolios

The planned care recovery & transformation programme is an integrated system programme with system wide engagement at its heart. Priorities, governance and delivery structures have been created over the last 2 years with primary care, the ICB, PBP and acute providers.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

In NEL, this will mean delivering reduction in waiting times and reducing the variation in access that exists. Key benefits include;

- Reduce variation in service provision and improve equity of access
- Improve referral pathways. Enable patients to get the right service at the right time
- Improve patient accessibility to diagnostics, in order to; reduce pressures on primary and unplanned care, reduce waiting times, reduce steps in patient pathway, reduce follow-up activity; reduce non-admitted PTL, improved utilisation of imaging capacity
- · Increase surgical activity at all sites, avoid wasted capacity, enable patients to be offered surgery at sites with shortest wait

Engagement with the public:

The national elective recovery plan has been developed with widespread public engagement. Our programme reflects these priorities, which are adapted to meet the needs of our local population.

Cancer

Portfolio vision, mission and key drivers:

The North-East London Cancer Alliance is part of the North East London Integrated Care System and is committed to improving cancer outcomes and reducing inequalities for local people.

Our aim is that everyone has equal access to better cancer services so that we can help to:

- · Prevent cancer
- · Spot cancer sooner
- Provide the right treatment at the right time
- Support people and families affected by cancer
- Drivers
- · Our work enables the ICB to achieve its objectives, as set out in the strategy, across the ICB's six cross-cutting themes:
- Tackling Health Inequalities
- · Greater focus on Prevention
- · Holistic and Personalised Care
- Co-production with local people
- Creating a High Trust Environment that supports integration and collaboration
- Operating as a Learning System driven by research and innovation

Key stakeholders:

Patient and Carers Providers, Partners, PLACE Cancer board APC Board and National / Regional Cancer Board

U

Key Regrammes of work that will deliver the vision and mission

- programme consists of projects to improve diagnosis, treatment and personalised care.
- Kep milestones to be delivered by March 2025 and 2026 include:
 - → Deliver BPTP milestones in suspected prostate, lower GI, skin and breast cancer pathways:
 - (A) Delivering the operational plan agreed for 28d FDS, combined 31d treatment, and 62d cancer standards.
 - Deliver 100% population coverage for Non-Specific Symptoms (NSS) pathways.
 - Ensure sustainable commissioning arrangements for NSS pathways are in place for 2024/25
 - TLHCs provided in 3 boroughs with an agreed plan for expansion for all boroughs by 2025.
 - Develop and deliver coproduced quality improvement action plans to improve experience of care.
 - Support the extension of the GRAIL interim implementation pilot into NEL.
 - Ensure all patients are offered the personalised care package with equal access to psychological support, pre-habilitation and rehabilitation services.
 - Personalised stratified pathways can reduce outpatient attendance and allow patients to be monitored remotely reducing the need to attend clinics.
 - Improve the quality of life and support patients need to live beyond cancer.

Details of engagement undertaken with places, collaboratives and other ICB portfolios

- Weekly APG Operational delivery meeting
- Tumour specific Experts Reference Group (ERG)
- Project Delivery Groups (PDG)
- Cancer board internal assurance
- Programme Executive Board NEL operational delivery
- APC Board, CAB and National / Regional Cancer Board

Summary of the benefits/impact that North East London local people will experience by April 2025 and April 2027:

2025/26

- > Access to Targeted Lung Health Check service for 40% of the eligible population
- ➤ Invitation for up to 45,000 people into the GRAIL pilot
- > Continued mainstreaming as part of the Lynch Syndrome pathway
- > Improved quality of life and experience of care.

2027/ 28:

- Early cancer diagnosis: 75% of cases diagnosed at stage 1 or 2 by 2028.
- > Improved uptake of cancer screening
- > Every person in NEL receives personalised care and support from cancer diagnosis

Engagement with the public:

Patient Reference groups Campaign workshops

Maternity

Portfolio vision, mission and key drivers:

- Three year delivery plan for maternity and neonatal services: 2023-2026. This has consolidated the improvement actions committed to in Better Births, the NHS Long Term Plan, the Neonatal Critical Care Review, and reports of the independent investigation at Shrewsbury and Telford Hospital NHS Trust and the independent investigation into maternity and neonatal services in East Kent. The expectations on Local Maternity and Neonatal Systems are that they focus on the following areas;
- > Listening to, and working with, women and families with compassion
- Growing, retaining, and supporting our workforce
- > Developing a Culture of safety, learning and support
- > Standards and structures that underpin safer, more personalised and more equitable care

Key stakeholders:

All LMNS and APC board Stakeholders (PBC, LA, Trusts, MNVPs- service users, Third sector organisations) Regional Maternity Transformation Team, Chief Midwife Office, ICB BCYP, Public Health.

Key programmes of work that will deliver the vision and mission

- Pelvic Health Service: All women experiencing urinary incontinence to be able to access postnatal physiotherapy up to 1 year post delivery
- Creased breastfeeding rates, especially amongst babies born to women from black and minority ethnic groups or those living in the most deprived areas.
- Widwifery Continuity Care, prioritising the provision to women from Black and minority ethnic (BAME) groups who will benefit from enhanced models of pare.
- Perinatal Optimisation Programme:
- · Develop pathways to manage abnormally invasive placenta across NEL
- Workforce and Development Projects

Details of engagement undertaken with places, collaboratives and other ICB portfolios

All LMNS and APC board Stakeholders (PBC, LA, Trusts, MNVPs- service users, Third sector organisations)
Regional Maternity Transformation
Team, Chief Midwife Office, ICB BCYP,
Public Health.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- By reducing stillbirth, maternal mortality, neonatal mortality, and serious brain injury in women and babies from BAME groups and women from deprived areas. National ambition
 to reduce by 50% by 2025
- By closely aligning maternity and neonatal care to deliver the best outcomes for women and their babies who need specialised care by achieving <27 weeks IUT.
- . By improving personalised care for women with heightened risk of pre-term birth, including for younger mothers and those from BAME groups and deprived backgrounds
- By ensuring that all providers have full baby-friendly accreditation and that support is available to those who are from BAME groups and/or living in deprived areas who wish to breastfeed their babies
- Ensuring local maternity and neonatal voice partnerships (MNVPs) have the infrastructure they need to be successful and put service user voices at the heart of service improvement. This includes funding MNVP workplans and providing appropriate training, and administrative and IT support.

Engagement with the public:

MNVPs, Third Sector organisations and communities identified in the E&E LMNS report.

Babies, children and young people

Portfolio vision, mission and key drivers:

Vision: To provide the best start in life for the babies, children and young people of North East London.

Mission: The BCYP Programme aims to reduce unwarranted variation and inequality in health and care outcomes, increase access to services and improve the experience of babies, children, young people, families and carers and strengthen system resilience.

Through strong working relationships across health and social care partners, we will increase collaboration, enhance partnership working and innovation, share best clinical and professional practices with each other and deliver high quality services.

Drivers: NEL Integrated Care Strategy, NHS Priorities and Operational Planning Guidance, NHS Long Term Plan, Ongoing impact of COVID-19 pandemic, Royal College of Paediatrics and Child Health – State of Child Health, Academy of Medical Royal Colleges – Prevention is better than cure and NHS England (London Region) Children and Young People's mandated requirements.

Key stakeholders:

ICB Executive, BCYP SRO, Place Directors; Collaborative/ Programme Directors; Provider Directors; GP CYP Clinical Leads;

Directors of Children's Social Care; Designated Clinical/Medical Officers; NHSE (London) CYP Team; North Thames Paediatric Network; Safeguarding Team; Parent Forums

Key programmes of work that will deliver the vision and mission

Acut are - priorities are CYP elective care recovery, diabetes, allergy and addressing urgent and emergency care priorities for BCYP.

Compunity-based care -priorities are local integrated care child health pilots, increasing capacity (including 7 day access to children's community nursing and hospital@home), improving children's community service waiting times;

National/regional mandated priorities including long term conditions;

Primary care – priorities are BCYP unregistered with a GP, YP access to integrated health hubs; 'You're Welcome standards and Child Health training curriculum:

Special Education Needs and Disabilities (SEND) - SEND Inspection Readiness Group to ensure Places and ICB are prepared for new Ofsted Inspection framework and are meeting NHSE requirements. Focus Areas – Autism and Diagnostic pathways and Pre and Post offers of support for families.

Special cohorts including Child Sexual Abuse (CSA) hub, looked after children and care experienced young people.

Details of engagement undertaken with places, collaboratives and other ICB portfolios

Acute, community, mental health/learning disabilities and autism and primary care collaboratives. LTC and UEC Programmes. Places via NEL BCYP Delivery Group

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

Care is delivered closer to home as our children, young people, their families and carers have requested;

Enhanced quality of care for BCYP with asthma, diabetes and epilepsy;

Improved access to primary and integrated care for BCYP via integrated health hubs;

CYP with SEND will receive integrated support across education, health and care and reduced waiting times for SLT and autism;

Prescription poverty for our care leavers will be tackled.

Reduce the impact of child sexual abuse through improved prevention and better response.

Engagement with the public:

Via Providers. SEND Parent's Forum National Voices

Long Term Conditions

Portfolio vision, mission and key drivers:

Our vision - To support everyone living with a long-term condition in North East London to live a longer, healthier life and to work to prevent conditions occurring for other members of our community, and support communities to prevent LTC onset or progression

Mission - Listening to communities to understand how we can support patients in managing their own conditions

- Reduce working in silos and embed a holistic approach to LTCs
- Reduce unwarranted variation and inequality in health and care outcomes
- Increase access to services and improve the experience
- Working partners to prevent residents from developing more than one LTC through early identification of risk factors
- · To ensure there are appropriate interventions and services that support a patient in preventing or managing an exacerbation of their condition
- Keep hospital stay short and only when needed
- To ensure we effectively plan and provide services that are value for money

Kev drivers -

Long-term conditions have a national and regional focus as a core component of the Long Term Plan, with attention on Cardiovascular disease, stroke, diabetes, and respiratory. Furthermore, LTCs are entwined with us to address inequalities, and we support projects such as Core25Plus and Innovation for Healthcare Inequalities Programme

Long-term conditions (LTCs) is 1 of NEL's 4 System Priorities for improving quality and outcomes and tackling health inequalities. This is reflected in Place-based priorities which all have identified one or more LTCs

- . Across NEL, one in four (over 600 thousand people) have at least one long-term condition, with significant variation between our places (in Havering, the figure is 33%, vs 23% in Newham and Tower Hamlets)
- NEL is the highest performing ICB in England for many outcomes related to CVD, stroke, and renal, but local social demographics put the system at risk of continued growth in
- Nationally, long-term conditions account for half of GP appointments, 64 percent of all outpatient appointments, and over 70 percent of all inpatient bed days. $\boldsymbol{\omega}$
 - . The most deprived areas, people acquired three or more conditions (complex multimorbidity) when they were 7 years younger, compared with the least deprived.

Key programmes of work that will deliver the vision and mission

Primary LTC prevention & Early identification

Social determinants of health (SDOH) impact 80% of health outcomes from chronic disorders and across NEL we have areas of significant deprivation which is linked with increased prevalence of long-term health condition and lower life expectancy

We want to work with our local population to empowering and enabling people to manage their own health and engage in healthy behaviours across their lives, so they don't develop a LTC.

Secondary prevention and avoiding complication

DH data has demonstrated that 9 out of 10 strokes could be prevented and up to 80% of premature CVD deaths are preventable, if risk factors could be controlled. Working with social communities, and ensuring we provided person focused early identification, secondary care and avoiding complication enables us to improve outcome and reduce exacerbation of an LTC

Co-ordinated care and equability of service

Across NEL, one in four (over 600 thousand people) have at least one long-term condition, with significant variation between our places. The feedback from the Big Conversation reflects the need to join-up care and move forwards person focused approach. Working with colleagues at place we aim to continue to review current provision and reduce unwarranted variation in care across the pathway, with an aim of improving health outcomes

Enabling people to live well with a LTC and tertiary prevention

The effective support and management of LTC will increasingly require the management of complexity, and moving away from a single condition approach. In NEL 3 in 5 patients with a diagnosed long term condition have only one condition, the other 2 in 5 have multiple co-morbidities, of which diabetes and hypertension were most common

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

Work toward national targets including:

- Improve detection of atrial fibrillation and ensure appropriate stroke risk reduction through anticoagulation by 2029 85% of expected numbers with AF are detected, and 90% of patients with AF and high risk of a stroke on anticoagulation.
- Improve detection of undiagnosed hypertension and ensure those with hypertension are controlled to target by 2029 80% of expected numbers with hypertension are detected and 80% of people with high blood pressure are treated to target
- Improve access to and uptake of Cardiac Rehabilitation (CR) by 2029 85% of eligible patients are accessing CR
- Reduction of type 2 diagnoses / delayed onset in residents developing Type 2 (T2) diabetes delivered through an increase the number of people referred and starting the National Diabetes Prevention Programme (DPP) 45% of eligible populations).
- nting with symptoms of Transient Ischaemic Attack will have access 7 days a week to stroke professionals who can provide specialist assessment and treatment within 24 hours of symptom onset thus preventing long term disability

Key stakeholders:

- · Residents and communities
- Place based teams
- Regional and National colleagues
- Organisation Delivery Networks
- Voluntary organisations
 - Specialised Services
- Pharmacy and Medicine Optimisation
- Primary care
- Babies, Children and Young People
- Communities services
- Community collaborative
- Planned care
- Acute Provider Collaborative
- Mental health programme and collaborative
- Urgent Care programme
- BI and insights
- Communication and engagement
- Contracting and finance

Details of engagement undertaken with places, collaboratives and other ICB portfolios

Places - working with Heads of Live well across the 7 places who are responsible for LTCs Clinical/improvement Networks -

wider engagement with trusts,

community providers, pharmacy, primary care and place

Organisation Delivery Networks (renal and CVD/cardiology)

Other programme directors including specialised service, community, mental health, BYCP.

Engagement with the public:

The big conversation which consists of 56 focus groups, 430 attendees of key community events and local survey focused on LTCs and the outputs are incorporated into priorisation for 24/25.

Furthermore, we have incorporated feedback at service level such PR and diabetes

Mental Health

Portfolio vision, mission and key drivers: the aim of the Mental Health, Learning Disability and Autism Collaborative is to work together to improve outcomes, quality, value and equity for people with, or at risk of, mental health problems and/or learning disability and autism in North East London. We do this by putting what matters to service users and their families front and centre of everything we do.

The service user and carer priorities that represent our key drivers include:

- · Improving peoples' experience of accessing mental health services, including their first contact with services, and ensuring equity of access
- Children and young people can access different support from different people, including those with lived experience, when and where they need it
- · People with a learning disability have the support they need and a good experience of care, no matter where they live

Key stakeholders: NHS North East London, East London NHS Foundation Trust, North East London NHS Foundation Trust, local authorities, primary care, voluntary, community and social enterprise sector organisations, service users, carers & residents

Key programmes of work that will deliver the vision and mission

- 1. Investing in and developing lived experience leadership across the MHLDA Collaborative so that experts by experience are active and equal partners in leading improvement and innovation across mental health, learning disability and neuro-developmental services
- 2. Continuing the work led by our children and young peoples' mental health improvement network to reduce unwarranted variation across boroughs, and to do more of what works to reduce self-harm and improve outcomes for young people
- 3. Accelerate the work of our talking therapies improvement network to improve access, and continue to transform and improve community mental health services, with a particular focus on improving equity of access for minoritised groups and people with neurodevelopmental needs
- 4. Continue our focus on improving mental health crisis services and alternatives to admission while also working to ensure that quality inpatient services are available for those who need them making sure that people get the right support, at the right time, and in the right place
- 5. Working to develop core standards for community learning disability services, with a view to reducing unwarranted variation between boroughs, and sharing good practice to support our specialist workforce better

Details of engagement undertaken with places, collaboratives and other ICB portfolios: Place based priorities for mental health are the cornerstone of our plans. We also connect closely with the Acute Provider Collaborative on mental health support in emergency departments and form part of their programme governance on UEC. We also have strong links into the BCYP programme and community health.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- · Improved access, outcomes and experience of NHS Talking Therapies for minoritised communities and other under-served populations
- Improved system-wide response to children and young people presenting with self-harm through the introduction of new evidence-based interventions, including better support to teachers, GPs and parents
- Improved offer of pre-diagnostic, diagnostic and post-diagnostic support for people with neurodevelopmental support needs
- · Greater equity in the community learning disability support offer across boroughs
- Improved inpatient services with lower lengths of stay, and better options of high-quality supported housing / residential care for those who need it
- Widespread adoption of personalised and person-centred care planning processes with an emphasis on continuity of care and biopsychosocial assessment

Engagement with the public: Our Lived Experience Leadership arrangements ensure we are continually engaging with children and young people, adults with mental health needs and people with learning disabilities and their families, and coproducing our work with service users

Employment and workforce

Portfolio vision, mission and key drivers:

- Our vision is to create a transformational and flexible "One Workforce for NEL Health and Social Care" that reflects the diverse NEL communities and meets our system priorities.
- The mission focuses on developing a sustainable and motivated workforce, equipped with the right skills, competencies, and values, to improve the overall socio-economic outcomes of our NEL populations.
- The key drivers are responding to population growth and increasing demand, and developing meaningful and rewarding careers within health and social care services for local residents.

Key programmes of work that will deliver the vision and mission

- System Workforce Productivity: Continuing to address NEL's difficult financial position through urgent investigation of workforce productivity drivers and implementation of productivity improvement initiatives.
- System Strategic Workforce Planning: Development of a strategic workforce planning function with the capacity, capability and digital enablers to provide the enable evidence-based decisions to ensure the long-term sustainability of the NEL Health and Social Care workforce. With the ultimate aim of developing of a system-wide health and social care workforce database and an integrated workforce planning system.
- System Anti Racist Programme: Embedding inclusive, anti-racist and empowering cultures across the system.
- System wide scaling up and corporate services: Identification of corporate services with scope for rationalisation. Streamlining operations, improving efficiency, statement and reducing costs.
- NEQHealth Hub Project Programme: Connecting local health and social care employers with colleges for employment opportunities. . Healthcare part is in partmership with Newham College and London Ambulance service and funded by GLA until March 2024. Social Care part is led by Care Provider Voice, aiming for 150 be outcomes, and funded until March 2025.
- These programmes are subject to approval by the People Board, Exec Committee, CPOS, Place, and collaboratives, aligning with the goal of enhancing socioeconomic status in NEL through workforce development.

Key stakeholders:

- Provider CPOs
- People Board
- Place Directors
- Staff
- Local Authorities
- · Care Sector

Details of engagement undertaken with places, collaboratives and other ICB portfolios

- Engaged with a broad spectrum of Health and Social Care partners through workshops and sessions.
- Involved Local Authorities, Voluntary and independent Care Sectors, Primary Care, NHS Trusts, Provider collaboratives, and Education Providers
- · More engagement is required.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Integrated Health and Social Care Services: Enhanced workforce development will lead to more integrated and effective health and social care services, improving overall care delivery.
- Workforce Expansion and Skilling: Initiatives like the NEL Health Hub and Social Care Hub are set to expand the healthcare workforce, providing training and development opportunities, leading to better staffed and skilled services.
- Healthcare System Sustainability: Focus on financial stewardship and innovation will contribute to a more sustainable healthcare system, ensuring long-term service delivery and effectiveness.
- Equity in Healthcare Employment: Targeted employment opportunities for under-represented groups in health and social care sectors will enhance workforce diversity, contributing to more inclusive and equitable healthcare services.
- Enhanced Health and Well-being Services: Programs like the Keeping Well Nel programme, funded until June 2024, will enhance health and well-being services, directly benefiting the ICS, workforce, and indirectly impacting local population health.

Engagement with the public:

- Actively engaged ICS staff via hackathons and NEL residents through community events and job fairs.
- Utilized feedback from the Big Conversation for inclusive strategy development.
- More engagement is required.

3. Our supporting infrastructure

Specialist Commissioning

Portfolio vision, mission and key drivers:

Our vision:

• is to ensure that the population of north east London have good access to high quality specialist care that wraps around the individual, and ensures the best possible outcomes

Our mission and drivers:

- We are responsible for planning and commissioning of delegated specialised health services across north east London. We are responsible for specialised spend, performance and outcomes, and ensuring all parts of the local health system work effectively together to deliver exemplary specialist care
- We are responsible for integrating pathways of care from early intervention and prevention of LTC through to specialist provision, ensuring end to end pathways to improve outcomes and manage future demand of costly specialist care.
- We set priorities for specialised services and work with our local ICS, multi ICB partners and London regional partners to deliver world class specialised services to benefit patients within north east London, North London or London ensuring access to the right level of care.
- We will do this by working together with health partners, specialist providers, local authorities and the voluntary community and social enterprise (VCSE) sector, with residents, patients and service users to improve how we plan and deliver specialised services.

Key programmes of work that will deliver the vision and mission

From 2024/25, ICBs will have budget allocated to them on a population basis, and from April 25 this will be allocated on a needs based allocation basis. The specialised allocation will follow a similar formula to that of other nonspecialised services that ICBs hold, and so can be considered and contracted for alongside the rest of the pathways we commission. Delegation of specialised services and transformation of specialised services allows us to consider the totality of resources for our population, making it easier to ensure investment in the most optimal way to improve quality and outcomes, reduce health inequalities and improve value.

The key programmes of work are to:

- 1. Ensure safe delegation of specialised services working alongside the NHSE regional team
- 2. Joint work with NHSE, London ICBS and locally in NEL focussed on specialised transformation: sickle cell disease (Haemoglobinopathies), HIV and Hepatitis (including liver disease), Renal disease, Neurosciences, Cardiology, complex urogynaecology and specialist paediatrics
- 3. Whiting alongside other portfolios will deliver this mission, mainly LTC to ensure a whole pathway approach routed in place, cancer, planned care, critical care, BCYP and mental health

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

HIV -

People living with HIV will have improved follow up care with investment in a community led peer programme with an aim to reduce by 70% the number of eligible patients that are lost to care/failed by care.

This follow up care will include regular testing, counselling, mentoring, group support, assurance and information and advice.

Renal

- Working towards maximise patient dialysing at home 496 patients on home therapies by 31/32 (target of 28% of patients on home therapies by 2032).
- Working towards maximise patients being transplanted 280 transplant operations completed in 31/32

Sickle Cel

- · Local people with sickle cell will receive appropriate analgesia and other pain management measures (ideally within 30 minutes) when attending any acute A&E in NEL
- Residents will have timely access to multi-disciplinary team to support delivery of trauma-informed care based on the principles of safety, trust, choice, collaboration, empowerment and cultural competence.

Hepatitis and HIV

- To achieve micro elimination of HCV across NEL (2025).
- Improved access to diagnostics and increase local prevention programmes by aligning with the British Liver Trust optimal pathway. This will support the reduction in the growth rate of liver disease (currently 20%).

Neurosciences

- 10% of eligible stroke admissions will have consistent 24/7 access to mechanical thrombectomy to reduce the impact of stroke
- Improve detection of atrial fibrillation and ensure appropriate stroke risk reduction through anticoagulation by 2029 85% of expected numbers with AF are detected, and 90% of patients with AF and high risk of a stroke on anticoagulation.

Cardiology

- · Shorter waiting times and reduced elective and non-elective
- HF 30 day readmission rates have recently risen to more than 20%. We aim to reduce this to reduce this <15% with roll out of dedicated HF pharmacist to review and titrate patients post discharge

Key stakeholders:

- NHS London Region and London ICB partners
- NEL Provider Trusts
- North London ICB Programme Board partners (NCL/NWL)
- ODNs, mandatory and local clinical networks
- EoE Region
- Local authorities
- VCSF

Details of engagement undertaken with places, collaboratives and other ICB portfolios:

- APC Executive
- APC Joint Committee
- NEL Executive leads
- Close working with other ICB portfolios: LTC, Cancer, Planned Care, Critical Care, CYP, mental health

Engagement with the public:

- Engagement via regional and local clinical networks including Renal service users to inform dialysis provision
- Cardiac ODN: women, family
- HIV work with charities

3. Our supporting infrastructure

Digital

Portfolio vision, mission and key drivers: There are four key elements to the ICS digital strategy; patient access, population health, shared record access and provision of core infrastructure:

- Patient Access gives residents the ability to view their records and interact digitally with health and care providers. This is and will be provided through expanding use of the NHSApp, Online and Video consultation tools, online registration and the patient held record system, Patients Know Best
- **Population Health** utilises a variety of data sources to build a picture of care needs at various levels, primarily identifying specific cohorts of patients requiring intervention but also providing overviews at population level, allowing providers to alter service provision
- Shared Records is the mechanism for ensuring that clinicians and other care professionals have as full a picture as possible to allow them to provide the most appropriate care to individual patients / residents. This was pioneered in NEL and is now used across London and beyond
- Core infrastructure is the fundamental basis for all digital activity; the foundational work done at each provider that allows them to operate effectively and puts them on a sure footing to be able to contribute to and receive data from systems external to themselves

Key stakeholders:

All ICS health and care providers including NHS trusts, local authorities, GPs, community pharmacists, care home providers, third sector health and care providers, NHS England

Key programmes of work that will deliver the vision and mission

The largest investment currently taking place is the replacement of the core electronic patient record (EPR) system in BHRUT. This is being replaced by extending the existing Oracle Millennium system in use at Barts Health. Planning is underway, with the system expected to be live by March 2025. Other significant investments in Trust replacement of the core electronic patient record (EPR) system in BHRUT. This is being replaced by extending the existing Oracle Millennium system in use at Barts Health. Planning is underway, with the system expected to be live by March 2025. Other significant investments in Trust replacement of the core electronic patient record (EPR) system in BHRUT. This is being replaced by extending the existing Oracle Millennium system in use at Barts Health. Planning is underway, with the system expected to be live by March 2025. Other significant investments in Trust replacement of the core electronic patient record (EPR) system in BHRUT. This is being replaced by extending the existing oracle Millennium system in use at Barts Health. Planning is underway, with the system expected to be live by March 2025. Other significant investments in the core electronic patient record (EPR) system in BHRUT. This is being replaced by extending the existing oracle patients are considered by the core electronic patients and the core electronic patients are considered by extending the core

- Threxpansion of the functionality available via the NHSApp to include the ability to manage hospital and community appointments, and the ability for patients and clinicians to interact digitally where appropriate, thus improving the experience for digitally enabled patients and freeing up resource to support those wishing to use traditional methods. This is enabled by the PHR programme
- Usin fartificial intelligence and robotic process automation to support diagnostics and faster completion of administrative tasks such as clinic management within trusts, thus improving patient experience and reducing the administrative burden on trusts
- All acute trusts using the same imaging platform to store and view x-rays, scans, etc., reducing the requirement for repeat diagnostic procedures and making them available to any clinician that needs access. ICS-wide cyber security plans are in place with funding having been secured
- · Introduction of remote monitoring equipment to support expansion of virtual wards

Details of engagement undertaken with places, collaboratives and other ICB portfolios

Members of the digital team attend portfolio and collaboratives' meetings. A meeting has taken place with place directors but further meetings are needed.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Residents can choose to interact with health and care professionals via the use of the NHSApp, Patient Held Record, online consultation and video consultation tools, which will smooth their interaction with the NHS and free up capacity to deal with people choosing to use other routes
- Patient level and aggregated information is provided to clinicians, managers and researchers, subject to a strict approval process. This helps change the planning and delivery of healthcare provision
- · NEL hosted data is used across London and neighbouring ICS's, breaking down barriers by facilitating the sharing of information and good practice
- Information is provided to individual clinicians and other professionals from within their main system, giving access to information held by most London Trusts, which enables them to provide
- Key strategic programmes are co-ordinated by the ICS team, including Community Diagnostic Centres, Frontline Digitisation, Virtual wards, Care Sector, secondary care Appointment Systems and Primary Care Digital First, working with health, social care and third sector partners

Engagement with the public:

The One London programme has held various consultation meetings with patients across London, the results of which inform the strategies of each of the ICS' across London. Further engagement has been requested through further 'Big Conversations' planned in NEL

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Finance

The benefits that north east London local people will experience by April 2024 and April 2026:

- > Improving quality and outcomes for local people of north east London
- > Securing greater equity for our residents
- Maximising value for money
- > Deepening collaboration between partners

How this transformation programme reduces inequalities between north east London's local people and communities:

- Incentivising transformation and innovation in clinical practice and the delivery of services to improve the outcomes of local people
- · Supporting delivery of care closer to patients' homes, including investing in programmes that take place outside the hospital environment
- Refocus how the money is spent to focus on population health, including proactive measures that keep people healthier and to level up investment to address historical anomalies of funding
- · Increasing investment in prevention, primary care, earlier intervention and the wider determinents of health, including environmental sustainability

Bey programme features and milestones:

- Supporting our providers to reduce transactional costs, improve efficiency and reduce waste and duplication
- Support the financial stability of our system providers and underpinning a medium to long term trajectory to financial balance for all partners
- Recognising existing challenges, including that NEL is, as a SOF 3 ICS, financially challenged with a growing population and an acute provider (BHRUT) in SOF 4 for financial performance.
- Ensuring we do not create unnecessary additional financial risk, especially in the acute sector
- ICS investment pool to fund programs designed to reduce acute demand
- Finance development programme to agree overall budgets and develop place based budgets and budgetary delegation to place
- Effective integration of specialised commissioning, community pharmacy, dental and primary care ophthalmology services

Further transformation to be planned in this area:

- Supporting the integration of health and social care for people living with long term conditions who currently receive care from multiple agencies
- Ensuring that all partners are able to understand and influence the total amount of ICB resources being invested in the care of local people.

Leadership and governance arrangements:

- Reporting to the ICB Board and Place Partnership Boards
- Finance, Performance and Investment Committee
- Audit and Risk Committee
- CFO lead monitoring of monthly and forecast performance

Programme funding:

- ICB plan submitted with a total budget of £4,218m in 23/24
- Specific transformation budgets, including health inequalities, virtual wards, physical, demand and capacity funding

Key delivery risks currently being mitigated:

 Risk to delivery of a balanced financial position. Mitigated by delivery of efficiencies, delay of planned investments

Physical infrastructure

Capital pipeline work to be completed Jan. Review in January 2024

The benefits that north east London local people will experience by April 2024 and April 2026:

- Across NEL ICS organisations, there are 332 estates projects in our pipeline over the next 5 /10 years, with a total value of c. £2.9 billion
- · These include the redevelopment of Whipps Cross hospital and a new centre on the site of St George's, Hornchurch
- Formal opening of new St George Health and Wellbeing Hub Spring 2024

How this transformation programme reduces inequalities between north east London's local people and communities:

- · Infrastructure transformation is clinically led across the footprint whilst also achieving the infrastructure based targets set by NHSE.
- Our vision is to drive and support the provision of fit for purpose estate, acting as an enabler to deliver transformed services for the local population. This is driven through robust system wide Infrastructure planning aligned to clinical strategies, which is providing the overarching vision of a fit for purpose, sustainable and affordable estate.

(Ney programme features and milestones:

- Acute reconfiguration £1.2bn (includes estimated total for Whipps Cross Redevelopment of c. £755m)
- Mental Health, £110m
- Primary and Community Care, £250m
- IT systems and connectivity, £623m (inc. NEL Strategic digital investment framework c.£360m)
- Medical Devices replacement, £256m
- Backlog Maintenance, £315m
- Routine Maintenance inc PFI, £160m

Further transformation to be planned in this area:

- Construction will be undertaken where possible using modern methods in order to reduce time and cost and will be net carbon zero.
- Consider use of void spaces and transferred ownership of leases to optimise opportunity to meet demand and contain costs.
- Support back-office consolidation

Programme funding:

 Over the next 10 years there is expected to be a c£2.9bn capital ask from programmes across NEL

Leadership and governance arrangements:

- System-wide estates strategy and centralised capital pipeline
- Capital overseen by Finance, Performance and Investment Committee of NHS NEL.

Key delivery risks currently being mitigated:

- Recent hyperinflation has pushed up the cost of many schemes by as much as 30%. Currently exploring how to mitigate this risk, including reprioritisation
- Exploring opportunities for investment and development with One Public Estate, with potential shared premises with Councils

Barking & Dagenham

Portfolio vision, mission and key drivers:

Vision

By 2028, residents in Barking and Dagenham will have improved physical and mental health and wellbeing, with a reduction in the gap in health inequalities between Barking and Dagenham resident and people living elsewhere. Our strategic aims are to:

- · Enable babies, children and young people to get the best start in life
- · Ensure that residents live well and when they need help they can access the right support at the right time in a way that works for them
- Enable residents to live healthier for longer and be able to manage their health, have increased opportunities to have an early diagnosis of health conditions and be provided with appropriate care to manage a condition before it becomes more serious

Interdependent ICB programmes

 Babies, Children and Young People; Maternity programme; Fuller programme; Population Health programme; Long Term Conditions programme; Urgent & Emergency Care programme; Estates

Interdependent Collaborative programmes

Acute; Community Health; Mental Health, Learning Disability and Autism; Primary Care; VCSE

Key stakeholders:

NELFT Primary care/PCNS BHRUT/Barts VCSE Healtwatch Local Authoritychildrens and adults services; public health Estates and housing teams

Key programmes of work that will deliver the vision and mission

- Interving outcomes for CYP with SEND with a focus on therapy support, ASD diagnosis and pre-and post-diagnostic support, mental health in schools
- Tackling childhood obesity leveraging the opportunities through family and community hubs for prevention
- Development of Integrated Locality Health and Social Care Teams (physical and mental health)
- Developing a proactive and prevention approach to delivery of services with targeted prevention approaches for falls prevention, dementia diagnosis and early support; long term conditions identification and support and health outcomes for people who are homeless
- Optimising outcomes and experience for pathways developing a 24/7 Community End of Life Care Model; integrated Rehab and Reablement services; high Intensity User Services; demand and capacity management of high risk pathways (waiting list management)
- Improving the physical health of people with SMI

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- > BCYP get the best start, are healthy, happy and achieve, thrive in inclusive communities, are safe and secure and grow up to be successful young adults
- > Providing accessible services and support for residents to prevent the development of health conditions wrapped around local communities
- > Improving physical and mental health and wellbeing for residents, particularly those with long term conditions
- Reduced reliance on acute and crisis services
- > Improved physical health outcomes for those with a serious mental illness

Engagement with the public:

Best Chance Strategy for CYP and families; Just Say Parent Forum, engagement in Adults and Community strategy (ongoing)

Havering

Havering Place based Partnership vision, mission and key drivers:

A Healthier Havering where everyone is supported to thrive; The vision of the Havering Partnership is to pool our collective resources to create person centred, seamless care and support designed around the needs of local people throughout their life course, with a strong focus on prevention, addressing inequalities and the wider determinants of health. This compliments Havering Council's vision for the 'Havering that you want to be a part of', with a strong focus on people, place and resources. We will do this by; Tackling inequalities and deprivation to reduce the impact that this has to access to services, and outcomes; Improving Mental and Emotional Support, Tackling Havering's biggest killers; Improving earlier care and support; coordinating and joining up care; working with people to build resilient communities and supporting them to live independent, healthy lives.

Interdependent ICB programmes

- Mental Health
- Long Term Conditions
- Urgent and Emergency Care
- Workforce and other enablers such as digital
- Planned Care
- Carers work and other cross place programmes

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Key Programmes of work that will deliver the vision and mission

- Start Well: Children and young people get the best start in life, are able to achieve the best opportunities and keep as healthy and well as possible throughout their lives
- Live Well; People enjoy and are able to maintain a sense of wellbeing and good health, supported by resilient communities. They can access care and information when needed.
- Agwell; People are able to live independently in their own homes with appropriate care and support to maintain and develop their social and community networks

 Die Well; People are supported to ensure the last stages of their life happen in the best possible circumstances, receiving the right help at the right time from the right people
- Building community resilience programme and other key enablers: including improvements to Primary Care and delivery of the recommendations in the Fuller review, roll out of the Joy App as our single database of services and referral mechanism for social prescribing, making better use of our estate and delivery of new models of care such as the St Georges project, improvements to urgent and emergency care, imbedding a prevention approach, addressing our key workforce challenges by working together, creating the enabling framework for place including information sharing agreements between partners to enable decisions and service improvement to be driven by joined up data.
- Built on a foundation of a ioint health and care team, bringing together the Havering Place NHS team with the Local Authority Joint Commissioning Unit to deliver improved outcomes for local people and better value for money in our commissioned services

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

Start Well Ambitions				
Immediate ambitions (1-3 years)	Medium term (3-5 years)	Long term (5 - 10 years)		
Reduce the number of children and their families attending Emergency Departments for non-emergency care	Increase the number of Children and Young People receiving support for their emotional wellbeing through Primary Care	Increase the number of children and their families receiving best practice End of Life Care provision		
Reduce the number of Children and Young People attending Emergency Departments in emotional or mental health crisis	Increase the number of children receiving timely Autism Spectrum Disorder (ASD) diagnosis and integrated family support			
Improve access to services and reduce wait times, particularly for Primary Care, non-elective care, and other services	Reduce the wait time of children for Special Educational Needs therapy provision			
Reduce spend on care for those with more complex needs by looking at innovative and local solutions for placements	Increase the use of Child Health Hubs to deliver integrated community care for children and their families			
Deliver greater value for money through joint commissioning of contracts where possible, which will also deliver more seamless, integrated services for local people	Reduce the percentage of children who are physically inactive and/or obese			
	Reduce the number of children and young people living in cold, damp or mouldy homes			

	Live Well Ambitions	
Immediate ambitions (1-3 years)	Medium term (3-5 years)	Long term (5 - 10 years)
Improve access to services and reduce wait times, particularly for Primary Care, non-elective care, and other services	Increase diagnosis rates for type 2 diabetes and hypertension	Increase healthy life expectancy
Reduce the percentage of adults who are physically inactive and/or obese	Increase the percentage of adults with a learning disability living in settled accommodation	Reduce the gap in life expectancy between the most and least deprived areas of the borough
Reduce smoking prevalence in adults	Increase the percentage of cancers being diagnosed at an earlier stage	Reduce alcohol-related mortality
Increase the number of social prescribing referrals to support people to access wider wellbeing support	Reduce the number of people living in cold, damp or mouldy homes	Reduce the rate of suicides
Increase the number of people who provide informal and unpaid care who are registered with the Carers Hub and in receipt of information and support		Reduce early deaths from cardiovascula disease and respiratory disease
Increase use of digital enabled systems to support early detection for Atrial Fibrillation and Chronic Kidney Disease		Eliminate all inappropriate out of area mental health placements
Increase uptake of home testing including ACR and blood pressure		
Increase the number of people being referred to the national diabetes prevention programme		
Reduce wait times and increase support for those with lower level mental health issues to enable a preventative approach to mental health and wellbeing.		

	Age Well Ambitions	
Increase the number of older people with a personalised care and support plan	Reduce the number of older people being referred for adult social care	Reduce permanent inappropriate admissions into residential care
Reduce the rate of emergency hospital admissions, including readmissions	Increase access for older people with a common mental illness to psychological therapies	Reduce the percentage of older people reporting that they feel lonely
Reduce the rate of acute length of stay for frail older people, returning them home sooner	Increase the number of volunteers supported to find a volunteering opportunity	
Reduce the rate of older people having discharge delays from hospital (delayed transfers of care)	Reduce the number of frail older people living in cold, damp or mouldy homes	
Increase the number of informal and unpaid Carers having a carer assessment and receiving appropriate support	Increase the number of older people who have their seasonal flu vectination	

Interdependent Collaborative programmes

Acute Provider Collaborative

VCSE Provider Collaborative

Primary Care Collaborative

Community Provider Collaborative

Mental Health Provider Collaborative

North East London Cancer Alliance

Full details of the benefits are captured in the Havering Place based Partnership interim strategy

Key stakeholders:

- Local People
- Staff
- VCSE
- London Borough of Havering and their staff, who are coming together with the NHS Place team to form a joint team
- NELFT
- BHRUT
- Healthwatch
- Care Providers Voice (including Home Care and Care Home providers)
- PELC
- **Primary Care** including the GP Federation and PCNs
- **NHS North East** London partners
- Police and other
- community partners Wider NHS partners
- Wider Community

partners and groups Local People are at the heart of all of the work of the Place based Partnership

Engagement with the public:

A significant engagement programme has been underway with local people, VCSE groups, and stakeholders since the inception of the partnership. We are building an ongoing relationship with local people, and developing case studies to embed their experiences to drive improvements locally.

Redbridge

Place vision, mission and key drivers:

VISION: The Redbridge Partnership will relentlessly focus on improving the outcomes for the people of Redbridge and seek always to make a positive difference to people's lives. Together, we will build on what we have already achieved and use our combined resources to create person-centred, responsive care to build services around the needs of our communities within Redbridge. We will have a strong focus on prevention, addressing inequalities and the wider determinants of health.

KEY PRIORITIES: Babies, Children & Young People (BCYP)-Childhood Immunisations, Housing & overcrowding, Multi-Disciplinary Team working(MDT)- service integration, Mental Health (MH)—Access & wellbeing

DRIVERS: Good governance and accountability, a focus on the patient/resident's voice, a focus on Organisational Development, Commitment to working in partnership and beyond organisational boundaries, reliable data to inform impacts and adequate resourcing

Interdependent ICB portfolios

Long Term Conditions (LTC), Learning Disabilities (LD)/Mental Health (MH), Planned Care (PC), Health Inequalities (HI), Babies, Children and Young People (BCYP), Urgent and Emergency Care (UEC)

Interdependent Provider Collaboratives

Community Collaborative, Acute Provider Collaborative, Cancer, Collaborative, Primary Care Collaborative, Mental Health Collaborative

Key programmes of work that will deliver the vision and mission. (PLEASE NOTE THE PRIORTIES ARE PLANNED TO BE FORMALLY SIGNED OFF AT THE JANUARY 24 PARTNERSHIP BOARD.)

Start Well: Hospital at Home, Paediatric Integrated Nursing Service (PINs), Learning Disability Key workers, Integrated child health hubs, Special Education Needs & Disability (SEND), Children & Young People Asthrus one stop shop

Live Well: Long Term Conditions Prevention/diagnosis, A Cardio renal and cardio vadcular programme, Increase health checks for residents with Serious Mental Illness (SMI), Mental Health & Learning Disability, Review of Commissioning overlaps between organisations, Improve quality of life for residents of Redbridge.

Urgent Emergency Care/Ageing Well: Keeping people well at home, Same day access to urgent care, Hospital flow-length of stay in hospital, Discharge from Hospital, End of Life Care, Avoidance of unnecessary attendance and admissions to hospital.

Primary Care: Fuller Programme (Integrated Multi-Disciplinary Care, Staying well for longer, Access to care & advice), Direct Enhanced Services, Local Incentive Schemes, Same Day Access and extended hours care, Asylum Seekers services, Homeless Services, Spirometry

Health Inequalities: Various schemes addressing Core 20+5

Ilford Exchange Health Centre: To develop and deliver a new health centre in Ilford town centre following an extensive public consultation in September 2022. The consultation was over 6 weeks and included a range of engagement tools and events such as public surveys, information stands, 4 public engagement events and 1 event with a local charity One Place East.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

By April 2025 and 2027 the Redbridge Place Based Partnership will:

- · Significantly reduce the variation in undiagnosed Long Term Condition diagnosis rates and improve early treatment intervention.
- Significantly improve the uptake of childhood immunisations
- · Improve the rate of Healthchecks for residents with Serious Mental Illness.
- · Reduce the number of Children & Young People patients attending A&E through the hospital at homes programme
- Significantly reduce health inequalities underpin by the Core20+
- Improve same day access for residents across both health and care
- · Have a new integrated health centre operational in the Ilford Exchange by 2025.

Key stakeholders:

- London Borough of Redbridge (LBR)
- Redbridge Community Volunteer Service (RCVS)
- Healthwatch
- Healthbridge (GP Federation),
- The Primary Care Networks (PCNs) in Redbridge
- North East London NHS Foundation Trust (NELFT),
- NHS NEL ICB
- Barking Havering & Redbridge University Hospitals NHS Trust (BHRUT)
- Barts Health NHS Trust (specifically Whipps Cross),
- · Provider Collaboratives
- Care Provider Voice CPV)
- PELC
- LMC
- BHR CEPN

Engagement with the public:

The RBP will engage with local communities and organisations to create a strategic priorities programme that is informed by the views of local people. In particular we plan to have engagement workshops once the key priorities are signed off in January 2024, to shape the work programmes. We will also have resident rep's on each Steering Group which are subcommittees of the Partnership Board.

Tower Hamlets

Portfolio vision, mission and key drivers:

- · Tower Hamlets residents, whatever their backgrounds and needs, are supported to self-care, thrive and achieve their health and life goals
- Health and social care services in Tower Hamlets are accessible, high quality, good value and designed around people's needs, across physical and mental health and throughout primary, secondary and social care
- · Service users, carers and residents and children are active and equal partners in health and care and equipped to work collaboratively with THT partners to plan, deliver and strengthen local services
- · All residents no matter their ethnicity, religion, gender, age, sexuality, disability or health needs experience equitable access to and experience of services, and are supported to achieve positive health outcomes

Interdependent ICB programmes

- ICB anti-racism workstream
- ICB CYP workstream
- ICB long term conditions workstream ICB urgent care review
- B MH workstream

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- · Primary Care Access
- ICB Fuller workstream
- · Access to data & insights

Interdependent Collaborative programmes

- · Community collaborative model for health and care
- · Primary care collaborative
- Supporting out of borough NEL discharges
- · Mental Health collaborative
- Planned Care workstream

Key stakeholders

LBTH **NEL ICB** Barts Health Trust TH GP Care aroup ELFT Healthwatch TH CVS

Tower Hamlets residents and service users

Ke₽programmes of work that will deliver the vision and mission

- > Improving access to primary and urgent care
- Building resilience and self-care to prevent and manage long term conditions
- Implementing a localities and neighbourhoods model
- Facilitating a smooth and rapid process for hospital discharge into community care
- Being an anti-racist and equity driven health and care system
- Ensuring that Babies, Children and Young People are supported to get the best start in life
- Providing integrated Mental Health services and interventions

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Ensuring residents can equally access high quality primary and urgent care services when and where they need them
- Better prevention of long term conditions and management of existing conditions
- Ensuring that every resident can access the health and care services they need to support their continued health and wellbeing within their local area or neighbourhood, including GP, pharmacy, dental and leisure facilities
- A smooth and rapid process for discharging residents from hospital to suitable community-based care settings when they are ready for this transition.
- Ensuring our health and care system and services are achieving equitable outcomes for all residents and addressing inequalities that exist, e.g. access, experience, representation and outcomes
- Ensuring babies, children and young people (and their families) are supported to get the best start in life, especially where they have additional needs
- Providing integrated services and interventions to promote and improve the mental wellbeing of our residents

Engagement with the public:

The workstreams and the THT Board include VCS and resident stakeholders who input into the design of the programme.

Newham

Portfolio vision, mission and key drivers:

Working with our diverse communities of all ages to maximise their health, wellbeing and independence. Supported by a health and care system that enables easy access to quality services, in your neighbourhood, delivered by people who are proud to work for Newham.

Interdependent ICB programmes

- · Babies, Children and Young People
- Fuller
- Long Term Conditions
- Maternity
- · Population Health
- · Urgent & Emergency Care

Interdependent Collaborative programmes

- Acute
- Community Health
- · Mental Health, Learning Disability and Autism
- Planned Care
- Primary Care
- VCSE

Key stakeholders:

ELFT Healthwatch LBN NEL ICB NUH

Primary Care Residents VCFS

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Key rogrammes of work that will deliver the vision and mission

- Jont Planning Groups (JPGs) for Babies, Children and Young People; Mental Health; Learning Disabilities and Autism; Ageing Well; Primary Care; and Urgent Care
- Amitional JPG for Long Term Conditions being explored
- Local Authority-led programmes across Health Equity and Well Newham (prevention)
- Population growth programme

Engagement with the public:

Residents and People & Participation Leads attend Partnership Board, JPGs and project groups

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Reduce the prevalence and impact of long-term conditions on residents' lives
- Enable people to stay well in their own homes by proactively organising and managing their care & support
- Improve the mental wellbeing of residents and ensure people have access to mental health support when and how they need it
- Involve, engage and co-produce all our plans with residents
- Ensure people stay in hospital for the optimum time and are supported to rehabilitate and recover
- Ensure when people need urgent help they can access it quickly and as close to home as possible
- Develop and integrate children's services to ensure children have the best start in life
- Prepare for significant population growth in Newham and North East London and strengthen prevention initiatives

Waltham Forest

Portfolio vision, mission and key drivers:

Our aim is for the population of Waltham Forest to have healthier lives by enabling them to start well, live well, stay well and age well, supporting each individual through to the end of their lives. We will do this by working together, as partner organisations and with our residents, to improve health outcomes and reduce health inequalities.

- We will engage and involve our residents to coproduce our interventions and services
- We will focus on supporting all residents to stay well and thrive throughout their lives
- · We will use population health management approaches to understand the needs of our residents and target our resources to improve equity
- We will ensure when people need help, they can access high quality, good value services quickly and easily and are enabled to stay in their homes or return home as soon as possible.

Interdependent ICB programmes

- ICB anti-racism workstream
- TICB UEC workstream
- ICB CYP workstream
- ICB long term conditions workstream
- ICB MH workstream
- Primary Care Access
- ICB Fuller workstream
- ICB Digital workstream

Interdependent Collaborative programmes

- Whipps Cross redevelopment programme
- MH Collaborative
- Community Collaborative
- · Primary care Collaborative
- Planned care workstream

Kerprogrammes of work that will deliver the vision and mission

- Delivery of a programme of locality **prevention, wellbeing and self-care** to intervene earlier with residents to improve health outcomes dentification for intervention and support for residents with **LTCs.**
- Delivery of proactive anticipatory care through delivery of Care Closer to Home transformation programme and establishing Integrated Neighbourhood teams and hubs.
- Deliver alternative to unplanned attendances and admissions to acute hospital and improve discharge pathways through the delivery of the **Home First programme** of transformation and improving **same day access to primary care.**
- To publish a **children's health strategy**, improve access to **therapies** and reduce the need for children to attend hospital.
- To transform **EOL** services in Waltham Forest to ensure residents have the support to die in their choice of place.
- Publishing a strategy for **children's health**, improving access to children's therapies, and developing services to reduce the need for children to attend Whipps Cross Hospital in an emergency.
- · Improving access to Mental Health support in community for all ages and promoting positive well-being for all.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

Key stakeholders

Engagement with the public:

City & Hackney

Portfolio vision, mission and key drivers:

City & Hackney PbP Vision: Working together with our residents to improve health and care outcomes, address health inequalities and make City and Hackney thrive, by focussing on 3 key areas:

- 1. Giving every child the best start in life (often by recognising the role of families)
- 2. Improving mental health and preventing mental ill-health
- 3. Preventing, and improving outcomes for people with long-term health and care needs

Supporting our population health priority outcome areas (above), we are implementing 6 cross cutting approaches: Increasing social connection, ensuring healthy places, supporting greater financial wellbeing, joining up our local health and care services around resident's and families' needs, taking effective action to address racism and other discrimination, and supporting the health and care workforce. City and Hackney Neighbourhoods programme is about fostering community connections. Our aim is to improve quality of care (clinical cost effectiveness, experience and safety) including access and waiting times for all our residents particularly those experiencing Health inequalities. We apply the principles of right time, right place, right support. We acknowledge that the solution lies at "whole-system" level and requires detailed collaboration with wider system partners including local authorities, public health and our voluntary sector partners and strengthening partnership working and synergies to maximise benefits in terms of outcomes and system sustainability. Residents and Families are at the heart of everything we do.

Key drivers: - national and regional policy frameworks, local needs, and addressing areas in C&H where we have poor outcomes and evidence of inequalities (as articulated in JSNAs, Population Health data, and more)

Interdependent ICB programmes

Start Well -BCYP programme priorities on Community Capacity (waiting lists, insights), Primary Care (new models, better integration) Acute care (capacity i.e., diabetes, allergy)

Live Well - LTC and Specialised Commissioning; Planned Care; Urgent and Emergency Care; Personalised Care Age Well - Palliative & End of Life Care; NEL Care Home / Care Provider Forum / Network; Continuing Healthcare: NEL Carers Network

Mental Health - Children (C&H); Unplanned / Crisis Care (C&H); Community Care (C&H); NEL MH Delivery Group

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Interdependent Collaborative programmes

Start Well - APC, Community Collaborative (Waiting lists, SLT), Mental health collaborative, C&H CAMHS Alliance, Primary Care Collaboratives

Live Well - APC: Community Collaborative

Age Well - Mental Health Alliance; Primary Care Collaboratives

Mental Health - Mental Health Integration Committee (MHIC); C&H Children's Emotional Health and Wellbeing Partnership; C&H Psychological Therapies and Wellbeing Alliance (PTWA); C&H CAMHS Alliance; C&H Dementia Alliance;

C&H Primary Care Alliance: Hackney SIG

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stakeholders:

- Residents / Carers
- Local Authorities and the CoL (ASC; PH; MH; LD&A)
- Voluntarv& Community Sector:
- Homerton Hospital
- · ELFT
- LBH / CoL Adult Social Care
- LBH CoL Children Social Care
- Hackney Education · ELFT - CAMHS /
- Adults HUH CAMHS / Adults
- / Acute / Paediatrics
- C&H Public Health
- Primary Care / GP Confed
- VSO Partners / SIG

Key-programmes of work that will deliver the vision and mission

Start Wall - CAMHS / Improving wellbeing and MH (ACEs), improving outcomes for CYP with SEND, complex health needs, ASD and LD, increasing immunisations and vaccinations, reducing maternity inequalities and improving perinatal mental health Live Well- Neighbourhoods (Proactive Care, Community Navigation); Better Care Fund Partnership; Primary / Secondary Care Interface; Long Term Conditions Management

Age Well - Discharge Improvement Programme; Integrated Urgent Care - NEL Same Day Access Programme, Enhanced Community Response (Virtual Wards and Urgent Community Response), Frailty / Proactive Care

Mental Health - ADHD / ASD Assessment and Aftercare (All ages) - Backlog and Waiting Times; Adult Talking Therapies - Integrated Pathways. Quality Improvement. Demand / Capacity and Waiting Times; Community Transformation / Continued Improvement with Neighbourhoods offer – aligning existing provision; Neurodevelopmental Pathways Review (CYP); Crisis / T3.5 Pathways Review (Including ICCS, Surge and IST); Whole System Approach (iThrive) – CYP Emotional Health and Wellbeing Continue to enhance THRIVE working with Schools (WAMHS / MHSTs integration) / Youth Hubs (Super Youth Hub): SMI Pathway Improvement

Improving and optimising 117 Aftercare:

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

All our work is aimed at improving the health and wellbeing of our local residents and reducing inequalities Start Well

- · Reductions in crisis mental health presentations to ED for CYP and Improvements in mental health and wellbeing outcomes for specific communities
- An increase % of children achieving good level of development Improved health and educational outcomes for those at risk of exclusion and those with complex needs. SEND and autism and LAC
- · Increase immunisation coverage
- · A reduction in infant mortality rate, and in the rate of neonatal mortality and stillbirths, including a reduction in inequalities in maternity and birth outcomes for children and families. Improvements in patient experience

Live Well and Age Well

- Patients will feel safe and supported with any ongoing care needs following a hospital admission
- Patients will know about services are available and have increased confidence in them to meet their needs
- · Patients feel supported to access the care they need
- · Patients will have more care being provided outside hospital, closer to their home, where appropriate

- Improved experience, waiting times and overall quality of care Neurodevelopmental assessment (CAMHS and Adults); Psychological therapies intervention (CAMHS and Adults); 117 Aftercare; Wellbeing in School and Youth Hubs; Crisis Care including Crisis prevention and wellbeing
- Better meeting the needs of residents who experience greater health inequalities Protected characteristics Equalities act; Social deprivation; Serious mental illness; Neurodevelopmental (ASD / ADHD / LD); Looked After Children / Care

Engagement with the public:

- Healthwatch
- · Programme / Project Service-user reps
- · Engagement with the public
- Advocacy Project (MHIC)
- Alliance coproduction and Participation
- Maternity voices partnership
- SEND parent carer forum

5. Our Cross Cutting Themes:

Health Inequalities

Portfolio vision, mission and key drivers:

Health inequalities exist between NEL and the rest of the country – for example we have particularly high rates of children with excess weight and poor vaccination and screening uptake – but they also exist between our places and communities. These inequalities are avoidable and unfair and drive poorer outcomes for our population. We want to improve equity in access, experience and outcomes across NEL. To do this we have made reducing health inequalities a cross-cutting theme that is embedded within all of our programmes and services within places and across NEL – everyone has a role to play.

Key stakeholders:

Public health teams
Local authority departments
Voluntary and community sector
Primary care
NHS trusts
NHS E and TPHC
ICB

Key programmes of work that will deliver the vision and mission

- Dedicated health inequalities funding has been provided to each place-based partnership to lead locally determined programmes to reduce health inequalities within their local communities. These projects will be evaluated and the learning shared and showcased.
- Development of a NEL Health Equity Academy to support all people and organisations working in health and care in NEL to be equipped with the knowledge, skills and confidence to reduce health inequalities for the benefit of local people
- In elementation of a community pharmacy scheme to provide targeted pharmacist advice and free over the counter medicines for people on low incomes and experiencing social vulnerability across NEL, to support our communities in the context of cost of living pressures.
- Taking a Population Health Management (PHM) approach, led by places and neighbourhoods, will support frontline teams to identify high risk groups and identify unmet need. A PHM Roadmap has been developed for NEL and is being implemented.
- Embedding the NEL Anchor Charter, working with system partners to ensure we are measuring and creating the opportunities that being an anchor institution affords are leveraged for our local population, to address structural inequalities such as ensuring the NHS in NEL is a London Living Wage accredited employer, embedding social value in procurement process and better utilising our infrastructure to support community activation and supporting a greener, healthier future.
- Delivering our ICS Green Plan including developing an Air Quality Programme, ICS wide net zero training programme, and embedding net zero into our procurement processes to support our aim of reducing our collective carbon footprint by 80% by 2028 and to net zero by 2040.
- Improving access to primary care for health inclusion groups (homeless and refugee and asylum seekers) through safe surgery programme, supported
 discharge for homeless through the out of hospital care programme, supporting families in temp accommodation to access support out of borough,
 commissioning a NEL wide initial health assessment for those seeking sanctuary housed in contingency accommodation, and commissioning a needs
 assessment for health inclusion in NEL to identify needs for other underserved groups that require focus.

Details of engagement undertaken with Places, collaboratives and other ICB portfolios

- NEL Population Health and Inequalities Steering Group is made up of representatives from places and collaboratives, and leads from across the ICS.
- Significant engagement across the system on what is useful from a Health Equity Academy
- Engagement from across the system on Anchors, Net-zero and health inclusion around homelessness and refugee and asylum seeker programmes

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Reduced differences in health care access, experience and outcomes between communities within NEL, particularly for people from global majority communities, people with learning disabilities and autism, people who are homeless, people living in poverty, and for carers.
- Improved health life expectancy for all communities across NEL, irrespective of who you are or where you live.
- Our population receives more inclusive, culturally competent and trusted services, underpinned by robust equity data.

Engagement with the public:

Engagement on specific topics, and in depth at place level.

DRAFT NEL JFP 24/25 : Cross Cutting Themes

Prevention

Portfolio vision, mission and key drivers:

We want to increase our focus as a system on prevention of ill-health and earlier intervention. This means increasing our focus and resources 'upstream', to prevent illness in the first place.

Preventive health offers need to be appropriate for all in our diverse communities, and will only be effective if we also work to address the wider determinants of health. In NEL we face significant challenges around preventable ill health, for example more than 40% children are overweight or obese and nearly all of our places have worse screening rates for breast, bowel and cervical cancer than England. This has an impact on health outcomes, demand for care and health inequalities, so these are key drivers for enhanced action.

Key stakeholders:

Public health teams
Local authority departments
Voluntary and community sector
Primary care
NHS trusts

Key programmes of work that will deliver the vision and mission

- Mobilising tobacco dependence treatment services across all of our trusts so that they are available in all inpatient, maternity and community services, and making these services sustainable for the long term.
- Alcohol care teams (ACTs) have been established at the Royal London Hospital and Homerton Hospital, and we will continue to make these services sustainable moving forwards and make the case to expand coverage to other hospitals in NEL.
- Population Health Management (PHM) is a key methodology that can be utilised as an approach using population health data as a means of targeting cohorts of our population that will benefit from focused approaches that include preventative interventions where appropriate. NEL ICB has recently employed a dedicated PHM lead who will be supporting places to deliver prevention intervention across NEL through improved population cohort analysis, intervention design and evaluation of intervention outcomes.
- Delivering equitable vaccination programmes in NEL builds on our experience during the Covid-19 pandemic and will continue to deliver according to national programmes and local need. We will work as a system to work with and target communities with low vaccination rates
- Canter prevention, awareness and screening is a focus of the work of the NEL Cancer Alliance, who are strongly involved with active awareness campaigns targeting our local NEL population. These campaigns cover different cancers and aim to raise awareness and prevent cancer and support early diagnosis. For example, prostate, lung, breast, cervical and commetrial cancer awareness campaigns have been developed targeting population cohorts.
- Annor Institutes are evolving across our system with all of our NHS Trusts and Local Authority Chief Executives having signed up to the NEL Anchor Charter. These are a set of principles that support using our institutions and the organisations as assets to better support out local communities. These aim to help tackle and reduce the wider determinants of health supporting prevention of ill health alongside health inequalities.
- We will deliver Long Term Condition programme collaboratively (for example cardiovascular, stroke, respiratory and diabetic related diseases) ensuring they are aligned with the national and regional programmes that focuses on entire pathways from LTCs prevention to escalations of LTC management within acute care. The NEL LTCs teams are linking in with systemwide colleagues with several key activities focused on LTC prevention and early identification.

Details of engagement undertaken with Places, collaboratives and other ICB portfolios:

Key prevention engagement related to specific programmes are well documented by each of the organisations and programmes leading on each area of work.

Central NEL ICB oversight of all prevention related engagement across all programmes and services is a challenge and therefore an alternative approach is to ensure that the system (via Places, Collaboratives and workstreams) is able to identify, scale and spread those areas of Prevention engagement which has proven successful.

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- · Increased smoking guits, leading to a wide range of improved health outcomes and lives saved, particularly in more deprived communities.
- ACTs support patients experiencing harm as a result of alcohol use disorders, and will lead to a reduction of alcohol-related conditions such as CVD, cancers and liver disease, as well as harm from accidents, violence and self-harm.
- There is a commitment over time to increase the proportion of our budget that is dedicated to prevention and earlier interventions, this would be done concurrently to shifting the system partners have a greater focus on prevention.
- Our anchor institutions will also begin to play more of a role in tackling poverty and promoting social and economic development.
- A maturing infrastructure including population health management awareness and digital population data availability will help impact the NEL system in supporting prevention by helping to identify those population cohorts that will greatly benefit from prevention and earlier intervention services and engagement.
- NEL ICB has developed a draft Immunisation Strategy with system partners to build on the legacy of the covid vaccination programme. This will be refined in line with the National Immunisation Strategy. The ambition is to build on the digital advancements for service delivery, develop the workforce to support access for local people and embed engagement with all communities to support uptake of vaccinations across the whole life course, thereby preventing ill health.

Engagement with the public:

Key public engagement is occurring within our workstreams that encompass a preventative element. For example as mentioned Cancer and Long term conditions

DRAFT NEL JFP 24/25 : Cross Cutting Themes

Personalised Care

Portfolio vision, mission and key drivers:

Personalised care involves changes in the culture of how health and care is delivered. It means holistically focussing on what matters to people, considering their individual strengths and their individual needs. This approach is particularly important to the diverse and deprived populations of NEL, where health inequalities have been exacerbated by the pandemic and further compounded by the cost of living increase. Embedding personalised care approaches into clinical practice and care, which take into account the whole person and address all their needs holistically will ensure our most vulnerable communities are supported in the years ahead. We have built a strong foundation for personalised care over the last three years as a system, with an early focus on social prescribing and personal health budgets. Our vision is to lead and enable the delivery of the six components of personalised care and embed these in local population health approaches.

Key stakeholders:

Primary care Place-based directors Local authority Public health teams VCSFE NHSE and TPHC Acute teams e.g. social prescribing & discharge

Key programmes of work that will deliver the vision and mission

- Ensuring all social prescribing link workers can capture the NEL social prescribing minimum dataset via a digital template and analyse the data in a PowerBI dashboard
- Expanding the implementation of Joy platform across NEL to provide a directory of service platform in alignment with Fuller actions relating to same
- access

 Developing personalised care workforce plans with primary care and training hubs to support the Fuller actions relating to integrated neighbourhood
- Susport equity of offer and quality assurance of personal health budgets across NEL for the Right to Have cohorts
- Piloting new approaches to deliver personal health budgets for rough sleepers and discharge from hospital to support underserved groups and address winter planning pressures
- · Developing a strategy to embed creative health in services across the system with specific focus on addressing health inequalities
- Promote supported self-management and digital enablement through Patients Know Best
- Standardise personalised care and support planning including increasing use of digital tools e.g. Patients Know Best and Universal Care Plan
- · Invest in social prescribing 'community chests' to increase resources in the community and voluntary sector locally, targeted at addressing local inequalities and providing social value to our communities where it is needed most.

Details of engagement undertaken with Places, collaboratives and other ICB portfolios

- NEL Population Health and Inequalities Steering Group is made up of representatives from places and collaboratives, and leads from across the ICS
- Engagement with place at the CPPO SMG

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- · Local people are asked what matters to them in setting their treatment or care goals and can access a wide range of non-medical support in the community.
- Particularly vulnerable people and underserved groups are identified and given additional support to access services ensuring their experience and outcomes of care are equitable.

Engagement with the public:

Engagement on specific topics, and in depth at place level

5. Our Cross Cutting Themes:

Learning System

Portfolio vision, mission and key drivers:

The transition to an Integrated Care System has provided an opportunity to work in a different way in how we deliver and approach change to services within north east London. In order to improve the care we provide our residents, it is crucial to embed the improvement process of learning from the current delivery. As such the ICB needs provide an environment that facilitates the ability to deliver a systematic approach to iterative data-driven improvement

To ensure an effective learning system, the organisational culture must support a strong learning approach. The three stage learning cycle (learning before, during and after) describes how staff can interact with the learning system to inform their work. Each stage is informed by the following principles:

- · We are well-informed before we act, we fully consider the impact of our decisions on individual, community and system outcomes and equity.
- We are responsive we are effectively monitoring our interventions and taking action in a timely manner
- · We reciprocate –we work together sharing knowledge openly and valuing collaboration over competition

Key stakeholders:

Quality and safety
Complaints
Strategy
Programme Management Office
Place-based directors

Key programmes of work that will deliver the vision and mission

Initianscoping still to be concluded and so no programme of work has been developed/

ge

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Details of engagement undertaken with Places, collaboratives and other ICB portfolios

First discussion meeting yet to take place and so as yet no engagement has taken place

Summary of the benefits/impact that north east London local people will experience by April 2025 and April 2027:

- Participation in evidence-informed decision making, promoting legitimacy
- · Development of a localised evidence-base, helping us to make decisions most suitable to our context and populations
- Reduction in duplication, improving productivity and sustainability
- · Proportionate approaches to transformation, improvement and innovation, not driven by whim or external pressures

Engagement with the public:

First discussion meeting yet to take place and so as yet no engagement has taken place with Places, collaboratives and other ICB protfolios

Co-Production

PLACE

HOLDER

SLIDE

<SLIDE IN DEVELOPMENT>

High Trust Environment

PLACE

HOLDER

SLIDE

<SLIDE IN DEVELOPMENT>

RAFT 5

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6. Implications and next steps

Lessons Learnt

Post the submission of the first NEL Joint Forward Plan 23/24 an 'after action review' was undertaken in order to reflect on the work undertaken by those stakeholders involved in developing the first Joint Forward Plan. The review included aspects such as recognising what went well and what lessons can be learnt. These outputs were considered when developing the JFP 24/25 refreshed document and will continue to be built upon going forward as the JFP will be refreshed annually.

What went well?

- Capturing what key stakeholders are doing in one place
- Engagement and developing the place contributions at place
- Good support from PMO team
- Worked well with local authorities
- Involvement from wider range of people across the system
- Summary slides are effective in the plan
- Collaborative working

What can we learn for next time?

- Ensuring that the early draft documents are shared with leads
- Ensuring the right people are involved in writing narrative
- Too many people involved in drafting JFP, need to narrow this down to only key people that should be involved
- Ensuring clinicians are involved from primary care perspective
- Need clearer delivery milestones
- Clearer guidelines, more notice, understand purpose, value and benefits
- Better planning and give enough notice to leads
- More connected across finance/strategy/programme in developing the plan
- Be clear on how this links with wider programmes/ collaboratives/ Places
- Co-ordination of plans at NEL and local level
- Need clearer understanding of governance and decision making, accountabilities around programme areas
- Ability of contributors to raise queries and seek clarification as required

How will we know we have succeeded - NEL Outcomes Framework

- The interim North East London Integrated Care Strategy was published and adopted by the Integrated Care Board in January 2023.
- The strategy highlights our four system priorities for improving quality and outcomes and address health inequalities as well as our six crosscutting themes which are part of the new approach for working together across NEL.
- The strategy was developed in conjunction with system partners, along with a set of 61 success measures, which aimed to measure delivery against the
 priorities and crosscutting themes.
- This slide deck outlines the steps we are proposing to develop an outcomes framework.

What do we mean by an outcomes framework?

- An outcomes framework is a way for us to measure the effectiveness of our ICS strategy by focusing on the outcomes that are achieved, rather than just the activities that are carried out. That way we can assess whether our strategy is making a positive difference in people's lives.
 - In order to support the development of the outcomes framework, the below principles have been drafted to shape the design and implementation:
 - Assess delivery against ICS strategic themes and objectives
 - Demonstrate current delivery on priority areas
 - Develop outcome measures in conjunction with transformation leads, provider collaboratives, and ICS partner organizations
 - Avoid developing an outcomes framework in the model of a performance framework
 - Importance of recognising that outcomes are often long-term goals
 - Assess wider population health measures rather than focus on statutory or mandated targets
 - · Make the system responsible for delivering metrics

The NEL approach Start by mapping existing population health indicators aligned to each success measure Where system level metrics do not currently exist, we may require a number of proxy measures which enable Work with transformation leads to identify the system to accurately review delivery against overarching transformation metrics which can the success measures. provide system level outcomes Work with analytics team to assess whether If no, refine measures data to support the measures current exists or new data sources need to be explored Test outcomes framework with senior leaders does it meet their needs?

Next steps for our transformation programmes

- As the early analysis shows, all programmes within the portfolio can demonstrate alignment with elements of the integrated care strategy and operating plan requirements. The extent to which the portfolio responds to the more specific challenges described in the first half of this plan is more variable.
- Our shared task now is to prioritise (and therefore deprioritise) work within the current portfolio according to alignment with the integrated care strategy,
 operating plan requirements, and additional specific local challenges.
- This task is especially urgent in light of the highly constrained financial environment that the system faces, along with the upcoming significant reduction in the workforce within NHS North East London available to deliver transformation.
- The work required to achieve this is two-fold part technical and part engagement and will be carried out in parallel, with the technical work providing a progressively richer basis for engagement across all system partners and with local people.

Technical work

Tightening descriptions of the current programmes of work as the basis to inform prioritisation, especially:

- the quantifiable beneficial impact on local people, beyond the broad increases or decreases in certain measures currently signalled;
- the definition of **firm milestones** on the way to delivering these benefits;
- the financial investment in each programme and the anticipated returns on this investment; and
- quantifying the staff resource going into all programmes, and from all system partners.

There is an important cross-system conversation needed, that enables us to create a portfolio calibrated to the competing pressures on it. Principle pressures to explore through engagement include:

- achieving early results that relieve current system pressures <u>and</u> creating the resources to focus on achieving longevity of impact from transformation around prevention;
- implementing transformation with a wide range of benefits across access, experience, and outcomes <u>and</u> ensuring, in the current financial climate, that we achieve the necessary short-term financial benefits;
- focussing on north east London's own local priorities <u>and</u> being open to additional regional or national opportunities, especially where new funding is attached;
- focussing on fewer large-impact transformation programmes <u>and</u> achieving a breadth that reflects the diversity of need and plurality of ambition across north east London; and
- ensuring that benefits are realised from transformation work already in train <u>and</u> pivoting to implementing programmes explicitly in line with current priorities.

Engagement

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We will continue to evolve as a system

Our system has been changing rapidly over recent years, including the inception of provider collaboratives, the launch of seven place based partnerships, the merger of seven CCGs followed by the creation of the statutory integrated care board and integrated care partnership in July 2022.

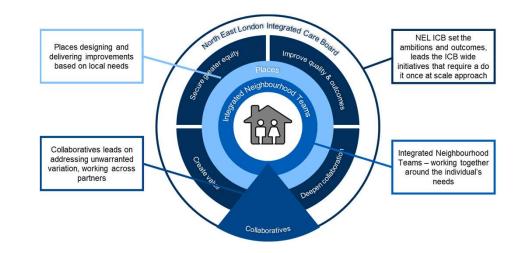
Since becoming an ICS we have designed our way of working around teams operating:

- At Place delivering services and improvement for Neighbourhoods and Place;
- In **Collaboratives** reducing unwarranted variation, driving efficiency and building greater equity;

For **NEL** sharing best practice, implementing NEL solutions for NEL work, providing programmatic support and oversight, and delivering enabling functions to our organisation and ICS through a business partner model.

Coordination between our Places, Collaboratives and NEL wide programmes is critical so that we:

- Operate as a learning system and spread best practice
- Ensure that activity, transformation and engagement happens at the most appropriate level, duplication is reduced and tensions are identified and resolved
- Identify where there is NEL work which should be done once for NEL
- Deliver value for money
- Deliver beneficial and sustained impact for the health and wellbeing of local people.



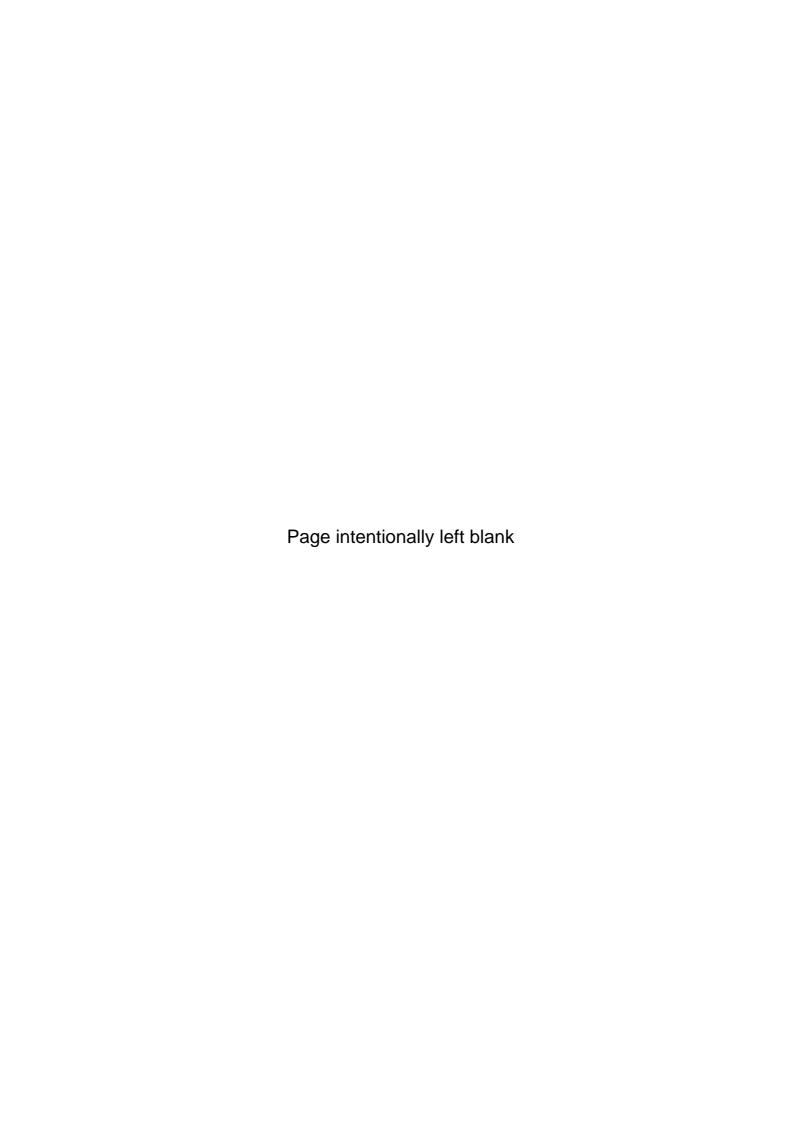
We are now looking to work with our partners to further develop how we work together, underpinned by our ambition to create a **High Trust Environment** that supports integration and collaboration and to operate as a **Learning System** driven by research and innovation.

Designing together *how* we want to work will be as critical as agreeing *what* we want to deliver.

This will help us get greater clarity on the responsibilities of different parts of the system, and critically how we want each part of the system to interact with another to enable integration and continuous improvement.

London Borough of Waltham Forest

Report Title	Barts Health/BHRUT closer collaboration
Meeting / Date	INEL JHOSC Scrutiny Committee 23 January 2024
Report author/ Contact details	Roger Dunlop, Group Chief of Staff, Barts Health NHS Trust
	roger.dunlop@nhs.net
Public access	Open
Appendices	None
Implications	None
Background information	None







Collaboration Update

မှု January 2024

Introduction

- Barts Health and BHRUT have been working together along with Homerton Healthcare as the North East London Acute Provider Collaborative (APC) since July 2022 (building on the previous acute alliance).
- The APC supports the population health goals of the NEL Integrated Care System by providing strategic leadership for the transformation of acute clinical services in defined areas, including planned care, cancer and critical care.
- Within the APC, Barts Health and BHRUT established a 'closer collaboration' in October 2021 intended to focus together on the enablers of more effective and rapid local delivery of APC strategy. Key enablers include leadership, workforce, informatics and corporate services.
- This paper outlines progress made to date within the APC and the 'closer collaboration' and outlines how these will continue to develop into 2024/25 and beyond.

Why Collaborate?

Because by doing so we can deliver better services to our Patients

- NHS England expects all trusts providing acute and mental health services to be part or one or more provider collaboratives.
- Their stated purpose is to:-
 - $\frac{\nabla}{\Omega}$ Reduce unwarranted variation and inequality in health outcomes, access to services and experience
 - Improve resilience by, for example, providing mutual aid
 - Ensure that specialisation and consolidation occur where this will provide better outcomes and value



In north-east London we believe that collaboration will provide the platform to deliver world class healthcare to our local populations while reducing health inequalities

Barts Health & BHRUT – Closer Collaboration

Between us we have a significant asset base



6 at ute/specialist hospitals
1 community hospital across a footprint of six London
Boroughs and City of London



c30,000 staff half of whom are from Black and ethnic communities Many of our staff live in the boroughs our organisations serve



5 Emergency Departments seeing over 800,000 people in the last year



c3000 inpatient beds



£3bn spend on healthcare



4 maternity units and 2 freestanding birth centres delivering over 20,000 babies in the last year



Barts Life Sciences will transform the future of healthcare, locally as well as globally, from a new life sciences campus in Whitechapel



The rich diversity of the communities we serve and our partnerships at Place with Local Authorities, Voluntary Community and Faith organisations and with Primary Care

Barts Health & BHRUT – Closer Collaboration

NHS

- Our closer collaboration was founded on an extensive well-received engagement process in summer 2021, which examined the case for closer collaborative working between the two Trusts.
- Our organisations face **similar performance challenges** in ever-more constrained economic circumstances.
- We want to attract and retain talented leaders to sustain improvement in the ∇ longer term.
- — We can **draw on our joint assets** including successful experience of Collaboration across the Barts Health group of hospitals, and a strong quality improvement methodologies in both organisations.
- We want to learn from each other, sharing skills and knowledge across our Trusts
- We think that by working more closely together on targeted programmes we can accelerate improvement



How Barking, Havering and Redbridge University Hospitals and Barts Health are working together to improve services for their patients



Barts Health & BHRUT – Closer Collaboration

There are a number of focussed areas where we believe will provide benefit to patients, staff and the communities we serve

Clinical – creating the conditions that enable clinicians to collaborate more easily and effectively

- We believe we can achieve even more for patients if we embed collaboration more broadly and deeply in the way we work. We want to create the conditions in which our clinicians collaborate more easily and our hospitals routinely work together, for the benefit of our patients.
- Our aim is that wherever they live, our patients have fair access to the best possible care, through strong local hospitals with links to specialist facilities

Digital – creating a digital infrastructure that improves clinical decisionmaking leading to better health outcomes, engages patients and makes work easier for our staff

- We have secured £44m funding for BHRUT to procure an electronic patient record (EPR) for the first time.
- This will enable patients' health records to be viewed by NHS clinicians anywhere in North East London and will provide a platform for greater clinical collaboration and developed shared pathways of care.
- The BHRUT EPR implementation will maximise the learning from Barts own experiences and the expertise of a shared Chief Information Officer
- Work is underway to procure and implement a maternity digital solution across both organisations

Workforce – redesigning our workforce and improving the working lives of our staff which will positively impact the wider community

- Greater opportunity to develop a flexible staffing model rather than compete for staff, particularly in more specialised areas (both clinical and corporate)
- Harmonising medical and bank rates to reduce inequity, reduce reliance on agency and create more sustainable, high performing teams

Corporate Services – greater effectiveness and efficiency through being able to operate corporate services and purchase at scale

- Streamline corporate services more rapidly enabling those services that need to operate at scale to do so, whilst retaining relationship-based services locally where needed
- Implementing shared systems to increase efficiencies
- We have already shared our non-emergency patient transport service

Acute Provider Collaboration (APC)

 We will shape clinical strategy at an APC level, and have established a Clinical Strategy group, led by the Homerton Healthcare CEO to lead this



 The APC will provide strategic leadership for the transformation of acute clinical services in defined areas, including:



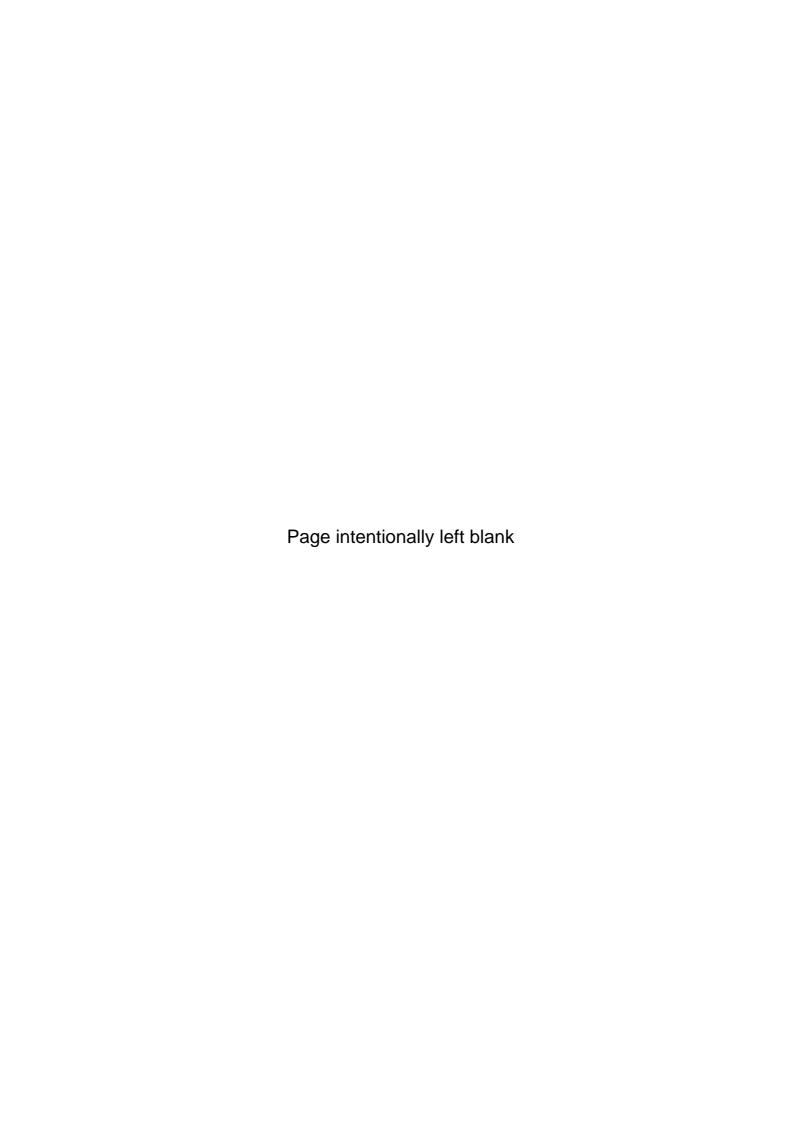
Benefits achieved to date include:

- > Planned care backlog reduction through mutual aid across NEL
- > Extension of the successful NEL critical care retrieval service to cover the London region
- > NEL cancer performance is consistently strong compared with other ICS

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INEL JHOSC

Report Title	Committee Action Tracker and Forward Plan
Meeting / Date	INEL JHOSC 23 rd February 2024
Report author/ Contact details	Rosie Whillock Scrutiny Policy Assistant Rosie.whillock@walthamforest.gov.uk
Wards affected	All
Public access	Open
Appendices	Appendix 1 – Action tracker Appendix 2 – Forward Plan



	INEL - JHOSC Scrutiny Committee				
Action No.	Meeting Date	Agenda Item	Action Request or Recommendation	Responsible Officer	Status
1	follow up		Monitoring new Assurance Framework for GP Practices		
2	12/07/2023	5	A: NHS to provide response to Paul Atkinson's IAPT concerns	Don Neame	Sent for response
	12/07/2023	6	A: NHS will bring health care professional assistance back to the committee when the trend data		
3	12/01/2023		for virtual clinics is available	Don Neame	Sent for response
			A: Regarding efficiency savings target areas [Workforce Plan has recently been published with		
	12/07/2023	7	recruitment information listed there]: When these plans are more solidified NHS will bring these		
4			back to drill down into the numbers	Don Neame	Sent for response
	12/07/2023	7	A: Zina E will write to the committee to detail financial impacts of savings plan for Hackney and		
5		•	Tower Hamlets	Zina Ethridge	Sent for response
6	12/07/2023	10	A: Once final CHC decision is agreed the committee would like this item return	Don Neame	Sent for response
7	12/07/2023	7	A: Response from NHS on how many OTs/physio vacancies there are	Don Neame	Sent for response
	12/07/2023	10	R: The committee recommends that the care board build in additional flexibility for Councils to raise		
10			a dispute, as a deadline of 5 days does not leave enough time for good faith actors to take action	NHS NEL Officer	Sent for response
	01/11/2023	5	A: Officers to provide an updated slide on the Incomplete Pathways Trajectory Recovery graphs		
11	01/11/2023	3	which include a key.	NHS NEL Officer	Sent for response
	01/11/2023	5	A: Officers to bring a quarterly item on Right Care Right Person to monitor progress, including a		
12			demographic comparison of London and Humberside, commencing January 2024.	NHS NEL Officer	Sent for response
13	01/11/2023	5	A: Officers to provide the ICB staff structure to inform members of the workforce.	NHS NEL Officer	Sent for response
14	01/11/2023	5	A: Officers to bring an update on Centene position at the next meeting.	NHS NEL Officer	Sent for response
	01/11/2023	01/11/2023 5	A: Officers to provide a cost sheet which outlines the financial journey to the £16 million ICB		
15	01/11/2023		overspend.	NHS NEL Officer	Sent for response
	01/11/2023	/11/2023 5	A: Officers to bring a future update demonstrating the financial outcomes of Trusts of a		
16	01/11/2023		comparative size, age, and demographic.	NHS NEL Officer	Sent for response
	01/11/2023		A: Officers to bring an update on the role of Community Pharmacist Services in primary care to a		
17	01/11/2023		future meeting.	NHS NEL Officer	Sent for response
	01/11/2023	7	A: Officers to bring a case study to a future meeting which demonstrates how a practice could		
18	01/11/2023	, , , , , , , , , , , , , , , , , , ,	reduce it's waiting time for non-urgent appointments to two weeks.	NHS NEL Officer	Sent for response
	01/11/2023	7	R: NHS to report on performance monitoring data for those practices that have implemented new		
19	01/11/2020		telephony systems.	NHS NEL Officer	Sent for response
	01/11/2023	8	A: Officers to hold forward plan meetings outside of the Committee to jointly work on establishing		
20	01/11/2023	U	future agenda items.	Scrutiny Officer	Sent for response

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INEL JHOSC Forward Plan

Potential date	#	Agenda item	Added to agenda on/by:	Author/Presenter
July	1	Community voice: Paul Atkinson re North East London Talking Therapies	Chair	Guest: Paul Atkinson
2023	2	Collaboratives • Mental Health, Disabilities and Autism Collaborative	From Feb 2023 meet	Paul Calaminus/Selina Douglas Sally Adams
		Community Health Collaborative		Sally Adams
	3	Health update including slides on:	Standing item	Zina Etheridge
		 NEL Big conversation and staffing structure Financial environment and operating plan Strike action and Trust updates (BH/ELFT/NELFT/Homerton) 		Henry Black
				Shane Degaris, Paul Calaminus/Jacqui Van Rossum, and Louise Ashley
D	4	ICS Five Year Forward Plan	May 23 internal and external discussions	Johanna Moss
0 0	5	System recovery and resilience	From Feb 2023 and Dec 2022 meets	Charlotte Pomery
Page 177		 Place partnership mutual accountability framework System recovery and resilience in Urgent and Emergency Care 		Clive Walsh
	6	Continuing Healthcare policies	Request from NHS	Diane Jones / Don Neame
Nov	1	Health update including:	Standing item	
2023		Outcome of CHC consultation	Update	
		ICS Five Year Forward Plan	Carry over From Feb 2023 meet	
		NHS 111 across NEL Contage CD cell off undete	at Chair's request	
	2	Centene GP sell-off update System Recovery, Resilience, and winter planning	Carry over	
	3	Recovering Access to Primary Care	Request from NHS	
Jan 24	1	Health update	Trequest from Time	
		Health outcomes for testicular cancer for GEM population		
	2	Joint Forward Plan 2024/25		
	3	Barts Health/BHRUT closer collaboration		
	4	London Ambulance Service		
April 24				

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Items to be scheduled:

- Monitoring new Assurance Framework for GP Practices follow up from July 2022
- NEL Estates Strategy from 21/22
- Acute Provider Collaborative follow up from Oct 22 (is this covered by the BH/BHRUT collaborative?)

Items put forward at 12.07.23 JHOSC member meeting:

- Disputes resolution procedure to come back to the committee along with any other related changes
- Consultation would have been announced and in place and the 7 place based -
- Organogram is needed re gp surgeries and other information bring an item on this
- 111 service
- Virtual wards update continuous progress
- Bring IAPTs back as a full item
- Parasite transmission and treatment